

POLITISTIKO ERGASTIRI AYION OMOLOYITON Lefkosia, Cyprus,

www.politistiko-ergastiri.org

Let's Volunteer

2018-2019

Politistiko Ergastiri Agion Omoloyiton has been involved in youth work since 1999. Since 2007 it has been involved in European projects (Youth in Action, Life Long Learning) and since 2014 in Erasmus +.

"Let's Volunteer Too" is a continuity of our EVS projects under the name ""Let's Volunteer" that as organization we have carried out the last years

by hosting volunteers from different countries within our neighborhood. This success has been acknowledged by the National Agency in Cyprus of the ERASMUS + Youth project in 2014. The project was awarded a prize on the 17th of December 2014.

The main aim of the project is to exchange experience amongst young people involved in the activities of the Cultural Center and the implication of an international group of volunteers that promote volunteerism in Cyprus as a concept. It is aiming to promote the rights and obligations that derive from it will be more clear and understandable. In order to promote volunteering on the local and international level we have designed and implemented activities and events supporting local organizations in their own needs and programs. Such organizations are the local primary and secondary school, the local church committee and other organization of social character as the Municipality of Lefkosia. We have also supported and cooperated with the other organizations for the last years promoting voluntarism.



PROJECT:

LET'S VOLUNTEER TOO

LOCATION:

LEFKOSIA.CYPRUS.KYPROS

PERIOD:

A1: Advanced Preparatory Visit. (for the volunteers) APV. beginning of JULY 2018 (2 days)

A2: beginning of October 2018 (10 months)

6 volunteers
Spain....1
Greece....1
France....2
Germany....1
Lithuania....1

OUR MISSIONS

A) "Kαντίνα μου" (2 Volunteers)

B) Artistic activities of Politistiko (1 Volunteer)

C) "ANEMONI DAY CARE CENTER" & Children's and adults lending Library (2 Volunteers)

D) International/European projects (1 Volunteer)



accommodation:

in 1 apartments with 4 bedrooms, 2 bathrooms, kitchen and big living room, not far from Politistiko Ergastiri and the city center.

Mentor: A trustworthy person who knows the organization will be your mentor. The mentor will also guide you in your learning experience.

you can find information for our organization

https://www.facebook.com/polerg?fref=ts

https://www.facebook.com/EVSpolitistikoergastiri?fref=ts

http://politistiko-ergastiri.org/

https://www.facebook.com/Kantina-Mou-Politistiko-Ergastiri-128724490658624/

timeline/

https://evsdotcomvi.wordpress.com/

KANTINA MOY

Kantina mou was created to serve the needs of the activities of the organisation in the cultural centre. Acting as a cafeteria, serving the needs of the Cultural Centre during opening hours but also establishing a pleasant atmosphere during the different events. Its mission is to offer a cosy spot for young people for work, meet, study, learn, enjoy cultural and personal growth. It is open to the public and can also serve as a reference point for the Ayioi Omologites area. Volunteers are welcome to create cultural events fitting the organisations scope of interests.

	ng Hours: 35 hours a week Kantina is open from 8:30 to 14:00 and 17:00-22:00 days: Monday and Sunday (If you have to work during the free days these are nged)
RESPO	NSIBILITIES
۵	To be responsible for Kantina mou area: kitchen, yard, all rooms downstairs, toilets. These must be clean and tidy at all hours.
	Update and promote the facebook page of Kantina mou. https://www.facebook.com/Kantina-Mou-Politistiko-Ergastiri-128724490658624/?fref=ts
	to raise funds for the renting costs of the Cultural Centre through the activities organised in Kantina mou.
	to organise events of cultural, creative and artistic character (Film festivals, music events, book presentations, seminars, discussions etc.) in contact with the responsible persons of Kantina mou.
	to manage and prepare the upcoming events in cooperation with the responsible person for each event.
	to organise local and international events under "K α vτίν α μου", promoting youth participation in cooperation with the local volunteers and management of the Cultural Centre
	to promote the activities through the organization's web page and social media tools, posters in Neighborhood and Old town
	to take care of the yard's plants and general the plants of Ergastiri. Decorate. Recycle and Rubbish
0	Small projects during the year (making fresh lemonade for kantina mou.etc) Run Kantina mou in a manner that it creates profit through dealing with the financial aspects, the products and shopping, but also sustainable management.

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We are open for personal projects and ideas connected with your EVS. The project can be a daily or long term. For each idea we will have meeting and discuss for the idea, create a timetable etc.

Every Tuesday Friday.18:00-22:00.

Traditional Dance workshop for adults. You are more than welcome.

Wednesdays - Cinema19:00-23:00.

Small/big projects:

- Homemade lemonade for kantina mou
- Flowers in the yard new plants- some botanics to make our tea :D
- Christmas Bazaar
- Music Festival in the neighborhood
- Cinema Festivals (in cooperation with Doros Demetriou) https://www.facebook.com/cynemax3/?fref=ts
- How to promote kantina mou to the parents every Tuesday to sit and use kantina mou as a waiting place

Children's lending Library and Artistic Workshops

Politistiko Ergastiri offers weekly **artistic workshops** for traditional dance, theatre, music, breakdance, library sessions for (young people) children, teenagers and adults, on a low fee cost.

Library Politistiko Ergastiri hosts a lending library for children and adults. The library works with a digital system of lending and borrowing and also hosts events related to literacy and promotion of book reading. From this year with last volunteers initiated the "Fridge Library".

Working Hours: 35 hours a week Kantina is open from 8:30 to 14:00 and 17:00-22:00

Free days: Monday and Sunday (If you have to work during the free days these are exchanged)

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General.

 Update facebook - check everyday - upload events - promote ergastiri - maintain the webpage https://www.facebook.com/polerg/?ref=ts&fref=ts&gsefr=1

- Take and Upload on facebook some photos from each event of the Library Workshops etc https://www.facebook.com/polerg/?ref=ts&fref=ts&qsefr=1
- Take Posters and other promotional material to the neighborhood, the Old Town etc. to promote the events of Ergastiri.
- Promoting events in general (e.g. specific websites like Cyprus Events or the Nicosia Municipality page, etc. Also create Press Releases for each event and send them to key persons and media)
- Keep and maintain mailing list of members and phone list of members.

Artistic Workshops:

- to facilitate the space and sessions
- to coordinate with the teachers leading the sessions and the other volunteers supporting this activity
- to create a relation with the young people involved and motivate their participation
- to coordinate the session in communication with the responsible person of Politistiko
- to initiate events and activities to promote the children's presentations
- to involve more young people in the activities
- to be introduced personal projects linked with the artistic activities for children and even lead and promote workshops
- to promote the activities through the organisation's web page and social media tools
- to be before time on the spot!! and not leave before all participants are safe
- Be responsible for collecting fees for artistic workshops

Library

- to document and organise books in lending system
- to keep library organised
- to lend and receive books by borrowers
- to promote the library to the local school
- to create and implement projects around book reading (reading sessions, story telling)
- to promote and organise literacy project on the local level
- Check the Fridge library outside daily to be tidy etc

Library (small projects)

- Create a facebook page for the Library and update it
- Writing an article for the library and fridge library to be published take photos

We encourage your creativity. We are open for personal projects and ideas connected with your EVS. The project can be a daily or long term. For each idea we will have meeting and discuss for the idea, create a timetable etc.

ANEMONI DAY CARE CENTER

Anemone offers an innovative and unique program in its kind in Cyprus as it provides day care and therapeutic and educational interventions from a multidisciplinary specialized team including physiotherapist, occupational therapist and special education teachers.

In addition, through its various activities "Anemone" facilitates children's social activities and social integration. The Center provides a holistic approach to cerebral palsy and one of the primary aims is to offer support to the children's' families. Anemone also offers treatments to children that do not attend the daycare.

An EVS volunteer supports the activities and tasks related to the hosted children and also with promoting Anemone's activities. Planning events and actions or whatever he/she thinks that could be useful to promote the center after close communication with the organisation.

Responsible person in Hosting Organization: Skevi Seraphim

Working Hours: Monday to Friday. /8:45 - 14:00/.

Free days: Saturday and Sunday (If you have to work during the free days these are exchanged)

Task Manager: Skevi you will be your task manager in Anemoni (during specific events you will have a person assigned as the coordinator of the activity to coordinate with you)

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RESPONSIBILITIES:

- Assist and help our specialists during their work with the children; participating and assist the therapy/classes;
- Update facebook page of Anemoni
- Update of the NGO's webpage. The volunteers can be actively involved in updating it and possibly creating an English version.
- Collaborate during the daily housework;
- Cleaning, cultivation and maintenance small garden that our center has
- Receiving and sending mail (post office etc)
- Document archiving
- Supporting in the outdoor activities with children
- Supporting in the preparation and implementation of different events
 - o Posters,
 - General promotion
 - Taking photos/video during events
 - Ideas for Raising funds for the events
- Be involved in visibility activities for the project, like press releases, Facebook posts, creating visibility materials
- Creative ideas.handmade stuff for sale to boost Anemoni (for example during Christmas and Easter)

PROJECTS:

- A video for "Anemoni"
- A blog giving information for your EVS (can be update every week)
- A charity event for Anemoni funding

We are open for personal projects and ideas connected with your EVS. The project can be a daily or long term. For each idea we will have meeting and discuss for the idea, create a timetable etc.

Cultural activities in Politistiko for you to participate

Traditional Dance workshop for adults. You are more than welcome - Every Friday.19:30-21:00.

EUROPEAN LEARNING PROJECTS

Politistiko Ergastiri is quite active in the field of European learning projects. It has been involved in various projects under the Culture Program, Youth in Action, Life long Learning program and now under Erasmus + program. It has hosted and organised Youth Exchanges, Trainings and Youth Initiatives. We are a Sending, Hosting and Coordinating organisation for European Voluntary Service. Our involvement with the program is growing rapidly.

Working Hours: 35 hours a week is open from 8:30 to 14:00 and 17:00-22:00															
	days: inged)	Monday	and	Sunday	(lf	you	have	to	work	during	the	free	days	these	are

RESPONSIBILITIES

_	to Support th	ie organisation	is management of	european	projects
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- □ to Represent the organisation in regard to the european projects in presentations or in any other formal or informal occasion promoting its work
- □ to be Involved in writing applications, running project logistics and finalising implemented projects
- □ to Participate in the preparation, implementation, finalisation of the projects
- □ to Promote the activities through the organization's web page and social media tools (EVS page and other projects web pages)

0	to Initiate activities to promote international projects towards the local community and through social media towards the international community. to Maintain communication with international partners through e mail and Skype to Support the implementation of international activities as support staff in Cyprus. to find creative ways to promote EVS (especially at least a month before the deadlines of the application) Create a blog for the EVS DOT COM VI and update it once per week about the different
0	experience etc Communicate with young people.universities etc.promoting european projects. Be ready to work for many continuous hours during implementation of projects To file the EVS sending volunteers (those who were abroad by Ergastiri) EVS book (stories from EVS volunteers that were abroad)
0	ALL LEARN HOW: a European project is implemented - from applying to closing to fill in the Youthpass platform to work with Mobility tool and its elements to promote european projects to to deal with logistics of the implementation of a project (preparation, support, accommodation, food, practical issues, transportation, needs of participants) To be ready to deal with difficult situations
· -	ning European Projects Culture Volunteer Short EVS 1st October-30th October World Wide Village Easter 2017 Vibes of Life Youth exchange July 2017
- Recom	imended projects.
Tradit 21:00. Cinema	al activities in Politistiko for you to participate ional Dance workshop for adults. You are more than welcome - Every Friday.19:30- a Lessons A FOR PEACE (we suggest you if you want to be responsible during this Festival.)