



ACTIONS FOR INCLUSION: voluntary service to empower less opportunities youth and rurality

2017-3-IT03-KA105-0121196

**A2 –
Flow 1 from Portugal
Flow 2 from Greece**

**EVS ITALY
8 months
ANZIO (RM)**

from the 12th of June 2018 to the 28th of March 2019

**HOSTING ORGANIZATION – COOP LA COCCINELLA – CASA FAMIGLIA VILLA
PARADISO**

SENDING ORGANIZATION 1) PRO ATLANTICO, 2) KANE

PROJECT DESCRIPTION

Actions for inclusion is a voluntary service project for the mobility of 7 youth from 18 to 30 years old coming from Germany, France, Portugal, Greece and Italy. The project is divided in 5 actions, involving 4 Italian hosting organization and 6 sending. All the actions are EVS long term mobility between 6 or 8 months depending from the specific activities. The 5 actions have the common goal to give value to different strategy to promote and act inclusion, and they take place in different place around the Region Lazio (Anzio, Nettuno, Roccamare and Anticoli Corrado). All of them are at different level in rural area or suburbs take place A1 and A2 in between Anzio and Nettuno, small cities nearby, located in the south of Rome, A3 in Roccamare, small mountain village, and A4 and 5 in Anticoli Corrado small mountain village both characteristics for natural and Historical heritage. The 5 actions all make volunteers interact with different targets considered a different level with fewer opportunities for disability, social and economic reasons or geographic position. This project idea offers the opportunity to reflect and to face up the concept of fewer opportunity and starting for the awareness of those how we can build inclusion and empowerment. All these projects are based on

the construction of integrated paths that from the knowledge of the territory try to create new paths and resources that are process facilitators. Volunteers in the contexts involved represent an intercultural revolution, a form of innovation and are the instrument of dialogue and openness to concepts such as Europe. The expected results are linked to the quality of the volunteer experiences provided, to the new synergies between local, regional, national and international actors. Facilitate and exchange good practices that these actions can activate. The long-term benefits are related to the launch of a slow cultural change that involves all the direct and indirect beneficiaries involved from below.

HOSTING ORGANIZATION

La coccinella Social Cooperative was born in 2004, with the goal to support children, youth adults facing situation of emergency and social obstacle. It aims to build a growth path a new opportunity for those people... new challenges, new wings to learn to fly again.

The social cooperative thanks to its project aim to:

- process the past: because everyone experience is some fundamental tesserae to build a personal life project;
- share the present: because is important to accept the others and his/her discomfort with respect and dignity to accompany the process of growth;
- plan the future: because our professionalism is at the service of those people who need a support to build their future.

La coccinella is a no profit organization that respect human rights and follow the social cooperative international movement.

The basic values are mutuality, solidarity, democracy, commitment, balance and respect of rules, sense of community, connecting with the territory and balance between state and public institution.

Following those value aim to realize projects with social and educational purpose to realize social services that will promote human value, social inclusion, traineeship, and the growth of people widely.

The relevant activity organized are:

- Villa Paradiso: hosting family active to reduce the stress of difficult situations of youth under 18
- OVER 18: hosting apartment to prevent social disease and exclusion, supporting self-empowerment and self-growth, social and work inclusion of youth with fewer opportunities;
- The center: daily center for psychological support

Main topics:

youth with fewer opportunities, access for disadvantage, equity and inclusion, social services

VILLA PARADISO FAMILY HOUSE FOR UNDER 18





The Family House Villa Paradiso is a transition hosting place addressed to youth under 18, to make them experiment a significant educational and emotional experience. It aims to be a short experience to the youth that arrive in the house but relevant in term of growth and self-awareness.

It's not a simple assistance service, but an opportunity of common life, full for the emotional and relational point of view, an existential place of practice to support the process of facing difficulties, and enhance self-knowledge, and personal growth, try to turn away the wounds left by the past experiences that bring the youth to be estrange from the family.

Volunteer learning agreement:

The volunteers will be actively involved in the management and the life of the family house Villa Paradiso.

The hosting of volunteer in the service is a big opportunity for the youth in the house to get in contact with peer coming from different cultural and social background and receive positives inputs, new point of views a motivation to confrontation.

The host of European Volunteer it means for the youth and the educator to introduce in the house new dynamics, a news, an opening toward inter culture, diversity and an external input to sort out from misleading social situations.

The volunteer represents an added value in the education project, a positive impact on the youth of the house, that are continually looking for model to emulate, new element of comparison, an incitement in the process of build a personal project.

For this reason, volunteers will be involved in the following tasks:

- cooperative care and management of the house, common places, garden

- aid and support to homework's
- sport activities
- organization of fund raising activities
- organization of workshops
- proposition of persona workshops
- planning and management of free time activities
- cooperative preparation of meals
- shopping for the house and the food

The house is a place of High social learning were youth from difficult background, where they learn to overcome their difficulties and pains. They learn to get involved and engaged and put together the different that they will need to build their future of social and work integration.

It is an educational place where the responsibility to others and the personal care are at the first place.

The volunteer will be involved in this big family and they will learn to live together the moment of life with the youth of the house.

The involvement of the EVSs include the management of the house to support the wellness of the youth, and the active participation in different workshops where the volunteers can find their place and propose activities themselves to involve the group in new experiences.

It is a voluntary service with High emotional and social value where the EVS will learn: simplicity, mutuality, cooperation, comparison, sense of family, sense of suffer and help.

Cultural learning: an opportunity of exchange, openness, a blow of intercultural to those youth that have more difficulty to travel, exchange, get to know new context and situation.

Social learning: an opportunity to build a relationship with youth coming from difficult back ground, emotionally fragile, ready to receive and share hope, happiness and good will

The volunteer will learn

- to work in an inter cultural team
- to follow instruction
- to propose ideas and develop those
- to have deeper knowledge about the Italian family house service
- to be aware about the benefit
- to be actively involve in the project, implementation and evaluation of workshop for the youth
- to face situation of social disease

More over:

- learn to live with group of volunteers
- learn to live in a new country
- learn Italian culture and language

Number of volunteer required: 2

Voluntary profile:

The project Villa Paradiso is open to two volunteers, possible female and male, coming

from different cultural and social background.

Address to youth between 18 and 30 year old interested to get to know the Italian contest of family house for minors that have sensitiveness and the will to establish a relationship with youth with fewer opportunities coming from family and social difficult situations.

The process of selection of the volunteers will be supported by the sending organization that will be responsible of the research process.

In the process of selection, the motivation to be involve in the specific project will be relevant.

Probably this project could be particularly interesting for those youth studying psychology or education because could represent an experience in the field, but we do are open to any volunteer background and profile.

For the selection is required CV + Motivation letter

Responsible of the project:

Elisa Pellirossi, project coordinator (coordinating organization) A Ruota Libera Onlus
Federica Pinna, Tutor of the volunteer (hosting organization) La Coccinella

Accommodation:

The volunteer will be hosted in a volunteer apartment with sharing rooms, toilets, kitchen and living room.

Included of wifi connection

Pocket money + food:

each volunteer will receive a monthly pocket money of 280€.

Transport:

The volunteer can receive a bike equipment to use to move in autonomy, Anzio e Nettuno are close cities (2 km on from another) and bike distance are between 4 and 8 kms or use public transport.

Project venue

The project take place in the Municipality of Anzio, a town of 50000 habitants in the direct surrounding of Rome (40 km in the south). Anzio is in the seaside, and is a place reach of history and culture. By been close to Rome is a reference point for the tourism.

The municipality is nearby Nettuno, the closes town (2km) and with it they share service and activities.

This is a liveable territory to live in winter and summer. Especially in summer gain population because numerous tourist comes to enjoy the sea.

In the city you can easily move by train, bus or bike because distance is contained.

Activity place:

Villa Paradiso – family house

Activity schedule:

The project is composed of 34 hours week activities, 5 days of work 2 day of free time per week from Monday to Friday.

The volunteer collects to 2 days of holiday each month.

The volunteers will respect an alternating timetable one week following the morning, one the afternoon schedule.

Language course and OLS (Online Linguistic Support):

Before the mobility the participant will be registered to the online platform to assess his/her Italian language level, after this he/she will have the access to the online language course. The volunteer will be asked to follow the Online course at list 1hour for week during all the project length, to that pass the final test – to get the language certificate. Moreover, depending on the Italian level, the volunteer will take part to a Italian lessons organized for the volunteer with the support of a language teacher, at least 20 hours course.

Insurance:

The sending organization will be responsible to enrol the volunteer in the CIGNA insurance and give to the volunteer all the information about the use of it long the EVS.

The enrolment should be done before departure.

TRAVEL COST:

Max cost refunded for arrival and departure journey is 275€

The travel ticket will be booked from the volunteer and refunded by the coordinating organization.

All tickets, invoice, boarding must be save and present to be refunded.

Traval days:

Arrival is the 11th of June 2018

Departure is the 1st of March 2019

Mobility period: from the 12th of June 2018 to the 28th of March 2019

If you are interested to this project send CV and motivation letter to [**mobilita.aruotaliberaonlus@gmail.com**](mailto:mobilita.aruotaliberaonlus@gmail.com)

GENERAL TIMETABLE

week 1

Working hours		Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
(MORNING)								
Starting time	Ending time	Description of foreseen activities	Description of foreseen activities	Description of foreseen activities	Description of foreseen activities	Description of foreseen activities	Description of foreseen activities	Description of foreseen activities
9.00	10.00	gestione ordinaria della vita della casa famiglia	gestione ordinaria della vita della casa famiglia (pulizie, cambio lenzuola, pulizie ambienti bagni, spesa)	cura del giardino	gestione ordinaria della vita della casa famiglia (pulizie, cambio lenzuola, pulizie ambienti bagni, spesa)	cura del giardino	FREE TIME	FREE TIME
10.00	11.00	riunione staff						
11.00	12.00	preparazione pranzo						
12.00	13.00							
(AFTERNOON)								
Starting time	Ending time	Description of foreseen activities	Description of foreseen activities	Description of foreseen activities	Description of foreseen activities	Description of foreseen activities	Description of foreseen activities	Description of foreseen activities
13.00	14.00	pranzo	pranzo	pranzo	pranzo	pranzo	FREE TIME	FREE TIME
14.00	15.00	riordino e conversazione con i ragazzi	riordino e conversazione con i ragazzi	riordino e conversazione con i ragazzi	riordino e conversazione con i ragazzi	riordino e conversazione con i ragazzi		
15.00	16.00							
16.00	17.00		corso di italiano con insegnante di lingua		OLS - Online course			
17.00	18.00							

week 2

Working hours		Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
(MORNING)								
Starting time	Ending time	Description of foreseen activities	Description of foreseen activities	Description of foreseen activities	Description of foreseen activities	Description of foreseen activities	Description of foreseen activities	Description of foreseen activities
9.00	10.00		OLS - Corso di lingua online				FREE TIME	FREE TIME
10.00	11.00	riunione staff		corso di italiano con insegnante				
11.00	12.00							
(AFTERNOON)								
Starting time	Ending time	Description of foreseen activities	Description of foreseen activities	Description of foreseen activities	Description of foreseen activities	Description of foreseen activities	Description of foreseen activities	Description of foreseen activities
15.00	16.00	compiti	compiti	compiti	compiti	compiti	FREE TIME	FREE TIME
16.00	17.00	attività sportive	laboratori tematici	organizzazione di attività di tempo libero	laboratori tematici	attività di tempo libero		
17.00	18.00	preparazione cena	preparazione cena	preparazione cena	preparazione cena	preparazione cena		
18.00	19.00							
(EVENING)								
Starting time	Ending time	Description of foreseen activities	Description of foreseen activities	Description of foreseen activities	Description of foreseen activities	Description of foreseen activities	Description of foreseen activities	Description of foreseen activities
19.00	20.00	cena insieme	cena insieme	cena insieme	cena insieme	cena insieme		
20.00	21.00	riordino e momento conviviale dopo cena	riordino e momento conviviale dopo cena	riordino e momento conviviale dopo cena	riordino e momento conviviale dopo cena	riordino e momento conviviale dopo cena	FREE TIME	FREE TIME