

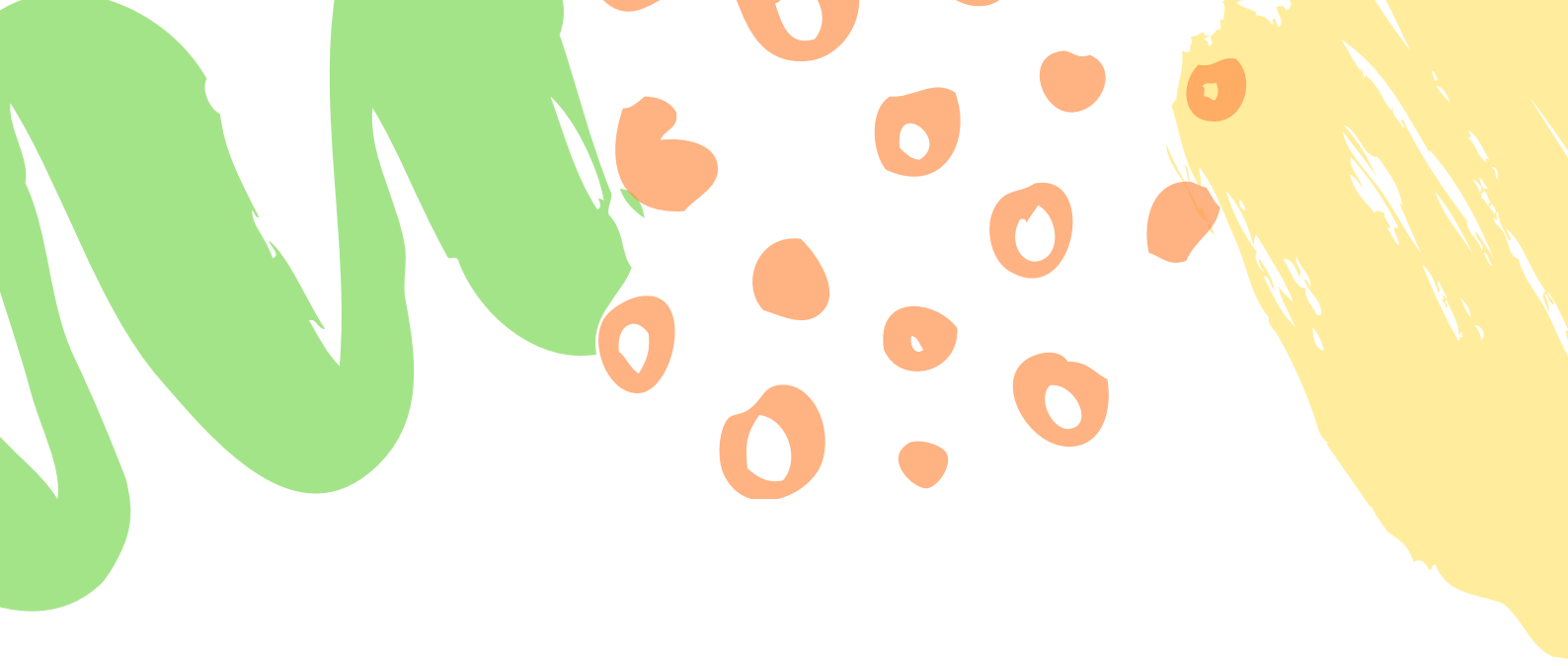


**SOCIAL YOUTH DEVELOPMENT - KANE**

**- SOLUS -**  
**SOLIDARITY**  
**FOR US**

**Experience the world differently -  
volunteer!**

Social Youth Development KANE  
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Greece  
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email: [evs@ngokane.org](mailto:evs@ngokane.org)



The project **SOLUS, SOLidarity for US** is a short-term volunteering project, through which 15 volunteers from 5 countries will be hosted in Kalamata during 6 months.

The project will have 3 rounds of 2 months and in each round will be 5 volunteers ( 1 from each country )

**The dates are:**

**Round 1:** 01 October - 30 November

**Round 2:** 01 December - 30 January

**Round 3:** 01 February - 01 April

## **How to apply**

If you are interested in participating in this project and you are resident of Spain, Italy, Portugal, Slovenia or Poland, please, contact the sending organization in your country.

# DOG RESCUE CENTER

## The project

In the Dog Rescue Centre abandoned and stray dogs are taken off the streets, cared for and given the chance to find a new home.

## Volunteer tasks

- Assisting with the daily running of the animal shelter.
- Cleaning the shelter and looking after the facilities.
- Feeding the dogs and taking responsibility for their hygiene.
- Taking the dogs for a walk.
- Preparing the dogs for adoption.
- Participating in the programming, development and evaluation of activities of the coordinating organisation (K.A.NE.).

## Volunteer profile

The project requires a high level of commitment from the side of the volunteer, a sense of solidarity, tolerance and a willingness to work within a team



# KEFIAP CENTER

## The project

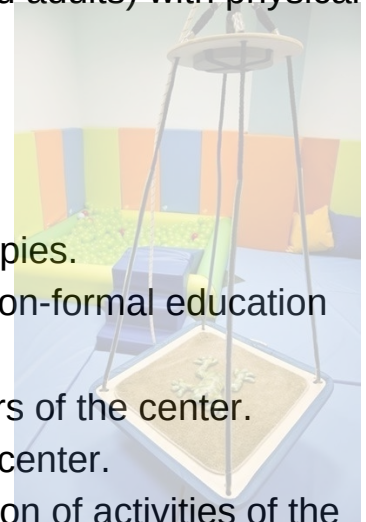
Kefiap Center of Physical Treatment and Rehabilitation is a service provided by the hospital in Kalamata. Through many activities and therapies (e.g. art workshops, music therapy, dance, cooking, massage...) the therapeutic centre works to improve the overall health and quality of life for people (teenagers and adults) with physical and mental disabilities.

## Volunteer tasks

- Assisting staff at the Kefiap center with activities and therapies.
  - Working with the specialist staff to develop activities and non-formal education games.
  - Helping to care for and look after the well-being of the users of the center.
- Accompanying the users during their transport to the Kefiap center.
- Participating in the programming, development and evaluation of activities of the coordinating organisation (K.A.NE.).

## Volunteer profile

The volunteer should have an interest in working with people with psychological and physical disabilities and feel comfortable doing so. The project requires a high level of commitment from the side of the volunteer, a sense of solidarity, tolerance and a willingness to work within a team.





# Good Cause

## The project

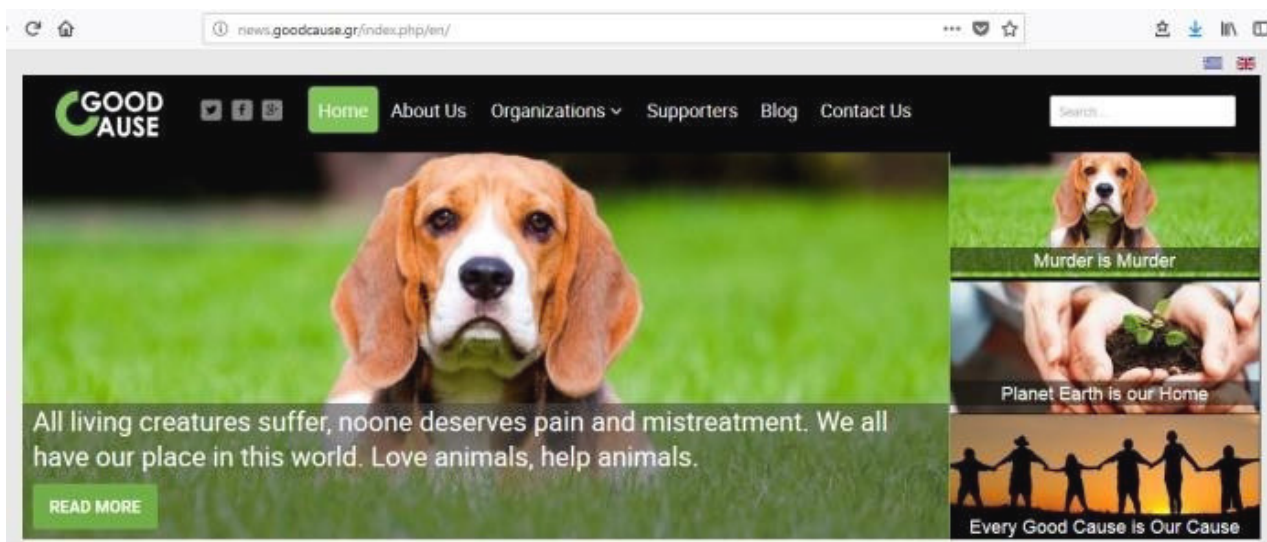
GoodCause is a Greek Social Co-operative Organization located in the center of the city of Kalamata. The organization is mostly involved in computer science projects that include the development of websites, applications and advertisements. Its main goals are to use modern technology to raise social awareness on subjects like animal care, solidarity, environmental care, social inclusion and mental health and to develop digital solutions for nowadays society's problems.

## Aim

The main aim of the project is to maintain the websites, blogs and other means of electronic communication of the organization in order to support the public awareness on social problems.

Important outcome of the project is to develop new websites and applications (like [www.pet-us.gr](http://www.pet-us.gr) and [www.meetkalamata.com](http://www.meetkalamata.com)) that will deal with animal care problems (by giving new digital tools to the public for adopting and saving animals), will promote culture and that will support the growth of the local community.





## Volunteer tasks

- Administrating and updating the news website of the organization
- Assist in the promotion of the organization's websites and news
- Assist in the administration of the social media profiles of the organization
- Assist in the development of graphics designs
- Assist in the development of websites
- Search for partners to include in the organization's projects and websites
- Participate in some of the local Youth Centre's activities

## Volunteer profile

- Interest in technology and computer science
- Knowledge on web development (there will be given training, but at least basic level on joomla and wordpress content management systems will be highly valued)
- Knowledge on graphics design
- Knowledge of multimedia editing (images, videos, etc)

# THERAPEUTIC HORSEBACK RIDING

## The project

The project involves working at the Therapeutic Horse Riding Centre. Therapeutic Horse riding Centre is a rehabilitative organisation giving children with physical and mental disabilities therapies using horses and horse riding.

## Volunteer tasks

- Working with the specialist staff to develop activities and non-formal education games.
- Acting as an assistant to the trainer during the sessions. Working with the trainer to deliver the therapies for the child and ensure their and the horse's safety.
- Preparing and training the horses prior to the sessions.
- Looking after the horse, its gear and the materials used for the activities.
- Participating in the programming, development and evaluation of activities of the coordinating organisation (K.A.NE.).

## Volunteer profile

The volunteer should have an interest in working with people with psychological and physical disabilities and feel comfortable doing so. The project requires a high level of commitment from the side of the volunteer, a sense of solidarity, tolerance and a willingness to work within a team.





# ARTIVISTES

## The project aim:

To create awareness through art and motivate the local youth in participating actively in the society.

The role of the volunteer will be, in collaboration with the Youth Centre of Kalamata, to propose and initiate actions, activities and workshops with artistic content which through group work will lead to a broaden local project.

## Volunteer tasks

- Develop a short-term workshop for drawing, sculpture, photography, video making/editing workshop, arts...
- Initiate a youth group of artists drawing wall arts under the general frame of artivistes aims
- Create video documentaries for the Youtube channel KANE TV
- Create posters and advertising material for the youth centre of Kalamata
- Create pictures, drawings and artwork in general for the websites of the organisation
- Create video material for the activities of their project as well as for the Youth Centre of Kalamata

## Volunteer profile

The profile of the volunteer should be familiar with arts and develop competences in working in a more independent environment (personal responsibility, sense of initiative).





# NATURAL FARMING

## The project:

Fifa Permaculture Farm is an urban farm that aspires to be an example and inspiration for natural cultivation in both urban and rural environments. The team of workers and volunteers work to educate and improve the local communities' and authorities' attitudes towards issues of environmentalism and sustainability. They do this through public actions, artistic creations, workshops and excursions for young people.

## Volunteer tasks

- Planting vegetables and maintaining the grounds.
- Maintenance of the farm
- Taking care of compost area
- Extracting seeds and taking care of the seed bank
- Assisting the activities of the farm - school visits, children activities...
- Creating campaigns and promoting natural farming.

## Volunteer profile

The project requires a high level of commitment from the side of the volunteer, a sense of solidarity, tolerance and a willingness to work within a team. Volunteer should have some experience with farming and outside work.



# Common tasks

Apart of the activities/tasks that are specific for each project, all volunteers hosted in Kalamata are having the common tasks, done individually or in teams. These tasks are:

- Make a video about the EVS experience before the end of the project
- Writing the articles for the bi-monthly volunteers' newsletter LiNK and EVS Kalamata blog
- Development of a personal project within the already existing activities.
- Taking care of the Youth centre and its activities
- Taking care of the Youth Centre's and KANE's maintenance (cleaning, keeping the timetable etc.)
- Preparing and assisting in external activities (school visits, info-days, other cultural and educational activities in the city)
- Assisting other civil society organizations in some of their activities (events, workshops, meetings, etc.)

		Αίθουσα Room	Δευτέρα Monday	Τρίτη Tuesday	Τετάρτη Wednesday	Πέμπτη Thursday
17.00-18.00	Ωρα / Time	Νερό / Water				
	Αέρας / Air	17.00-18.00 Αγιογραφία (A) Religious Painting		16.00-18.00 Αγιογραφία (B) Religious Painting		
	Γη / Earth	17.00-18.30 Αγγλικά αρχάριοι(A) English beginners <b>NEO ΤΜΗΜΑ</b>	Ελληνικά αρχάριοι Greek beginners	Ρωσικά Προχωρημένοι Advanced Russian		Κιθάρα για παιδιά Guitar for kids
	Φωτιά / Fire	18.30-18.00 Yoga (A)		16.00-19.00 Ζωγραφική / Γλυπτική Painting / Sculpture		Παραδοσιακοί Χοροί Αρχάριοι Beginners Traditional Dance
18.00-19.00	Νερό / Water	Κοσμήματα Accessories <b>NEO ΤΜΗΜΑ</b>	Φωτογραφία Photography	Δεξιότητες Επιβίωσης Life Hacks <b>NEO ΤΜΗΜΑ</b>		Σέρβικα Serbian
	Αέρας / Air	17.00-19.00 Αγιογραφία (A) Religious Painting	18.00-20.00 Δημιουργία Ταινιών Film making	Ρώσικα αρχάριοι <b>NEO ΤΜΗΜΑ</b> Russian Beginners		18.00-20.00 Decourage advanced
	Γη / Earth	17.00-18.30 Αγγλικά αρχαρίων (A) English for beginners <b>NEO ΤΜΗΜΑ</b>	18.00-20.00 Λέσχη Ανάγνωσης Reading club	18.30-20.00 Νοηματική προχωρημένων Sign language advanced		Τουρκικά Turkish
	Φωτιά / Fire	Capoeira	Γουκαλίλι Yukulele	16.00-19.00 Ζωγραφική / Γλυπτική Painting / Sculpture		Παραδοσιακοί Χοροί Προχ. Advanced Traditional Dances
19.00-20.00	Νερό / Water	Ιταλικά αρχάριοι (A) Italian beginners	Γερμανικά German <b>NEO ΤΜΗΜΑ</b>	Δημιουργική γραφή Creative writing		
	Αέρας / Air	19.00-20.30 Αγγλικά αρχάριοι (A1) English beginners	18.00-20.00 Δημιουργία Ταινιών Film making	Ιταλικά αρχάριοι (B) <b>NEO ΤΜΗΜΑ</b> Italian beginners		18.00-20.00 Decourage advanced
	Γη / Earth	19.00-20.30 Αγγλικά μέσοι (A2) Intermediate English (A2)	18.00-20.00 Λέσχη Ανάγνωσης Reading club	18.30-20.00 Νοηματική προχωρημένοι Sign language advanced		Γαλλικά προχωρημένοι Advanced French
	Φωτιά / Fire	Tai Chi αρχάριοι Tai Chi beginners	19.30-21.00 Yoga (B)	19.00-19.30 Baby English 19.30-20.00 Baby French <b>NEO ΤΜΗΜΑ</b>		19.00-21.00 Kick Boxing
20.00-21.00	Νερό / Water	Περσικά μέσα της ποίησης του Τζελαλεντίν Ρουμί Persian thought Xheleledin Rumi's poetry	Ελληνικά Προχωρημένοι Advanced Greek	Εκδηλώσεις/ Σεμινάρια Events / Seminars		
	Αέρας / Air	19.00-20.30 English beginners 20.30-22.00 Sign language beginners	Γαλλικά αρχάριοι French for beginners			Ισπανικά αρχάριοι Spanish for beginners
	Γη / Earth	19.00-20.30 Αγγλικά μέσοι (A2) Intermediate English (A2)	20.30-22.00 Βελονάκι αρχάριοι Beginner's Crochet			Κιθάρα αρχάριοι Guitar for beginners
	Φωτιά / Fire	Tai Chi Προχωρημένοι Advanced Tai Chi	19.30-21.00 Yoga			19.00-21.00 Kick Boxing
21.00-22.00	Νερό / Water					
	Αέρας / Air	20.30-22.00 Νοηματική αρχάριοι Sign language for beginners	Συζήτηση στα Αγγλικά Conversational English			
	Γη / Earth	20.30-22.00 Βελονάκι Προχωρ. Advanced Crochet	20.30-22.00 Βελονάκι αρχάριοι Beginner's Crochet			Κιθάρα Προχωρημένοι Advanced Guitar
	Φωτιά / Fire	Salsa αρχάριοι Salsa beginners	Kick Boxing			Salsa Προχωρημένοι Advanced Salsa



## **Accommodation**

Volunteers are hosted in the youth hostel and guest house, two volunteers in each room. The hostel and the guest house are fully equipped with refrigerator, washing machine, vacuum cleaner, heating system, oven, plates, glasses, sheets, blankets, pillows, towels etc. etc. etc



## **Travel cost**

Travel costs are covered by program, based on the travel distance calculator.

Spain – 275€

Italy – 275€

Portugal – 360€

Slovenia – 275€

Poland - 275€



## **Food and pocket money**

Pocket money - The volunteers are getting 152€ per month, paid by Hosting organization, every 1st and every 15th of the month. First money volunteer will receive 2 weeks after arrival, and the last money on the last day of his/her EVS.

Food - The volunteers are getting 140€ per month.





## How to apply

If you are interested in participating in one of the offered activities and you are resident of Spain, Italy, Portugal, Slovenia or Poland, please, fill in the **APPLICATION FORM**

**NOTE:** activities are not combined. Each volunteer will take part in one of the activities

## SENDING ORGANIZATIONS

**SPAIN:** Asocacion Mundus  
[www.asociacionmundus.com](http://www.asociacionmundus.com)

**ITALY:** YOUNET  
[www.you-net.eu](http://www.you-net.eu)

**PORTUGAL:** Associacao Mais Cidadania  
[www.maiscidadania.pt](http://www.maiscidadania.pt)

**SLOVENIA:** Mladinski center Trbovlje  
[www.mct.si](http://www.mct.si)

**POLAND:** Fundacja Rozwoju Społeczeństwa Przedsiębiorczego  
[www.frsp.eu](http://www.frsp.eu)