

A Solidarity Invasion

SHORT TERM VOLUNTEERING PROJECT IN SLOVENIA



Project info

START YOUR ADVENTURE IN TRBOVLJE YOUTH CENTRE



2nd August - 29th September 2019 - ACTIVITY + 2 travel days



TRBOVLJE, SLOVENIA



TRBOVLJE YOUTH CENTRE (MCT) / PIC number: 948357749, Quality Label number: 2016-1-Sl02-KA110-013877



Summary

In August and September 2019, a group of 6 European volunteers will mark the part of the Slovenian Cycle Trail that runs through Zasavje region. They will set up markings and signposts on a 100 kilometer trail through beautiful Zasavje region. The surrounding hills will be our everyday office and our mentors will be experienced mountain bike guides and youth workers of the Trbovlje Youth Centre.

During the project, we are going to prepare different multimedia presentations about the Slovenian Cycling Trail and thus learn the basics of photography, movie making and basics of digital marketing. At the end of September we will finish our project with the final event, where we will present the results of our work to the public.



Who are we looking for?

DEADLINE FOR APPLICATION: 10. 6. 2019; APPLY TO INTERNATIONAL@MCT.SI AND ENCLOSE YOUR CV AND MOTIVATION LETTER.

We are looking for 6 young volunteers aged 18-29 years that are enthusiastic and motivated to take part in our project. The only condition is a basic knowledge of English language and readiness for teamwork, manual work and working in the nature.



SPECIAL INSTRUCTIONS

The majority of ESC project will be carried out in the nature, therefore it is really important that volunteers are ready to work in the nature, that they bring enough proper clothes with them and that they are fine with simple manual and basic physical work outdoors.

Which skills brings voluntary experience?

IN THIS PROJECT, THE VOLUNTEERS WILL HAVE THE OPPORTUNITY TO EXPERIENCE, LEARN AND IMPROVE:

Team work and conversational English.

Specific skills needed for marking cycling routes.

Planning of promotional strategy.

Preparation of multimedia presentation.

Basics of digital marketing.

Basics of project management and event management.

Cultural differences, living abroad and gaining general knowledge about

Slovenia, its culture, people and places.







Vision

THE COMMON GOAL OF OUR WORK IS TO ACHIEVE THAT YOUNG PEOPLE BECOME THE KEY FACTORS OF THE REGIONAL DEVELOPMENT.



MCT is a place where young people start their adventure, where every idea is the best idea, and every mistake is merely a helpful experience.

ABOUTUS

TRBOVLJE YOUTH CENTRE

MCT is a youth centre whose main purpose is to support young people in a local community in planning, organizing and carrying out various activities connected to their interests (from concerts to creativity- and education-related activities). These activities usually take place in the MCT club.

Since 2011, when we moved into our current headquarters, we also offer hospitality services through our café and hostel. This is primarily aimed at support of the youth-related work, but at the same time also available to general population.

OUR TEAM: Eight permanent employees and students.

MCT has been active in the field of sending and hosting European volunteers for over 13 years. In this period of volunteering experience we have gained so much as an organization and a community. Experience gained through hosting volunteers is priceless in our community and helps our organization and community to grow.







By hosting volunteering projects, our organization has gained diverse experiences and thanks to these projects our small local community has become much more accepting of foreigners. Volunteering is well known in our local community and we are working towards building a better connectivity with the voluntering and the local community by hosting volunteering projects in different organizations and supporting those organizations to realize the value of volunteering projects in their surroundings.

The main contribution of our projects is that the volunteers have a diverse opportunities to work in different kinds of organizations, from educational and cultural organizations to working with handicapped people. Because of the many hosting organizations in our region, we can build projects together with the volunteers and incorporate their needs to enable them to get experience with different organizations.

Volunteering projects in MCT usually include volunteers working on accomplishing their own activities with the help of a mentor (their coordinator), which includes planning organizing and carrying out the project. Volunteer's projects are aimed at the community, particularly at the long-term unemployed young people, aged from 15 to 30. In this way, our volunteers get in touch with basic planning as well as determining purposes, goals, results and indicators. In the organizing phase, they have a chance to cooperate with various organizations and individuals, and they can also experience team work as well as develop their own entrepreneurial skills through the whole process. A solidarity invasion project is particularly aimed at motivating long-term unemployed young people for participating in sending projects and for voluntary work in the region.

PROJECT TEAM







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"Doing voluntary work in MCT, I had the chance to experience completely new things - from preparing promotional material to carrying out English courses for elderly people and an Origami workshop for kids as well as helping with preparations for a festival, and much more. Anyone can find something they want to do here. All you need is to have a desire to do new things, an open mind as well as show some initiative from time to time."

CSILLA, EVS VOLUNTEER, 2017













"I always saw a great opportunity in EVS - a lifetime experience in a foreign country, for free. And when I found the opportunity to be an EVS volunteer in Trbovlje, I thought it was perfect: I would get the chance to do something for myself but at the same time for somebody else, which is much more gratifying. I would definitely do it again!"













PRACTICAL ARRANGEMENTS

Allowance: EUR 4/day.

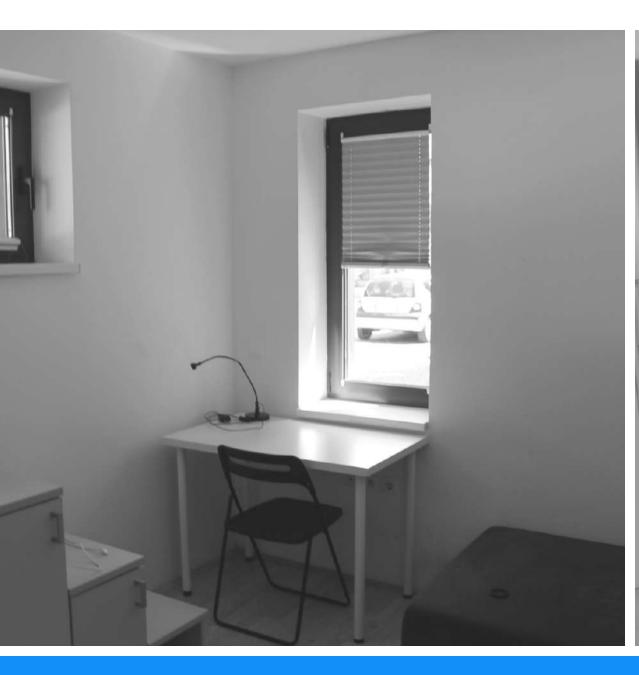
Food allowance: EUR 110/month.

Additional reimbursement of food costs: up to EUR 70/ month (paid upon receipt).

Free travel card for public transport in Trbovlje (optional).

Travel costs reimbursment: depending on the distance. Find out more in ERASMUS+ guide, using distance calculator http://ec.europa.eu/dgs/education_culture/tools/distance_en.htm

LIVING CONDITIONS







There are two possible accommodation options:

Apartments in the MCT hostel – bed, corner with a workbench, shared kitchen and bathroom with toilet. Kitchen and bathroom are shared with a volunteer form the neighbouring apartment.

OR

Apartment in the town: volunteers live together in the apartment in shared rooms (2 persons per room). The apartment has a common living room, kitchen and bathroom and

LOCATION

MCT is located in the centre of the town, right next to a cinema, theatre, library and a museum. Nearby, one can also find other important institutions – schools, hospital, chemists/drug store, shops and recreation facilities.





Troovle

Trbovlje is located in the centre of Slovenia, which enables us a simple and quick access to all parts of the country. The town lies next to the main Slovenian railroad, connecting two largest towns, Ljubljana and Maribor. The town lies in a 7 km long narrow basin, with the town centre approximately in the middle. The area inside the 2km radius around the town centre is also the most heavily populated part of the town, where most of the events take place. The town offers good living conditions for various age groups – education, free time, culture, sport, health services, services etc. For more info about Trbovlje, visit http://www.trbovlje.si/vsebina/zgodovina/15?language=english or https://en.wikipedia.org/wiki/Trbovlje.



WWW.TRBOVLJE.SI

Distance to other places

Ljubljana - 60km Celje - 40km Maribor - 80km Bled - 115km Bohinj - 140km Koper - 170km Škofja loka - 100km Trieste - 160km Zagreb - 100km Vienna - 340km Budapest - 420km





How to travel to Slovenia/Trbovlje

Trbovlje is not a large town, therefore practically everything is reachable by walking or taking a bike. The railway station is located a few kilometres from the centre and usually people take the bus or a taxi to get there. A bus ticket costs EUR 2 and a taxi ride to the railway station is EUR 2.5. For the time table of the buses in Zasavje visit https://www.nomago.si/

TRAVELING AROUND SLOVENIA



Train - Slovenian Railways http://www.slo-zeleznice.si/en/(timetable, ticket prices)



Bus - https://www.ap-ljubljana.si/en/ (timetable).



Sharing car: https://prevoz.org/



What to do in Trbovlje and its surroundings:

- Swimming– outdoor swimming pool in Trbovlje (June-August) and an indoor pool in Hrastnik (a town next to Trbovlje, one can get there by public bus in 20min).
- Skiing– local hills depends on the snow conditions, otherwise a lot of ski centres in Slovenia are reachable wothin two hours (also by public transport).
- Cycling-http://mct.si/wp-content/uploads/2017/01/cestne.jpg, http://mct.si/wp-content/uploads/2017/01/gorske.jpg
- Hiking in the nearby hills Kum 1200m https://en.wikipedia.org/wiki/Kum_(mountain), Mrzlica 1100m, Planina 900m
- Cinema http://kino.dd-trbovlje.si/
- Rafting on the Sava River
- Tone Seliškar Library has a number of books in English and several other languages.
- Large-scale events Speculum atrium –http://speculumartium.si/?lang=en, spring carnival, celebration of the municipal holiday (June), bonfires on the night before 1st May, New Year's celebrations etc.

Practical information

The weather in Slovenia is more or less characterised with considerable temperature variations. Summers are warm and sometimes hot, mostly in July and August (+20 up to 35 degrees Celsius), with relatively mild weather during spring and autumn. Winter, which lasts from November to mid-March, can sometimes be very cold (0 to -10 degrees Celsius). Rainfall is distributed throughout the whole year, with the heaviest rainfall in the period from June to August. In recent years we are very lucky if we have constant snow cover, as it was the case in the past, but nevertheless, one usually gets the opportunity to come into contact with snow in the lowland:).

PRICES: To get a better insight into the cost of living in Slovenia, we present a list with some products and services and their average prices

Milk 1l – EUR 0.80; soy milk 1l – EUR 2.50; bread 600g – EUR 1.00; bread roll – EUR 0.30; rice 1kg – EUR 1.50; pasta 1kg – EUR 1.50; white flour 1kg – EUR 1.00; cheese spread 200g – EUR 1.50; cocoa 400g – EUR 1.50.

Cinema – EUR 5.00 Swimming pool – EUR 4.00

You can check more on the following webpage https://www.numbeo.com/cost-of-living/in/Celje (however prices for service and living costs in Trbovlje are a bit lower)









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