

INTRODUCTION

Dear participants, we present you the info-pack for upcoming **training course** "HAPPY **COMMUNITY"** in Czech Republic, which should help you clarify what will be the event about. Please read the information carefully so you don't catch yourself during the project asking yourself — **What I'm doing here?** In the following pages you will find information about the main activities, venue and also this document can help you how to prepare to this training course.

PROJECT DESCRIPTION

Community may mean as three, four or five people, and it can mean a couple hundred. The feeling that somehow connects us. Comunity events or something happening inside of rural area is important in many ways. It provides social supports to the individuals and families that are impacted by daily hustle and struggles of modern life. This type of support acts as a protective factor for families, they can easily handle with the challenges they face. Events or permanent projects in rural areas can be various, it can be the sport event, board games tournament, flea market clothing, farmer market, cleaning forests, the music festival, the art craft workshops, the children day and many others. Community events can help reduce individual and family isolation, it can make the place where we are living more attractive and empower social connections.

Between the dreams and the reality can be the gap of no knowledge how to bring the life to our community, how to organize the project on our own. Do young people know how to turn their ideas into the action and organize the events? The contribution of the citizens play the key role in nowadays society. Europe is not run just by goverment, national institutions but also by local authorities such as non govermental associatoins, non formal groups of youth workers or individuals. The active citizenship can empower sense of belonging, feeling the group identity and its rights. One

of the productive contribution is supporting their community via

organizing local events or implementing permanent projects.

The effort of organizing events can build a strong community, this local factor can contribute to the increasing culture life, make a better neighborly relationship, raise awareness and attractiveness of the countryside. We want to create the space where people can share their ideas of improving the life in their rural areas by organizing the local events or permanent projects helping the rural development, the TC Happy

Community.

THE MAIN OBJECTIVES, TRAINERS, METHODS

The main objective is **to train youth workers, volunteers how to plan the projects in their community** and how to implement them. The project will gather 26 people coming from **rural areas** of different countries of Europe. The project will be facilitated by two

experienced trainers from Greece and Romania. The members of NGO Brno for you will coordinate the whole project and the participants will be trained by two trainers with rich experience (Filaretos Vourkos from Greece, Veronel Guiman from Romania). The whole training course will be led by non formal methods of education with the combination of discussion with the decision maker such as the mayor of the villages and external expert in the field of project management.



One of the outcome of project is to create the website (Happycommunity.eu) where everybody who would like to be inspired or share her/his inspiration can post ideas for the events, permanent projects aiming to support the cultural, sport life, the rural development and the whole environment in the countryside. During the eight days of the training course we will create the document with instruction of how to plan and organize some project in your community step by step. This instructions will be made as an document and the video version. The processed information will be spread among a large number of people, this website can be useful for both mayors of villages, as well as for people who have a desire to organize something and does not know how to do it. People who have a dream to organize something in their community can find the inspiration from others there.

THE PROFILE OF PARTICIPANTS:

- The level of English for a discussion and understanding
- The participant will **come from the countryside or edge of small town** (not have more than 50 000 inhabitants)
- Be motivated in the topic, have a desire to get a knowledge in the field of project management

FINANCIAL ASPECTS OF PROJECT

This project is financed by the European Commission through the Erasmus+ programme.

Food, accommodation and training are fully covered. The travel costs are reimbursed up to

the limits. These limits are described in the table below. The project will cover only expenses during the project days (2.9. – 9.9. 2016). Health insurance is not provided. We require to have a travel insurance and we will properly control it.

Please note that to be able to reimburse your travel costs we need all your original travel documents (tickets, boarding passes, invoices...)!!!

The reimbursement will be done via bank transfer after receiving all the original travel documents.

NOTE: PLEASE INFORM US BEFORE BUYING TICKETS ABOUT YOUR TRAVEL DETAILS, WE NEED TO CONFIRM THEM FIRST! Country Distance (km) Max. amount of money (EUR)

COUNTRY	DISTANCE	REIMBURSEMENT
400	(km)	(EUR)
Greece	500 - 1999	275
Romania	500 – 1999	275
Poland	100 – 499	180
Lithuania	500 – 1999	275
Portugal	2000 – 2999	360
Slovakia	100 - 499	180
United Kingdom	500 – 1999	275
FYR of Macedonia	500 – 1999	275
Cyprus	2000 – 2999	360
Italy	500 - 1999	275

PRACTICAL INFORMATION

Transport: Please communicate your travel options with us!We will try to find appropriate solution for you in any case. **Please do not buy tickets yet.** After the confirmation from us, you can buy the tickets.

The project will take place in Brno, in the part of Brno - Soběšice. Your arrival to the venue should not be later than on on 2.9.2016 at 18:00. However, if your travel options for this day are too expensive or you'd like to spent some time in Czech Republic, you can come one or two days earlier. We'll help you to find cheap and nice accommodation. Your departure should not be earlier than on 9.9.2016 at 10:00 from the venue. However, if the same issues as mentioned above will appear, you can leave one or two days later.

How to get to Brno?

We propose you to fly to Brno, Prague, Vienna, Budapest.

From these cities there are great and cheap connections with the bus/trains directly to Brno. The companies which is recommended by us:

Student agency: www.studentagency.cz (They offer connection from the airports to Brno)

Eurolines: www.elines.cz

Meeting point: Brno main train station/ Brno bus station/ Brno Grand hotel → It will depend on your travel connections. We will pick you up in the place where you will arrive. After we will go by cars to the venue of the project.

Number of participants: 2 (1 participant in the age of 18 – 35 years old + 1 leader with no age limit)

Different currency: Change rate: 1 Euro – 27, 05 CZK

WHAT YOU SHOULD BRING WITH YOU?

- Travel insurance and ID/passport!
- Participant's contract!
- Warm clothes please keep in mind that weather in Brno can be really crazy and the nights might be cold.
- Pocket money you will definitely explore the Brno centre (so if you want buy postcards or taste great Czech beer, take appropriate pocket money with you).
- Some food and drinks typical for your country or region for intercultural evening. Or anything
 else to represent your roots, just release your creativity. You can discuss this with your
 national team leader.
- Towels, slippers, shower creams, shampoos...
- Little presents please bring two mini-presents for other participants (needed for one of the
 activities), the value of the presents should not be higher than 2 Euros just something
 small/funny/original/handmade...
- Ideas and good mood If you know some games, energizers or activities you'd like to share with others, this will be the right time!

LOCATION OF THE PROJECT – JEZÍRKO

Training facility Jezírko is situated in the picturesque forests in the vicinity Soběšice, a part of Brno. It is the facility for **environmental education**. The venue is surrounded by beautiful forest; it is an eco venue, so keepin mind that **we recycle**, **save the energy and the water**. There will be 6 showers in the venue. We will be 24 participants, so keep in mind that this training is **not for long shower lovers!**









BRNO, ARCHITECTURAL MECCA

Yes, we will visit this stunning city! Our venue is located in Brno, but not in the city centre. But you we will go there! Brno is the second largest city in the The Czech Republic by population and area, the largest Moravian city, and the historical capital city of the Margraviate of Moravia. Brno was recently recommended by The New York Times as one of the 52 cities to visit in 2016! (http://nyti.ms/1mlvqdE) Their headline about Brno speaks for itself: "Unexpected cuisine and nightlife in an architectural Mecca".







Organisators and facilitators of the project are all proud "Brňák"- citizen of Brno and are willing to show you the best form the city- during "city trip" activity, or if you decide to come earlier or leave later after the project ©!

CONTACT US

If you have any questions, do not hesitate to contact us in the e-mail address below.

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