

# INFO-PACK

## DAY CARE CENTER

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## KENTPO HMEPAΣ

EVS IN KALAMATA, GREECE



**Aim:**

Day Care Centre is the unique place in the town of Kalamata in which children with autism can participate in educational and therapeutic processes, specialised only for them. **The volunteer participating in this project should be informed about autism before choosing this project.**





- The children's escort in the bus and during the bus ride the volunteer will be responsible for the children's safety but also they will have to be having creative ideas, in order to have a more pleasant ride, which is a painful process for some of the children.
- The public's awareness on the importance of the centre and the spread of the volunteerism institution. - The maintenance and safekeeping of parts and materials that are used.
- The participation in the therapeutic processes as an observer and later on as personnel's assistant.
- The production of audiovisual material for the awareness of the centre's project.
- The youth awareness on the EVS in collaboration with the coordinating organisation and volunteers of other EVS projects

- The role of the volunteer is to undertake tasks in collaboration with the Greek volunteers that already work there and the enrichment of those tasks with more and newfound initiatives. These will be the ones that will create material for the promotion of the programme that aims in the acceptance of children by the society and the acknowledgment from the public regarding the actions of the organisation and the therapeutic centre. The volunteers will undertake work that has been already carried out by volunteers, is additional to the work that's produced and cannot be carried out by permanent personnel; therefore they do not replace in any case the existing.

**• NOTE: Some of the activities are requiring basic knowledge of the Greek language. Therefore the volunteer will start these activities when he/she will reach a basic level of speaking the language**

### Accommodation...

Volunteers are hosted in guest houses, in rooms with two or three beds. The guest house is fully equipped with refrigerator, washing machine, vacuum cleaner, heating system, oven, plates, glasses, sheets, blankets, pillows etc. etc. etc.

### The Town / Life:



As you might know, Kalamata is a medium size city (a bit less than 80,000 habitants) but beautiful. You will have the opportunity to travel around the town and visit nice places, archaeological monuments, the mountain and many different beaches. The town is situated between the mountain of Taygetos and the Messinian bay.

At the links below you will find some information about the town and the area, you will be able to see some pictures but unfortunately some texts are in Greek:

<http://kalamata.in/index-en.html>

<http://en.wikipedia.org/wiki/Kalamata>

<http://www.hellogreece.gr/peloponese/kalamata.html>

[http://www.visitgreece.gr/en/main\\_cities/kalamata](http://www.visitgreece.gr/en/main_cities/kalamata)



### Weather...

During summer (from May/June to the end of September/October) you will be able to swim (the sea is clean with variety of rocky or sandy beaches) but in Greece summer is very hot (during July and August the temperatures are between 30 to 40 degrees!), you will have to take care while staying under the sun.

During winter the town gets more “moody” as everywhere during winter. There can be a lot of rain, it is snowing once every 3-4 years and the temperatures are between 0 to 20 degrees. Of course this year was very strange because of the climate changes, so we are not sure about the weather of the next year (I think it was the same this year in your countries too).

During winter you have to be careful when it gets too windy and walking near the sea. As you can understand the climate is mild during winter and a hot during summer; wearing the right clothes and being careful with the sun exposure will protect you all year. You will have to bring with you all kind of clothes, summer clothes, your swimming suit, winter clothes and light winter clothes (for months September, October, April, May-temperatures: 10 to 25).

### Leisure time...

In Kalamata one has the opportunity to make sports, swimming, and mountain hiking, walking around, hanging out and going to cafes, bars, clubs and parties.



## People...

One can meet in Kalamata, except from Greeks, Italian, German and French tourists, mostly older people or families. Also political and economical refugees are living here. They are coming from Albania, Eastern Europe, Arab countries and Africa. They are mostly families or workers so it will be difficult to meet young people from these countries except from Albanian youngsters.

Kalamata is a town which offers a safe environment. It is not facing serious criminality and even the robberies are not so often. Actually it is a peaceful environment and you will not face any serious danger if you take the basic safety measurements.

People are generally very helpful and have this feeling of hospitality. Older people don't speak English and this will be a challenge for you in the beginning. If you try to speak with them in Greek they are always getting smiley and more helpful to you. So the faster the volunteers learn Greek, the faster the life will get easier. Most young people, on the other hand, speak English pretty well.

## Greek Language

Volunteers have Greek language lessons, conducted by a professional teacher with years of experience teaching English as a foreign language, especially to EVS volunteers.

In case you would like to make the first steps in learning Greek, below you will find some links that can be very helpful:

<http://www.xanthi.ilsp.gr/filog/>

<http://www.bbc.co.uk/languages/greek/>

<http://www.greece.org/gr-lessons/gr-english/>

## Useful links

### Volunteers in Kalamata

EVS blog: [www.evskalamata.blogspot.gr](http://www.evskalamata.blogspot.gr)

Click here to read our EVS newsletters: [LINK](#)

### K.A.N.E. Organisation

Website: [www.ngokane.org](http://www.ngokane.org)

Facebook page: [KANE Social Youth Development](#)

### Youth Centre of Kalamata

Website: [kentroneon.wordpress.com](http://kentroneon.wordpress.com)

Facebook page: [www.facebook.com/kentroneon](http://www.facebook.com/kentroneon)

Facebook group: [www.facebook.com/groups/112750556744/](http://www.facebook.com/groups/112750556744/)

Youtube Channel: [www.youtube.com/channel/UCL3SGt3ZJQ-AgB1fHe\\_NWtQ](http://www.youtube.com/channel/UCL3SGt3ZJQ-AgB1fHe_NWtQ)