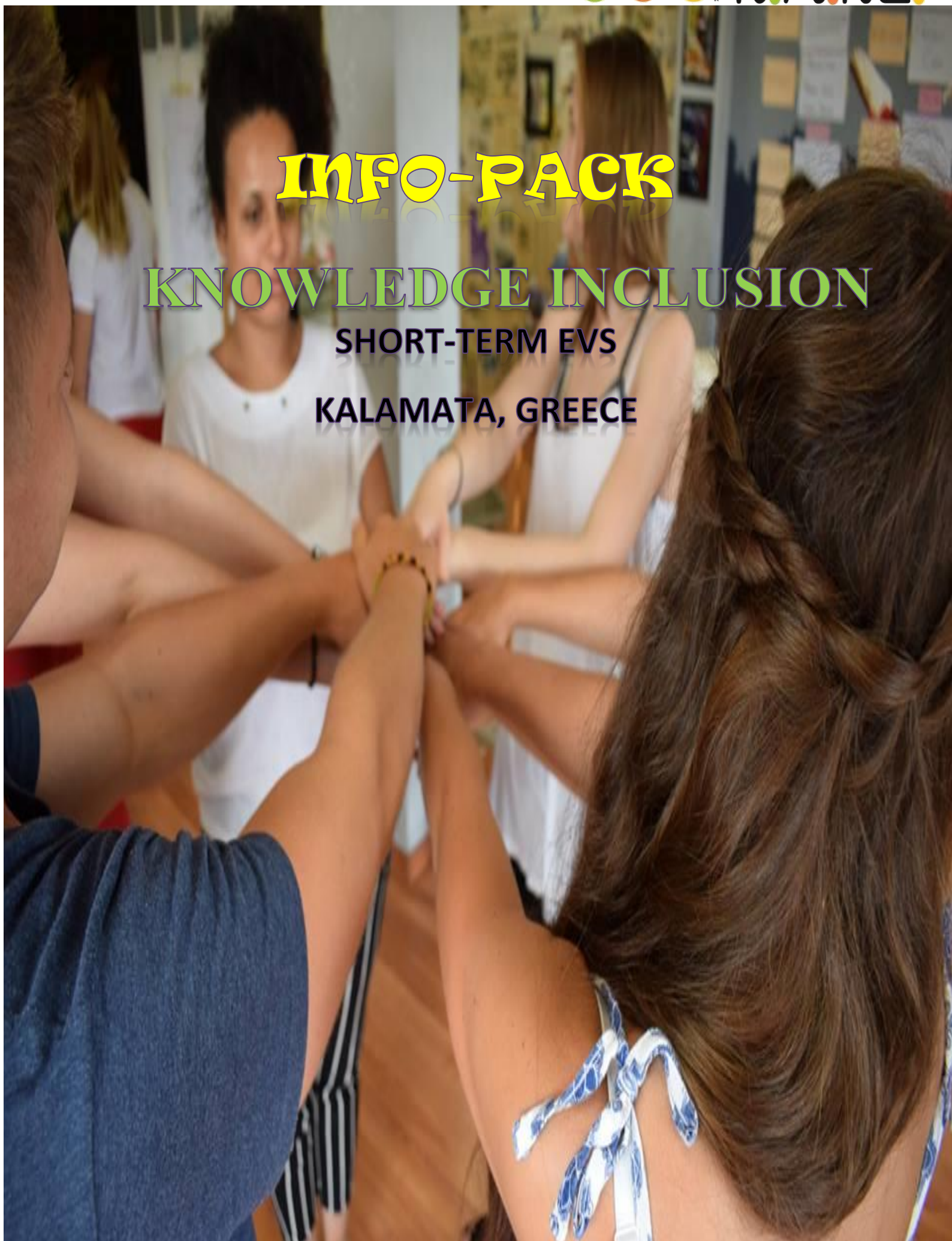


# INFO-PACK

## KNOWLEDGE INCLUSION

SHORT-TERM EVS

KALAMATA, GREECE



## A BRIEF DESCRIPTION OF US

**K.A.N.E.** is a non profit, non governmental organization, active in the field of youth & education.

The main motive of our organization is the social development of the Messinian prefecture and the provision of opportunities for youths in order to widen their horizons, to acquire new experiences and to help them with their professional and social development.

As an accredited sending, hosting and coordinating organization for the “European Voluntary Service” program, apart from the direct service to the local community that the “ERASMUS+” offers, we consider E.V.S. a useful “tool” in helping us to generate community spirit, social responsibility and youth development, bringing change and renewal with it.

Through our projects we promote non formal education as a tool to achieve active citizenship and the sustainable development of the local society. Young people do not just act as participants in our existing projects but are encouraged to contribute their ideas, energy and creativity. Every project that we participate in, promote or implement always has the “open space” necessary for this purpose.

In addition we take part in, organise and implement training courses, youth exchanges and networking activities under European Programmes such as the Erasmus+, European for Citizens programme and so on.





## ACTIVITIES

The volunteers will be assigned tasks according to their skills and interests.

The proposed tasks are:

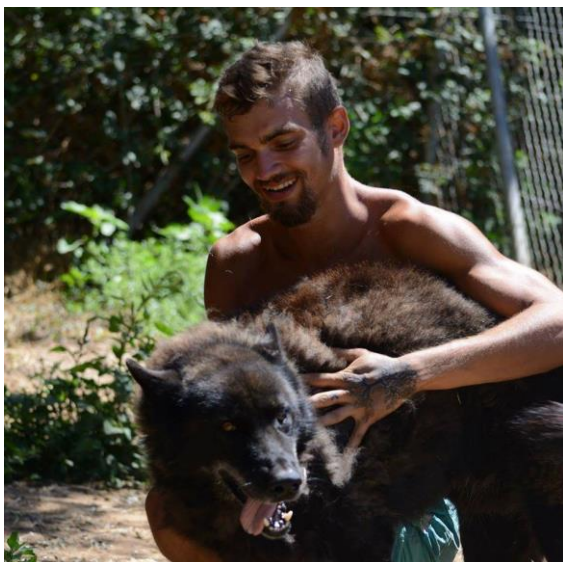
### Natural farming

- Field work: Planting trees/vegetables, maintain the ground
- Observe and document (written, photo, video) the process and the results
- Create campaigns
- Be responsible to prepare and carry out the 3R (reduce-reuse-recycle) workshop at the youth centre of Kalamata
- Participate in actions like beach cleaning, park cleaning, other environmental actions



### Dog shelter

- Assisting in the daily running of the animal shelter
- Cleaning the place and taking care of the material
- Feeding the dogs, bringing the fresh water and washing the bowls
- Taking care of dog's hygiene
- Taking the dogs for a walk
- Preparing the dogs for the adoption
- Fixing the fences and the dog's houses



## Please don't campaign

- Mapping of the disability access points and they will monitor the use of the ramps and cars parking on them
- Update the #please don't campaign on Facebook and Twitter.
- Photos of cars parked on ramps will be put on an image with the logo please don't on them and them published



## Youth Centre of Kalamata

*A space created by young people for young people. A space for creation, culture, art and intercultural dialogue.*

- Taking care of the Youth Centre and its activities.
- Creating posters for the events and workshops.
- Taking care of the Youth Centre's maintenance (cleaning, keeping the timetable etc.)
- Assisting in the administrative work of the Youth Centre and of the Organisation

Time	ΑΙΘΟΥΣΑ Room	ΔΕΥΤΕΡΑ Monday	ΤΡΙΤΗ Tuesday	ΤΕΤΑΡΤΗ Wednesday	ΠΕΜΠΤΗ Thursday
17.00-18.00	Ανοιχτός Open	Ροκ/Ποπ Rock/Pop	17.00-18.00 Νεοκλασική Neoclassical	Νεοκλασική Αρχαία/Νέοι Neoclassical Ancient/Young	Γαλλική Αρχαία/Νέοι French Ancient/Young
18.00-19.00	Ανοιχτός Open	Ροκ/Ποπ Rock/Pop	18.00-19.00 Νεοκλασική Neoclassical	Νεοκλασική Αρχαία/Νέοι Neoclassical Ancient/Young	Γαλλική Αρχαία/Νέοι French Ancient/Young
19.00-20.00	Ανοιχτός Open	Ροκ/Ποπ Rock/Pop	19.00-20.00 Νεοκλασική Neoclassical	Νεοκλασική Αρχαία/Νέοι Neoclassical Ancient/Young	Γαλλική Αρχαία/Νέοι French Ancient/Young
20.00-21.00	Ανοιχτός Open	Ροκ/Ποπ Rock/Pop	20.00-21.00 Νεοκλασική Neoclassical	Νεοκλασική Αρχαία/Νέοι Neoclassical Ancient/Young	Γαλλική Αρχαία/Νέοι French Ancient/Young
21.00-22.00	Ανοιχτός Open	Ροκ/Ποπ Rock/Pop	21.00-22.00 Νεοκλασική Neoclassical	Νεοκλασική Αρχαία/Νέοι Neoclassical Ancient/Young	Γαλλική Αρχαία/Νέοι French Ancient/Young



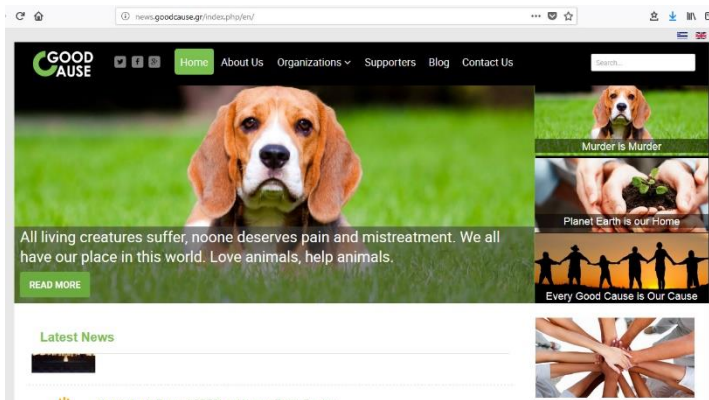


## GoodCause

GoodCause is a Greek Social Co-operative Organization mostly involved in computer science projects that include the development of websites, applications and advertisements. Its main goals are to use modern technology to raise social awareness on subjects like animal care, solidarity, environmental care, social inclusion and mental health and to develop digital solutions for nowadays society's problems.

- Administrating and updating the news website of the organization
- Assist in the promotion of the organization's websites and news
- Assist in the administration of the social media profiles of the organization
- Assist in the development of graphics designs
- Assist in the development of websites
- Search for partners to include in the organization's projects and websites
- Participate in some of the local Youth Centre's activities

•



## Artivistes – video making

Creating awareness through art and motivate the local youth in participating actively in the society.

- Develop a short-term workshop for drawing, sculpture, photography, video making/editing workshop, arts...
- Initiate a youth group of artists drawing wall arts under the general frame of artivistes aims
- Create video documentaries for the Youtube channel KANE TV
- Create posters and advertising material for the youth centre of Kalamata
- Create pictures, drawings and artwork in general for the websites of the organisation
- Create video material for the activities of their project as well as for the Youth Centre of Kalamata



## Common tasks

- Writing the articles for bimonthly magazine LINK and EVSKalamata blog
- Create video documentaries for the Youtube channel KANE TV
- Create pictures, drawings and artwork in general for the websites of the organisation
- Participation in the programming, development and evaluation of the activities.
- Preparation of the material; searching, finding and developing the informational resources.
- Implementing other activities of the organization, like workshops, info-days, special events etc.
- Following the environmental schedule of the Youth Centre (cleaning of urban spaces, environmental actions etc.)
- Creation of other educational activities.
- Taking initiatives and proposing to the organization and the local youth new projects, fresh ideas etc.
- Developing of other projects on social, environmental and cultural issues.



## ACCOMMODATION

Volunteers will be living in a **youth hostel/guest house**, with two volunteers sleeping per bedroom. The hostel and the guest house are fully equipped with a refrigerator, washing machine, vacuum cleaner, cooker and heating system. Cutlery and cooking utensils, bed linen, blankets and pillows are supplied.



## FOOD & POCKET MONEY

Each month volunteer will receive:

€140 Euros for food.

€120 Euros in pocket money.

These will be paid in 2 monthly installments.

The first payment will be made at the end of the first 2 weeks of the project. The final payment will be made on your last day of the project

## The Town / Life:

As you might know, Kalamata is a medium size city (a bit less than 80,000 habitants) but beautiful. You will have the opportunity to travel around the town and visit nice places, archaeological monuments, the mountain and many different beaches. The town is situated between the mountain of Taygetos and the Messinian bay.





At the links below you will find some information about the town and the area, you will be able to see some pictures but unfortunately some texts are in Greek:

<http://kalamata.in/index-en.html>

<http://en.wikipedia.org/wiki/Kalamata>

<http://www.hellogreece.gr/peloponese/kalamata.html>

[http://www.visitgreece.gr/en/main\\_cities/kalamata](http://www.visitgreece.gr/en/main_cities/kalamata)

## Weather...

During summer (from May/June to the end of September/October) you will be able to swim (the sea is clean with variety of rocky or sandy beaches) but in Greece summer is very hot (during July and August the temperatures are between 30 to 40 degrees!), you will have to take care while staying under the sun.

During winter the town gets more “moody” as everywhere during winter. There can be a lot of rain, it is snowing once every 3-4 years and the temperatures are between 0 to 20 degrees. Of course this year was very strange because of the climate changes, so we are not sure about the weather of the next year (I think it was the same this year in your countries too).

During winter you have to be careful when it gets too windy and walking near the sea. As you can understand the climate is mild during winter and a hot during summer; wearing the right clothes and being careful with the sun exposure will protect you all year. You will have to bring with you all kind of clothes, summer clothes, your swimming suit, winter clothes and light winter clothes (for months September, October, April, May- temperatures: 10 to 25).

## Leisure time...

In Kalamata one has the opportunity to make sports, swimming, and mountain hiking, walking around, hanging out and going to cafes, bars, clubs and parties.





## People...

One can meet in Kalamata, except from Greeks, Italian, German and French tourists, mostly older people or families. Also political and economical refugees are living here. They are coming from Albania, Eastern Europe, Arab countries and Africa. They are mostly families or workers so it will be difficult to meet young people from these countries except from Albanian youngsters.

Kalamata is a town which offers a safe environment. It is not facing serious criminality and even the robberies are not so often. Actually it is a peaceful environment and you will not face any serious danger if you take the basic safety measurements.

People are generally very helpful and have this feeling of hospitality. Older people don't speak English and this will be a challenge for you in the beginning. If you try to speak with them in Greek they are always getting smiley and more helpful to you. So the faster the volunteers learn Greek, the faster the life will get easier. Most young people, on the other hand, speak English pretty well.

## Useful links

### Volunteers in Kalamata

EVS blog: [www.evskalamata.blogspot.gr](http://www.evskalamata.blogspot.gr)

Click here to read our EVS newsletters: [LiNK](#)

### K.A.N.E. Organisation

Website: [www.ngokane.org](http://www.ngokane.org)

Facebook page: [KANE Social Youth Development](https://www.facebook.com/KANE.Social.Youth.Development)

Youtube channel: [KANE TV](#)

### Youth Centre of Kalamata

Website: [www.kentroneon.wordpress.com](http://www.kentroneon.wordpress.com)

Facebook page: [www.facebook.com/kentroneon](https://www.facebook.com/kentroneon)

Facebook group: [www.facebook.com/groups/112750556744/](https://www.facebook.com/groups/112750556744/)

Youtube channel: [www.youtube.com/channel/UCL3SGt3ZlQ-AgB1fHe\\_NWtQ](https://www.youtube.com/channel/UCL3SGt3ZlQ-AgB1fHe_NWtQ)