# SAFE SPACES FOR INCLUSION OF LGBT+ YOUTH

# AIM OF THE PROJECT

Training Course SAIL — SAfe spaces for Inclusion of Lgbt+ youth — starts from the desire to build a society that is inclusive towards every kind of diversity, particularly for minorities related to sexual identity.

That is why the project's main aim is to promote the inclusion of lgbt+ youth through the creation of safe and inclusive spaces in usually heteronormative contexts.

This aim will be reached by transferring specific competences to youth workers who do not directly work with lgbt+ minority. The Training Course will be participant-centred, through the use of Non Formal Education methodology, together with some elements coming from theatrical methodology.

The project will provide a concrete support to people working in the youth field and to youth organisations, promoting the exchange of good education practices at an international level.



### **OBJECTIVES**

To raise awareness on the challenges faced by lgbt+ youth in youth work, taking into account the peculiarities of the participants' local contexts:

To promote a language that is inclusive towards lgbt+ minority, through the analysis of the terms related to it:

To deepen the knowledge of the mechanisms of stereotypes and prejudices based on sexual identity, in order to deconstruct exclusion and discrimination;

To provide **useful tools to implement good practices** of inclusion of lgbt+ minority;

To enhance the implementation of an intersectional approach and a change in each one's attitude, both at work and in daily life;

To provide tools to transfer what the participants have learned to their sending organizations, thus guaranteeing a better quality of their work.

### OUTPUT

As a concrete output of the project, the participants will produce a Booklet gathering the tools and good practices resultant from the Training Course.

This Booklet will be spread online by the partner associations as means to provide specific contents, that can be easily consulted and accessible to every youth worker.

# PROFILE OF PARTICIPANTS

The project involves participants from Italy, Portugal, Spain, Netherlands, Malta, Greece, Croatia and Romania (three per each Country):

- aged between 18 and 35
- active in youth work field
- interested in intercultural experience
- available to participate in the project for its entire duration
- motivated to become multipliers of the outcomes of the project in their local context.

Participants will be selected through an Application Form (LINK), respecting the gender balance.

Every participant is individually entitled to receive a **Youthpass Certificate** which confirms participation and validates the non-formal learning (NFL).

For more information on Youthpass, visit: www.youthpass.eu



### THE METHOD

A variety of educational tools and methods of nonformal learning and interactive participantoriented approaches such as role plays, simulations, workshops, exercises, theater tools, debate sessions and presentations will be combined.

### COSTS

Hosting costs will be entirely covered while Travel costs will be reimbursed, submitting all original tickets and receipts, up to the maximum amount of 275€.

### Additional rules

Only direct travels, economy

or second class, are allowed.

Traveling by taxi or first class will not be reimbursed.

You need to keep your tickets and boarding passes, make a digital copy and send them to the organizer in order to get your money reimbursed.

### HOW TO REACH ALPIGNANO

The Training Course will take place in Cascina Govean, a center for environmental education surrounded by a park and a small wood, located in Alpignano, a small town next to Turin, easily reachable by public transport.

Nice and friendly pets - a cat and a dog - will keep us company on and off.

Some of the activities will take place in Turin at CasArcobaleno, a local network of youth associations, which Giosef Unito belongs to.

In order to reach Alpignano

### FROM MILANO MALPENSA:

Bus Sadem (<u>timetable</u>) → Porta Susa Station → Underground / Metro → Porta Nuova Station

FROM BG ORIO AL SERIO: Bus Sadem (timetable) → Porta Susa Station → Metro → Porta Nuova Station OR: Orio Shuttle to Milano Centrale → train to Torino Porta Nuova

FROM TORINO CASELLE: Bus Sadem (<u>timetable</u>) → Porta Nuova Station

### FROM TORINO PORTA NUOVA:

Train to Alpignano station



# **TIMETABLE**

	SUNDAY 11™	MONDAY 12 <sup>TH</sup>	TUESDAY 13 <sup>TH</sup>	WEDNESDAY 14 <sup>™</sup>	THURSDAY 15 <sup>TH</sup>	FRIDAY 16 <sup>™</sup>	SATURDAY 17 <sup>TH</sup>	SUNDAY 18 <sup>TH</sup>	MONDAY 19 <sup>™</sup>
9.00 - 11.00		WELCOME AND OPENING GETTING TO KNOW EACH OTHER	IDENTITIES AND INTERSECTIONALITY	STEREOTYPES, PREJUDICES AND DISCRIMINATION II		ANALYZING GOOD PRACTICES	CREATING THE BOOKLET	FOLLOW UP I	
11.00 - 11.30					ROUND TABLE WITH LOCAL LOBT+ ASSOCIATIONS AT CASARCOBALENO	COFFEE BREAK			
11.30 - 13.00		PROJECT PRESENTATION AND LEARNING AGREEMENT	SEXUAL IDENTITY	STEREOTYPES, PREJUDICES AND DISCRIMINATION II		FINDING NEW GOOD PRACTICES	CREATING THE BOOKLET	FOLLOW UP II	
13.00 - 15.00		LUNCH							DEDARTURE
15.00 - 16.30		TEAM BUILDING	BUILDING INCLUSIVE LANGUAGE	TACKLING DISCRIMINATION I		DESIGNIN THE BOOKLET I	CREATING THE BOOKLET	FINAL EVALUATION	DEPARTURES
16.30 - 17.00			COFFEE BREAK		FREE	COFFEE BREAK			
17.00 - 18.30		ERASMUS PLUS AND YOUTHPASS PRESENTATION	SHARING OF LOCAL CONTEXTS EXPERIENCES	TACKLING DISCRIMINATION II	AFTERNOON IN TURIN	DESIGNING THE BOOKLET II	CREATING THE BOOKLET	CERTIFICATE CEREMONY AND CLOSING	
18.30 - 19.30	DAILY EVALUATION				DAILY EVALUATION				
20.00 - 21.00		DINNER				DINNER			
EVENING	WELCOME EVENING	CINEFORUM ON "L"	CINEFORUM ON "G"	CINEFORUM ON "B"		CINEFORUM ON "T"	CINEFORUM ON "+"	FAREWELL PARTY	

### WHAT TO BRING

- Warm Clothes
- Good walking shoes that are water resistant
- Your European Health Insurance Card

(Optionals could be a nice paper and small gifts like sweets or tea to give to each other, hand warmers for people coming for a mild winter country, cameras to document your experience, plug convertors if needed and battery pack for phones).

### A FRIENDLY REMINDER

If you take a **Sadem bus**, please buy your round ticket in advance (you can do it on line);

Be aware that you cannot buy your ticket on the bus.

From **Porta Nuova** train station you need to pick the train headed to the town of **Susa** or **Bardonecchia**, and

get off the train at **Alpignano** station;

There is a train **every half an hour**, starting from 04:45 a.m. until 10:45 p.m.

If you tell us when you get on the train, some people from the project staff will come and pick you up at Alpignano station.

## THIS PROJECT HAS BEEN POSSIBLE THANKS TO



















