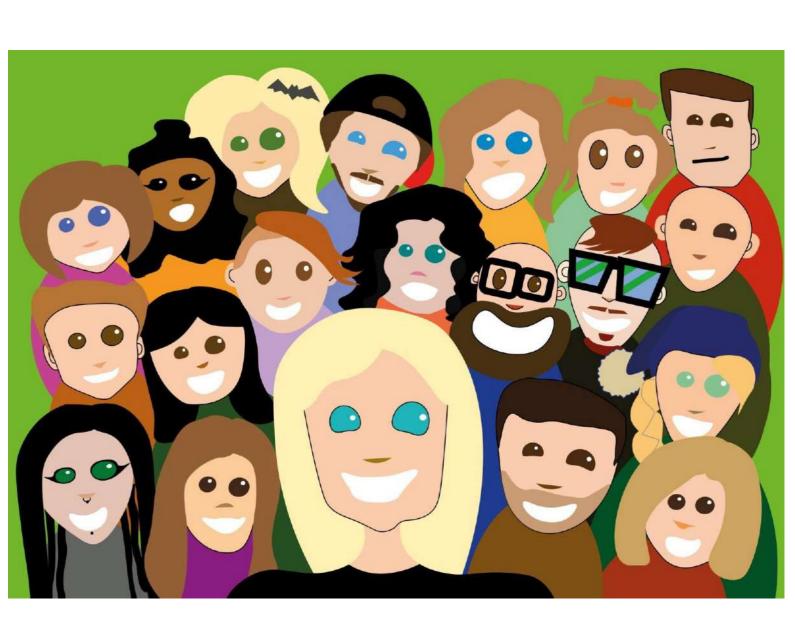


# EVS PROJECTS 2019 - 2020

**KANE – Social Youth Development** 



## K.A.NE., Social Youth Development

Youth

Social Entrepreneurship

**Vocational Training** 

Training / Adult Education

Culture

Leadership Training

Inclusion

Non formal Education

Kalamata, Greece / Nicosia, Cyprus / Podgorica, Montenegro (Taraba)

## Key dates:

2008	K.A.NE., non profit			
	organization is being			
	founded in Kalamata,			
	Greece			

#### 2009 Opening of the Youth Centre of Kalamata

#### 2009 First Kalamata Street Festival (international festival in Kalamata)

- 2015 Founding the Altius European Network for youth work
- 2016 Founding Taraba non profit organization based in Podgorica, Montenegro.

  The first affiliate K.A.NE.'s organization
- 2016 Founding of K.A.NE.,
  Social Development for
  Youth organization based
  in Nicosia, Cyprus. The
  2nd affiliate K.A.NE
  organization.

## Who we are

Social Youth Development, KANE, is a non-profit organization situated in Kalamata, Greece. Local young people founded KANE in 2008 with the aim to develop youth services, both locally and internationally.

Our vision is to foster youth motivation, promote the sense of initiative and develop the entrepreneurial and leadership spirit of youth.

Our mission is to create projects and structures for the youth, to provide educational and training opportunities for young people and professionals and promote the value of education and training.

We aim at fighting discrimination, fostering intercultural and social development, and promote social inclusion and equality, particularly for young people.

At organizational level, we promote the cooperation among local, regional and international organizations, networks and public bodies.

## 1. DOG RESCUE CENTER



#### The project

In the Dog Rescue Centre abandoned and stray dogs are taken off the streets, cared for and given the chance to find a new home.

#### Volunteer tasks

- Assisting with the daily running of the animal shelter.
- Cleaning the shelter and looking after the facilities.
- Feeding the dogs and taking responsibility for their hygiene.
- Taking the dogs for a walk.
- Preparing the dogs for adoption.
- Participating in the programming, development and evaluation of activities of the coordinating organisation (K.A.NE.).

#### Volunteer profile





The project requires a high level of commitment from the side of the volunteer, a sense of solidarity, tolerance and a willingness to work within a team.

## 2. NATURAL FARMING



#### The project

Fifa Permaculture Farm is an urban farm that aspires to be an example and inspiration for natural cultivation in both urban and rural environments. The team of workers and volunteers work to educate and improve the local communities' and authorities' attitudes towards issues of environmentalism and sustainability. They do this through public actions, artistic creations, workshops and excursions for young people.

#### Volunteer tasks

- Planting trees, vegetables and maintaining the grounds.
- Observing and documenting (writing, photo, video) the farming processes and the results.
- Preparing and carrying out workshops on topics like the 3R (reduce-reuse-recycle).
- Participating in actions like beach cleaning and parkcleaning.
- Producing studies about sustainable development and urbanfarming.
- Creating campaigns and promoting natural farming.
- Participating in the programming, development and evaluation of activities of the coordinating organisation (K.A.NE.).

#### Volunteer profile

The project requires a high level of commitment from the side of the volunteer, a sense of solidarity, tolerance and a willingness to work within a team.





## 3. KEFIAP CENTER



#### The project

**Kefiab Center of Physical Treatment and Rehabilitation** is a service provided by the hospital in Kalamata. Through many activities and therapies (e.g. art workshops, music therapy, dance, cooking, massage...) the therapeutic centre works to improve the overall health and quality of life for people (teenagers and adults) with physical and mental disabilities.

#### Volunteer tasks

- Assisting staff at the Kefiab centre with activities and therapies.
- Working with the specialist staff to develop activities and non-formal education games.
- Helping to care for and look after the wellbeing of the users of the centre. Accompanying the users during their transport to the Kefiab centre.
- Participating in the programming, development and evaluation of activities of the coordinating organisation (K.A.NE.).

#### Volunteer profile

The volunteer should have an interest in working with people with psychological and physical disabilities and feel comfortable doing so. The project requires a high level of commitment from the side of the volunteer, a sense of solidarity, tolerance and a willingness to work within a team.





## 4. YOUTH CENTER OF KALAMATA



#### The project

**Youth Centre of Kalamata** A space created by young people for young people. A space for creation, culture, art and intercultural dialogue.

The activities of the Youth Centre are based on voluntary work, skills exchange, peer education, learning by doing and non-formal learning. Youth are part of a place that offers opportunities in social life, professional and educational level and language support for those who cannot afford paying in private language institutions. From its beginning it was, and still is, an initiative of young people aiming to create an open space for helping youthto understand and use their creativity in order to discover new tools for expression and participation in social life.

#### Volunteer tasks

- Taking care of the Youth Centre and its activities.
- Participation in the programming, development and evaluation of the activities.
- Preparation of the material; searching, finding and developing the informational resources.
- Preparation and running the "info point" for local youth.
- Developing your own personal project.
- Implementing other activities of the organization, like workshops, info-days, special events etc.
- Following the environmental schedule of the Youth Centre (cleaning of urban spaces, environmental actions etc.)
- Creation of other educational activities.
- Taking initiatives and proposing to the organization and the local youth new projects, fresh ideas etc.
- Developing of other projects on social, environmental and cultural issues.
- Participating in the language exchange workshops.

#### Volunteer profile

We are looking for motivated young people, with an interest in the EVS and international volunteering field who have a desire to work with a civil society organisation. Ideally, the volunteer will have a basic level of English to facilitate communication.

## 5. Good Cause

#### The project

GoodCause is a Greek Social Co-operative Organization located in the center of the city of Kalamata. The organization is mostly involved in computer science projects that include the development of websites, applications and advertisements. Its main goals are to use modern technology to raise social awareness on subjects like animal care, solidarity, environmental care, social inclusion and mental health and to develop digital solutions for nowadays society's problems.



#### Aim

The main aim of the project is to maintain the websites, blogs and other means of electronic communication of the organization in order to support the public awareness on social problems.

Important outcome of the project is to develop new websites and applications(like <a href="www.pet-us.gr">www.pet-us.gr</a> and <a href="www.pet-us.gr">www.pet-



#### Volunteer tasks

- Administrating and updating the news website of the organization
- Assist in the promotion of the organization's websites and news
- Assist in the administration of the social media profiles of the organization
- Assist in the development of graphics designs
- Assist in the development of websites
- Search for partners to include in the organization's projects and websites
- Participate in some of the local Youth Centre's activities

#### Volunteer profile

- Interest in technology and computer science
- Knowledge on web development (there will be given training, but at least basic level on joomla and wordpress content management systems will be highly valued)
- Knowledge on graphics design
- Knowledge of multimedia editing (images, videos, etc)

## 6. THERAPEUTIC HORSEBACK RIDING



#### The project

The project involves working at the Therapeutic Horse Riding Centre.

**Therapeutic Horseriding Centre** is a rehabilitative organisation giving children with physical and mental disabilities therapies using horses and horse riding.

#### Volunteer tasks

- Working with the specialist staff to develop activities and non-formal education games.
- Acting as an **assistant** to the trainer during the sessions. Working with the trainer to deliver the therapies for the child and ensure their and the horse's safety.
- Preparing and training the horses prior to the sessions.
- •Looking after the horse, its gear and the materials used for the activities.
- Participating in the programming, development and evaluation of activities of the coordinating organisation (K.A.NE.).

#### Volunteer profile

The volunteer should have an interest in working with people with psychological and physical disabilities and feel comfortable doing so. The project requires a high level of commitment from the side of the volunteer, a sense of solidarity, tolerance and a willingness to work within a team.





## 7. ARTIVISTES



#### The project aim:

To create awareness through art and motivate the local youth in participating actively in the society. The role of the volunteer will be, in collaboration with the Youth Centre of Kalamata, to propose and initiate actions, activities and workshops with artistic content which though group work will lead to a broaden local project.

#### **Volunteer tasks**

- Develop a short-term workshop for drawing, sculpture, photography, video making/editing workshop, arts...
- Initiate a youth group of artists drawing wall arts under the general frame of artivistes aims
- Create video documentaries for the Youtube channel KANE TV
- Create posters and advertising material for the youth centre of Kalamata
- Create pictures, drawings and artwork in general for the websites of the organisation
- Create video material for the activities of their project as well as for the Youth Centre of Kalamata

#### Volunteer profile

The profile of the volunteer should be familiar with arts and develop competences in working in a more independent environment (personal responsibility, sense of initiative).





## 8. KANE OFFICE

## International projects assistant



#### The project

This project involves working directly with K.A.NE.in our office and helping with our core activities. K.A.NE. as a social youth development organisation coordinates youth mobility projects, seminars and trainings, youth exchanges, conferences, school visits and educational events.

#### Volunteer tasks

- Assisting with administrative tasks and the daily running of K.A.NE.'s office.
- Preparing for and helping with external activities (school visits, info-days and other cultural and educational activities in the city).
- Participation in the programming, development and evaluation of K.A.NE.'s activities.
- Researching and developing informative resources.
- Coordinating an "info point" in order to provide information about opportunities abroad for local young people.
- Developing other projects on social, environmental and culturalissues.

#### Volunteer profile

We are looking for motivated young people, with an interest in the EVS and international volunteering field who have a desire to work with a civil society organisation. Ideally, the volunteer will have a basic level of English to facilitate communication.





## 9. E-STRUCTURES



#### The project

E-structures is about looking after the website, blog, Facebook and other means of communication for the organisation (K.A.NE.) in order to support EVS structures in Greece.

#### Volunteer tasks

- Acting as Web Master for K.A.NE.'s website and updating the EVS Greece website (the networking website for EVS volunteers in Greece).
- Coordinating the bimonthly newsletter: Assigning, collecting and preparing the volunteer articles. Designing its visual appearance.
- Assist with the strategy for promotion and the development of promotional tools.
- Help with the management of K.A.NE.'s social media websites and e-platforms.
- Participating in the programming, development and evaluation of activities of the coordinating organisation (K.A.NE.).

#### Volunteer profile

- The volunteer should have knowledge of **web development**.
- They should have an interest in the promotion of youth volunteering information and of youth media.
- A motivation to work towards deadlines.
- An ability to take the initiative, a desire to develop their ownprojects.





#### **Common tasks**

Apart of the activities/tasks that are specific for each project, all volunteers hosted in Kalamata are having the common tasks, done individually or in teams. These tasks are:

- Make a video about the EVS experience before the end of the project
- Writing the articles for the bi-monthly volunteers' newsletter and EVS Kalamata blog
- Development of a personal project within the already existing activities.
- Taking care of the Youth centre and its activities
- Taking care of the Youth Centre's and KANE's maintenance (cleaning, keeping the timetable etc.)
- Preparation of informational material; searching, finding and developing the informational resources.
- Preparation and running the "info point" for local youngsters, which mainly gives information about European mobility projects, as well as about opportunities to work and study abroad.
- Preparing and assisting in external activities (school visits, info-days, other cultural and educational activities in the city)
- Following the environmental schedule of the Youth Centre (cleaning of urban spaces, environmental actions etc.)
- Creation of educational and cultural activities.
- Taking of initiatives and proposing to the organization and the local youngsters new projects, fresh ideas etc.
- Development of other projects for social, environmental and cultural cause.
- Assisting other civil society organizations in some of their activities (events, workshops, meetings, etc.)

#### *ITPOTPAMMA KNK XEIMEPINOY TETPAMHNOY 2018*

Ωρα Time	AIΘΟΥΣΑ Room	ΔΕΥΤΕΡΑ Monday	TPITH Tuesday	TETAPTH Wednesday	ΠΕΜΠΤΗ Thursday
17,00-18,00	Αἰτ/Αέρας	17.00-19.00 Αγιογραφία Α Religious painting A	ruesuay	16.00-18.00 Αγιογραφία B Religious painting B	musuay
	Earth/Γη	Αγγλικά (παιχνίδι-μελέτη) για παιδιά / English for Kids	Ελληνικά Αρχαρίων Greek for beginners	Ρωσικά Προχωρημένων Ádvanced Russian	Κιθάρα για παιδιά
	Fire/Φωτιά	16.30-18.00 Yoga (TMHMA A')		16.00-19.00 Ζωγραφική /Γλυπτική Painting / Sculpture	Παραδοσιακοί χοροί Αρχαρίων Beginners' Traditional Dances
18.00-19.00	Αἰτ/Αέρας	17.00-19.00 Αγιογραφία Α Religious painting A	Γιουκαλίλι - Ukulele	Ρωσικά Αρχαρίων Beginners' Russian	18.00-20.00 Decoupage Προχωρημένων
	Water/Νερό		Αρμένικα / Armenian **	Ολλανδικά / Dutch	Σερβικά / Serbian
	Earth/Γη	Ιταλικά Αρχαρίων Α Beginners' Italian A	18:00-20:00 Λέσχη Ανάγνωσης	18.30-20.00 Νοηματική Προχ.	Τουρκικά / Turkish**
	Fire/Φωτιά		Αυτοάμυνα για Γυναίκες	16.00-19.00 Ζωγραφική/Γλυπτική	Παραδοσιακοί χοροί Προχωρημένω Advanced Traditional Dances
19.00-20.00	Air/Αέρας	19.00-20.30 Αγγλικά Αρχαρίων (Α1)	Movie Science X Σύγχρονη Κινημ/φική Τέχνη	Ιταλικά Αρχαρίων Β Beginners' Italian Β	18.00-20.00 Decoupage Προχωρημένων
	Earth/Γη	19.00-20.30 Αγγλικά Μέσων (Α2)	18:00-20:00 Λέσχη Ανάγνωσης	18.30-20.00 Νοηματική Προχωρ.	Γαλλικά Προχωρ. / Advanced French
	Water/Νερό	Πορτογαλικά / Portuguese**			
	Fire/Φωτιά	Tai Chi Αρχαρίων	19.30-21.00 Yoga (TMHMA B')		19.00-21.00 Kick Boxing
20.00-21.00	Air/Αέρας	19.00-20.30 Αγγλικά Αρχαρίων 20.30-22.00 Νοηματική Αρχαρίων	Γαλλικά Αρχαρίων Beginners' French		Ισπανικά Αρχαρίων****
	Earth/Γη	19.00-20.30 Αγγλικά Μέσων (Α2)	Ελληνικά Προχωρημένων Advanced Greek		Κιθάρα Αρχαρίων
	Water/Νερό	Περσικά μέσα από την ποίηση του Τζελαλαντίν Ρουμί	20.30-22.00 Βελονάκι Αρχαρίων Beginners' Crochet**		20.30-22.00 Βελονάκι Προχωρημένω Advanced Crochet**
	Fire/Φωτιά	Tai Chi Προχωρημένων	19.30-21.00 Yoga (TMHMA B')	Εκδηλώσεις/Σεμινάρια	19.00-21.00 Kick Boxing
21.00-22.00	Air/Αέρας	20.30-22.00 Νοηματική Αρχαρίων	Συζήτηση στα Αγγλικά Conversational English	Events/Seminars	Θέατρο Σκιών Shadow Puppetry
	Water/Νερό		20.30-22.00 Βελονάκι Αρχαρίων Beginners' Crochet**		20.30-22.00 Βελονάκι Προχωρημένων Advanced Crochet**
	Earth/Γη				Κιθάρα Προχωρημένων
	Fire/Φωτιά	Σάλσα Αρχαρίων Beginners' Salsa	Kick-Boxing		Σάλσα Προχωρημένων Advanced Salsa

<sup>\*</sup> Το μάθημα <mark>Bartending</mark> θα πραγματοποιείται στο μπαρ «Κύτταρο» κάθε **Τρίτη 20:00-21:00 <mark>από 6 Νοέμβρη</mark>** 

<sup>\*\*</sup>Τα μαθήματα ξεκινούν τον Νοέμβριο

<sup>\*\*\*</sup>Το μάθημα Ισπανικών ξεκινάει 15 Νοέμβρη και θα διαρκέσει 4 μήνες



Volunteers are hosted in the youth hostel and guest house, two volunteers in each room. The hostel and the guest house are fully equipped with refrigerator, washing machine, vacuum cleaner, heating system, oven, plates, glasses, sheets, blankets, pillows, towels etc. etc.



#### **Travel cost**

Travel costs are covered by program, based on the travel distance calculator.



#### Food and pocket money

The volunteers are getting monthly allowance (food and the pocket money), paid by Hosting organization, every 1<sup>st</sup> and every 15<sup>th</sup> of the month.

#### **USEFUL LINKS:**

#### **Volunteers in Kalamata**

EVS blog: <a href="https://www.evskalamata.blogspot.gr">www.evskalamata.blogspot.gr</a> Click here to read our EVS newsletters: <a href="https://www.evskalamata.blogspot.gr">LINK</a>

#### **K.A.NE.** Organisation

Website: www.ngokane.org

Facebook page: KANE Social Youth Development

Youtube channel: KANE TV

#### **Youth Centre of Kalamata**

Website: <a href="https://www.kentroneon.wordpress.com">www.kentroneon.wordpress.com</a>
Facebook page: <a href="https://www.facebook.com/kentroneon">www.kentroneon.wordpress.com</a>

Facebook group: <a href="https://www.facebook.com/groups/112750556744/">www.facebook.com/groups/112750556744/</a>

Youtube channel: www.youtube.com/channel/UCL3SGt3ZJQ-AgB1fHe NWtQ



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