



Erasmus+

# TC "LEVEL UP-POWER UP"

Developing & Realising International Projects

04-11.08.2017, Brežice (SLOVENIA)



# DESCRIPTION OF THE PROJECT

The training course "**Level Up - Power Up: Developing & Realising International Projects**" is organized by **Association CIK/Circus La Bulle** in **Brežice (Slovenia)**, during the period of **4-11 August 2017**, including **26 participants** and four team members from **14 countries** (Slovenia, Denmark, Estonia, Spain, Belgium, Czech Republic, Finland, Greece, Hungary, Italy, United Kingdom, Germany, France and Poland). During the **7-day training course** we will discover the exciting topic of project writing/management within the frame of the Erasmus+ programme.

**Number of participants per country:** 2 pax per country (Slovenia 3, Denmark 3), keeping gender balance of one male and one female.

## AIM AND OBJECTIVES

The **aim** of the project is to empower and give tools to youth leaders for creating and executing international projects under the Erasmus+ program, especially Youth Exchange projects.

Participants will be assisted in starting cooperation and becoming competent project writers and managers, with which we expect a long-term benefit of all the projects carried out and to raise the whole quality level of projects submitted by young people to the Erasmus+ programme.

**The methods used will be those of non-formal education, including creative workshops, debates and active inter-cultural learning processes that will encourage young people to become active citizens and to share their gained understanding and knowledge with others.**

# PARTICIPANT'S PROFILE



We are looking for **youth workers/youth leaders in the age of 18 to 50 with a good level of English**, who will be willing and committed to work hard and actively participate in ALL sessions (about 9 hours per day).

Since the main aim of this training course is to write and develop project applications, participants should have **some previous experience from their countries and be able to make decisions in their sending group/organisation**, so they can implement Erasmus+ projects in the time to come.

Ideally, participants will also have some experience in **supporting or participating in Erasmus + events**.

We recommend you to have a look at **EYCO.org**, the European umbrella for youth circus, and get inspired about what could be created and applied for in order to boost circus in your countries.

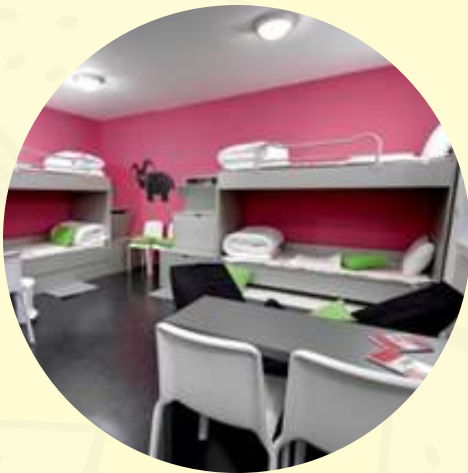


# THE VENUE: BREŽICE(SLOVENIA)

The Training Course will take place in **Brežice**, a small town situated in the Eastern part of Slovenia, close to the Croatian border. Our venue, **MC Hostel Brežice**, is located in the green heart of the city, just at a stone's throw from the city center.

Participants will be accommodated in **6-bed rooms with WiFi access** and it will be possible to use laundry service, shared kitchen and a cozy lounge area. The hostel has a sunny roof terrace overlooking the castle and the city park where participants can enjoy and relax. In the reception there is a tourist information point, which provides all the information on local attractions.

Our training space will be a **275m2 big multi-purpose hall** with modern equipment and stage. You can check the website of the venue in the following link: [www.mc-hostel.si/en/](http://www.mc-hostel.si/en/).



**Address:** Hostel Brežice, Gubčeva 10a p.p. 29, 8250 Brežice

# HOW TO GET THERE

## By plane, train and bus...

There are different airports to which you can fly: Ljubljana (Slovenia), Zagreb (Croatia), Venice (Italy), Trieste (Italy), Treviso (Italy) or Graz (Austria). The closest to the venue is **Zagreb** and the one with the cheapest flights from different countries is probably **Venice**.

You can use the following websites to find cheap flights:

Skyscanner

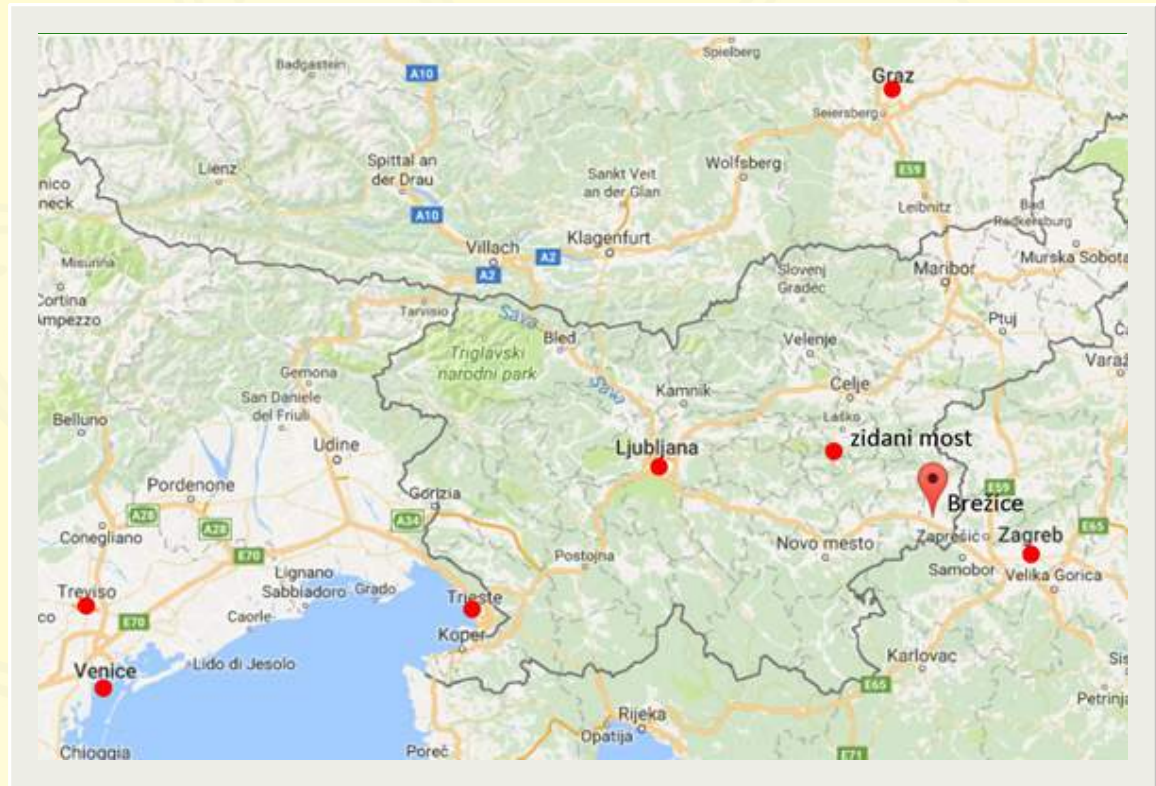
Momondo

Opodo

Kayak

Expedia

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Click here to get detailed  
directions from each  
place of origin  
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# ARRIVAL AND DEPARTURE

The **arrival day is Friday, 4th of August** and the **departure day, Friday, 11th of August**. You can travel **1-3 days before or after the project** dates, but keep in mind that you will have to cover your own accommodation and food costs during those extra days.

## TICKETS AND TRAVEL COSTS

Travel costs will be reimbursed to your organization **AFTER** the project and it might take some time (up to few months). Also, when buying the tickets, bear in mind that **there is a fixed maximum amount reimbursable for your individual trip costs**. The sum, set by the European distance calculator, is for return tickets and covers the travel costs from the participants' home to the Brežice. Travel costs exceeding the maximum reimbursable amount will be covered by participants themselves.

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<b>20 EUR</b>	<b>180 EUR</b>	<b>275 EUR</b>	<b>530 EUR</b>
Slovenia	Czech Republic Hungary	Belgium, Denmark, Finland, Greece, Italy, UK, Germany, France Poland, Estonia	Spain
.....	.....	.....	.....

**IMPORTANT:** In order to reimburse you, we need all original invoices, tickets and boarding passes you will use during your trip. **WITHOUT ANY OF THESE DOCUMENTS WE WON'T BE ABLE TO REIMBURSE YOU.** On all travel documents has to be written your name and surname, date of travel, from where to where was the journey, and the price. Once you book your trip, please send all confirmations to **cirkuslabulle@gmail.com**.



# REMEMBER!

To avoid misunderstandings and have an easy reimbursement process, we advise you to:

- Arrange all your travel in advance based on **economy class tickets** and plan the cheapest route possible to the project venue and back home.
- Taxi rides can only be reimbursed **when no local buses or trains operate**.
- Please note that car travel can only be reimbursed in certain conditions, so please **contact the coordinator** if you must have any long-distance car travel.
- If you have any doubt about your travelling plans, please contact the coordinator **before booking tickets**.



***Failure to participating in a minimum of 80% of the content sessions or inappropriate behavior might resolve in reimbursement not being given to the participant or even withdrawal from the course with a notice provided to the sending organization.***



# PRACTICALITIES



## INSURANCE

It is mandatory to have a valid travel and medical insurance (**European Health Insurance Card**) during your travel. The host organization will not cover any personal health insurance for participants. Participants have to be aware that obtaining a health insurance in case of accident, serious illness (including permanent or temporary incapacity) and death (including repatriation) as well as the travel insurance (including damage or loss of luggage) **is their own responsibility**.

**Please ask your sending coordinator if you have any doubt .**



## INTERCULTURAL EVENING

We'll have the opportunity to **discover one another's cultures and national delicacies** during multi-culti night. For this, you can bring some **typical snacks or drinks from your country**.



## PROGRAMME

Regarding the **training programme**, you should expect getting to know each other personally and professionally, gaining tools for your work within your NGO, discovering the potential of youth exchanges and **actually working in an international team in the project writing process** with the goal of creating and applying at least one Youth Exchange.



## PARTICIPATION FEE

There will be a **20 EUR participation fee** to be brought in cash. The money will be spent on the benefit of the activity to provide extra materials, activities and more fun times.



## CHECKLIST

- ✓ Brief presentation of your organization and your country/culture.
- ✓ Traditional snacks/drinks for multi-culti night.
- ✓ Bring your passion items (guitar, dancing monkeys, knitting set).
- ✓ Book transportation according to budget limits and send us the info.
- ✓ Prepare the homework tasks sent by the organizers.
- ✓ Join the official Facebook group of the project.



**Here**

## CONTACT INFORMATION

For trip and stay ask **Anja: [cirkuslabulle@gmail.com](mailto:cirkuslabulle@gmail.com)**

For questions regarding purpose and content ask **Mikkel: [mikkelp1410@gmail.com](mailto:mikkelp1410@gmail.com)**

**Looking forward to welcome you in Brežice!**