

## INFO-PACK K.A.N.E. EVS in Kalamata, Greece GR-2013-27 / KANE

### What is K.A.N.E.?

**TYPE:** Youth organization, established in 2008, active mainly in local and regional level and implementing youth development projects.

**MAIN AIM:** To create structures for the youngsters of our region in order to motivate them to participate more actively in their local communities and take initiatives, as well as to train people that are working with young people (youth workers, educators, youth leaders etc).

**TARGET GROUP:** mainly the young people of Kalamata aged from 15 to 35 years old, but also we also work with other age groups

**ACTIVITIES:** Youth mobility projects, Seminars and Trainings, Youth Exchanges, Conferences, Publications, youth employability projects, visits in schools, different cultural and educational events etc.



## The project – 2013-GR-27/KANE

Number of volunteers in this project: 01

Number of volunteers coordinated by K.A.N.E. organization in different projects: 10-15

### The volunteers' role/tasks in the project:

- Assisting in the daily running of K.A.N.E.'s office
- Preparing and assisting in external activities (school visits, info-days, other cultural and educational activities in the city)
- Assisting in the administrative work of K.A.N.E. organisation
- Participation in the programming, development and evaluation of activities.
- Preparation of the material; searching, finding and developing the informational resources.
- Preparation and running the "info point" for local youth.
- Developing their own personal project.
- Following the environmental schedule of the Youth Centre (cleaning of urban spaces, environmental actions etc.)
- Creation of other educational activities.
- Taking initiatives and proposing to the organization and the local youth new projects, fresh ideas etc.
- Developing of other projects on social, environmental and cultural issues.
- Participating in the language exchange workshops.
- Assisting future EVS Greek volunteers with language lessons and language practice workshops (if from the same country/ language).
- Assisting in the coordination and running of the Youth Centre

The volunteers' work is being divided in 3 categories: Fixed activities (50% of working time), Workshops/ Actions (30% of the working time), Personal project (20% of the working time).

The volunteers work 7 hours per day/5 days a week from **Monday to Friday**. In the case of special events, they may have to work also during the weekend, but extra time off will be given in that case.

**The project requires a high level of commitment from the side of the volunteer, sense of solidarity and tolerance and willingness to work within a team.**

### Accommodation...

Volunteers are hosted in the youth hostel/guest house, two volunteers in each room. The houses are fully equipped with refrigerator, washing machine, vacuum cleaner, heating system, oven, plates, glasses, sheets, blankets, pillows, towels etc. etc. etc.

### The Town / Life:

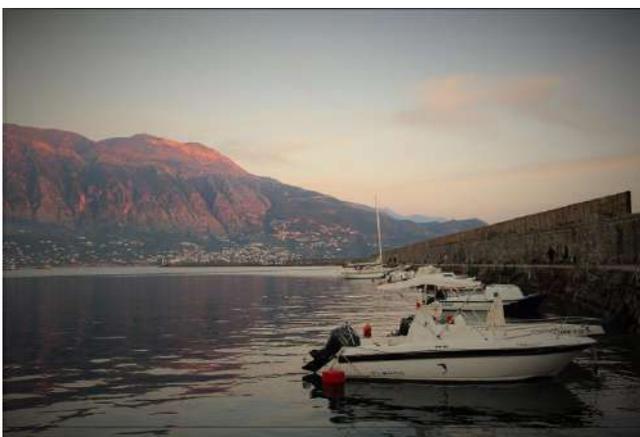


As you might know, Kalamata is a medium size city (a bit less than 80,000 habitants) but beautiful. You will have the opportunity to travel around the town and visit nice places, archaeological monuments, the mountain and many different beaches. The town is situated between the mountain of Taygetos and the Messinian bay.

At the links below you will find some information about the town and the area, you will be able to see some pictures but unfortunately some texts are in Greek:

<http://en.wikipedia.org/wiki/Kalamata>

[http://www.visitgreece.gr/en/main\\_cities/kalamata](http://www.visitgreece.gr/en/main_cities/kalamata)

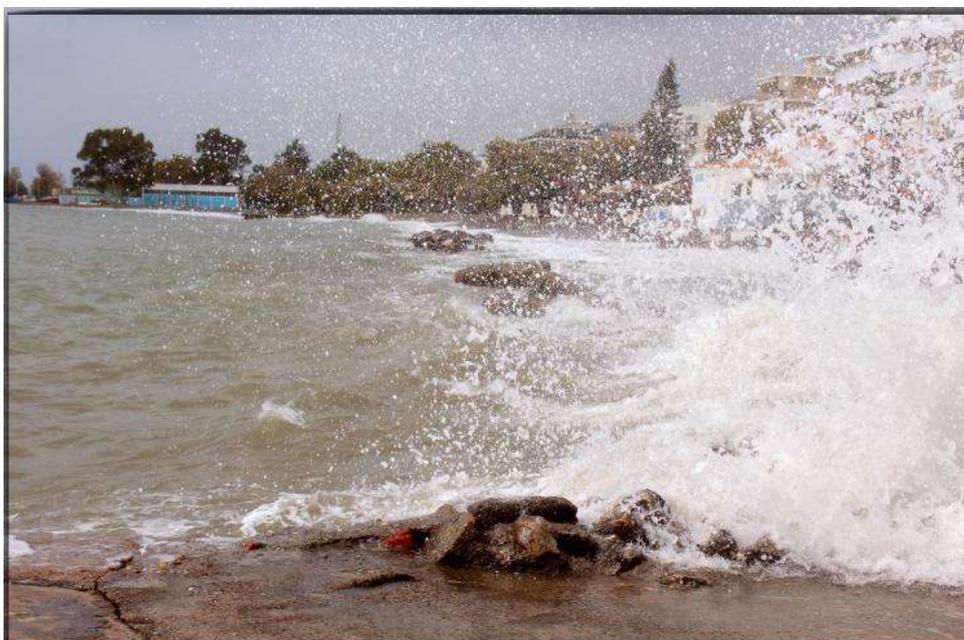


## Weather...

During **summer** (from May/June to the end of September/October) you will be able to swim (the sea is clean with variety of rocky or sandy beaches) but in Greece summer is very hot (during July and August the temperatures are between 30 to 40 degrees!), you will have to take care while staying under the sun.



During **winter** the town gets more “moody” as everywhere during winter. There can be a lot of rain, it is snowing once every 3-4 years and the temperatures are between 0 to 20 degrees. During winter you have to be careful when it gets too windy and walking near the sea. As you can understand the climate is mild during winter and a hot during summer; wearing the right clothes and being careful with the sun exposure will protect you all year. You will have to bring with you all kind of clothes, summer clothes, your swimming suit, winter clothes and light winter clothes (for months September, October, April, May- temperatures: 10 to 25).



## Leisure time...

In Kalamata you will have the opportunity to make sports, swimming, and mountain hiking (we are cooperating with the hiking club), walking around, hanging out and going to cafes, bars, clubs and parties.



## People...

One can meet in Kalamata, except from Greeks, Italian, German and French tourists, mostly older people or families. Also political and economical refugees are living here. They are coming from Albania, Eastern Europe, Arab countries and Africa. They are mostly families or workers so it will be difficult to meet young people from these countries except from Albanian youngsters.

Kalamata is a town which offers a safe environment. It is not facing serious criminality and even the robberies are not so often. Actually it is a peaceful environment and you will not face any serious danger if you take the basic safety measurements.

People are generally very helpful and have this feeling of hospitality. Older people don't speak English and this will be a challenge for you in the beginning. If you try to speak with them in Greek they are always getting smiley and more helpful to you. So the faster the volunteers learn Greek, the faster the life will get easier. Most young people, on the other hand, speak English pretty well.

## Greek Language

Volunteers have Greek language lessons, conducted by a professional teacher with years of experience teaching English as a foreign language, especially to EVS volunteers.

In case you would like to make the first steps in learning Greek, below you will find some links that can be very helpful:

<http://www.xanthi.ilsp.gr/filog/>

<http://www.bbc.co.uk/languages/greek/>

<http://www.greece.org/gr-lessons/gr-english/>

## Useful links

### Volunteers in Kalamata

EVS blog: [www.evskalamata.blogspot.gr](http://www.evskalamata.blogspot.gr)

Click here to read our EVS newsletters: <https://issuu.com/kane.kalamata>

### K.A.N.E. Organisation

Website: [www.ngokane.org](http://www.ngokane.org)

Facebook page: [KANE Social Youth Development](https://www.facebook.com/KANE.Social.Youth.Development)

### Youth Centre of Kalamata

Website: [kentroneon.wordpress.com](http://kentroneon.wordpress.com)

Facebook page: [www.facebook.com/kentroneon](https://www.facebook.com/kentroneon)

Facebook group: [www.facebook.com/groups/112750556744/](https://www.facebook.com/groups/112750556744/)

Youtube Channel: [www.youtube.com/channel/UCL3SGt3ZJQ-AgB1fHe\\_NWtQ](https://www.youtube.com/channel/UCL3SGt3ZJQ-AgB1fHe_NWtQ)