



INFO PACK

Voluntary project

Actions to React

8 months ITALY

April to November 2020 Roccantica (RI)

Project description

This voluntary project aims:

- to reinforce the spirit of local solidarity towards a community objective of territorial development,
- to encourage the opening of the community towards knowledge and cultural and intercultural exchange
- to bring young people closer to volunteering activities and common good's care.

The voluntary actions that are integrated with activities carried out with bottom-up initiatives and the commitment of the various stakeholders.

The objectives are:

1. to promote solidarity between citizens
2. to develop the sense of citizenship in the local communities raising active participation
3. to improve the sense of belonging and the knowledge of the places in which the project is realized
4. to promote inter- culture and cultural exchange
5. support the personal development and growth with volunteers

Volunteers will aim to:

1. promote the sense of citizenship and solidarity through the implementation of actions aimed at protecting the common good
2. increase self-esteem through the service of actions of the common good
3. increase personal and professional skills, competences and knowledge
4. increase the sense of belonging, cultivate active citizenship, build a conscience of European citizens

The organization aim to:

1. improve cooperation between organizations working in the youth field to bring young people closer to the promotion of solidarity and social inclusion
2. improve the cooperation system aimed at a more and more careful territorial planning aimed at networking and exploitation of available resources

Hosting organization

ALA Associazione Liberi Artigiani – organization active since 2009, work to develop educational framework and workshop for adults, youths, children's.

The methodology use, and the educational approach mix non formal methods, art, creativity, and outdoor practices.

The aim of the organization is to promote social inclusion, active citizenship, respect and protect environment.

The mission is to support the creation of future citizen aware and critics, able to express their will and thinking, to exchange opinions, and chose a life style respectful of environment and resources. The organization work at national and international level and cooperate with public bodies, schools and NGOct description.



Elisa Riccardo and Virio with a group of kids August 2019

Working with different targets: in this project the targets involved are of different types:

1. elderly, we expect to carry out activities that safeguard their memory, give value to knowledge and counteract loneliness
2. children, we expect to involve them in educational activities that bring them closer to the environment and to the knowledge of the territory they live.
3. young people, we expect to transmit the value of volunteering, creating curiosity and interest in actively participating in the life of their community and the development of the territory



Virio, Riccardo and Elisa.

A pictures of double groupof International workcamps in he Refuge 2019

The hosting organization - working places

ALA is actively working in the region in the field of environmental education and express this action realizing different types of projects and activities.

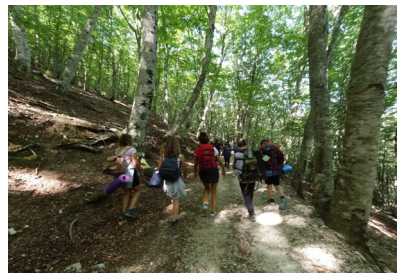
The organization in the last 5 years has become particularly active in the promotion and improvement of local development for this reason two basic project are the most relevant and important in the life of the organization the management of RIFUGIO COGNOLO (a mountain refuge) and OSTELLO DEL TEMPO PERSO (a youth hostel).

The two building are belonging to the municipalities and the organization is responsible of their entertainment and promotion.

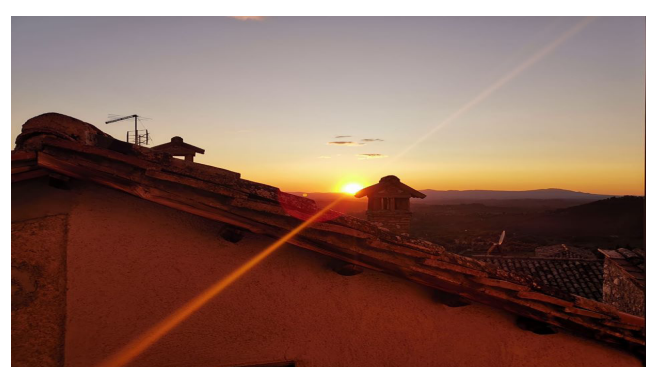
RIFUGIO COGNOLO (located in the middle of the mountain at 1000 mt high) - in 2015 the organization start to manage the place that was Abandoned and transformed it in an active lab for environmental education a place to share knowledge and good practices.

OSTELLO DEL TEMPO PERSO (located in the historic center of Roccantica) in the 2019 ALA, turned to be the office for the organization, a place to realize social and cultural activities, host groups etc...

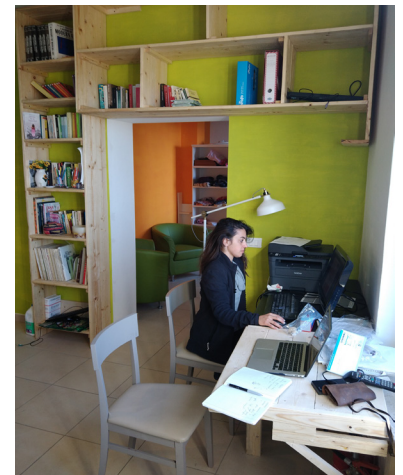
The two structures are connected by a trekking path, with a walk of 2h30 min.



The Refuge, trekking in the forest and top of the mountain Pizzuto



View from the Hostel and Elisa at work in the office



Project venue

ALA's association works in Rieti's area a rural zone where are prevalent agriculture, farming and small villages situated on hills rich in history and heritage. In this content ALA works at local level with different municipalities (Casperia, Montasola, Poggio Mirteto, Poggio Catino, Roccantica) all small villages closer one to another, on the direct are between the Tevere Valley and Sabina' mountains. Since 2014, with the support of Casperia Municipality, the organization start the project Cognolo Refuge, a restoring of abandoned mountain refuge, to make it began a hosting place an educational outdoor and non-formal centre. Casperia municipality area is divided in two: in one side are hills, and to the other mountains part of Lazio Preappennines. This is a territory that has been abandoned for long time and is living a rebirth thanks to the environmental and sustainable tourism. In the past years ALA started a collaboration with Roccantica, in the 2019 ALA manage a new place call "Ostello del tempo perso", restored thanks to the support of ESC volunteer in the season 2019. The activities of the organization is divided from rural area and mountain so volunteers should be interested to live in a small village surrounded by mountain and interested to live a complete outdoor experience..

Mission for volunteers:

Volunteers will sign a learning agreement and decide to be involved on a process of personal development supporting the hosting organization in carrying out its activities

The volunteers will be actively involved in the development of the ALA project and active member of activity addressed to the local communities with the common goals to support the empowerment of the youngsters and sense of citizenship between the inhabitants. The volunteer should be available to interact and work with in the volunteer in civil service that are managing and restoring trekking trails, be open minded, interested and open to propose workshop and activities addressed to youth, childrens and adults.

All the voluntary activities are manage to support the volunteer to gain self-confidence, autonomy and by the time shape the mission on his/her personal goals.

This project is organized to support the volunteer to gain experience, knowledge and competence in managing a small organization and and deal with local development, communities.

Starting from the characteristic of the place, a small village in the mountain, this represent an intense experience base on sharing,invest time in relation, live life with simplicity away from the city input.

Follow a description of area of comepenze the volunteer will work in this project:



Different moment of work and activities in the last ESC project with Elisa Virio of ALA, Riccardo young local volunteer and Tina, Lilo, Angelos and Lucia from ESC project 2019

Group of teenager of international workcamps 2019.



Group work and group management:

- learn to work in an international team
- work in group and cooperate
- guide groups in an educational activities
- learn to manage the 2 place of the association
- develop skills for co-coordinate different target groups (teenager from EU kids from Italy, ESC short term, etc) and competences to apply in (group dynamics, games, methods, activity flow, etc)



Jo EVS volunteer at work for meal preparation in the hostel 2018

Outdoor activities coordination:

from February to June the activity focus is on event planned to get closer people to mountain and nature. Offer different point of view to those who chose to explore with new eyes. The volunteer will be involved to:

- Plan, prepare and realize educational activities
- Propose topics to develop and work on it
- Organize and take care of the logistic inside the different project
- Get in contact with local organization to involve youth communities, locals etc...



Circle of volunteers before one festival 2017



A volunteer with an old ladie of Roccantica to prepare together special traditional food 2018



Virio to test the new zip line on the Refuge2019

Recover tradition and support handmade productions:

Small villages suffer the effect of globalization in two ways, one part most people decided to move in big cities, so the villages are getting empty, second people refuse their traditional mountain and agricultural knowledge considered not anymore, a patrimony to be transmitted. For this reason, we are working to create links with local farmers and restore local traditions to safeguarded them.

Volunteer will be actively involved in:

- build positive relation with local,
- share time with people
- be open minded and creative
- propose workshops and activities addressed to youth, children and adults

He/she will learn to:

- Make bread, cheese, different conserve, manage an organic garden, entertain animals

Manual and digital works:

Inside the project ,ALA have different kind of work related to wood and construction and digital sharing.

The volunteers will develop skills like:

- Restoring work
- Walking path tracking and maintenance
- Construction work
- Cooking of meal for different kind of groups
- Take care of pictures setting
- Take care to social media and visibility plan



Manon EVS volunteer support two teenager for cook 2017



Pizza time with international volunteers inside the Workcamps projects 2018



Giorgio ESC volunteer at work for plan activities and photo's selection 2019

Main topics:

environment protection, environmental education, health and care, local tradition and heritage, outdoor activities, social inclusion, raise awareness of youth from small communities.

Number of volunteers required: 4

The volunteers have to be flexible and capable to follow ALA in the different aspect of their own activities. Each volunteers will be follow during the first part of permanence to develop personal skills and competences with a educational approach base on non formal education (learning by doing methods).

The composition of 4 is made on answer to the different needs and possible task in the organization:

- visibility (will be take in account the skills and competences related to photo and video making, editing, management social media)
- management (learn to manage communication and relation with partners, mailing, communication, meetings)
- manual work (competences on wood work, construction work)
- educational activities (competenze in environmental education activity produce tools realize workshops, etc...)

Project duration: 8 months

Activity place: Cognolo Refuge / Roccantica village

Activity schedule:

The project is composed of 34 hours week activities, 5 days of work 2 day of free time per week from Monday to Friday.

The volunteer collects to 2 days of holiday each month.

This mission included working in week end or for two weeks hosting. In this case the volunteer will get some free day extra.

Language course and OLS (Online Linguistic Support):

Before the mobility the participant will be registered to the online platform to assess his/her Italian language level, after this he/she will have the access to the online language course. The volunteer will be asked to follow the Online course at list 1hourse for week during all the project length, to that pass the final test – to get the language certificate.

Moreover, depending on the Italian level, the volunteer will take part to a Italian lessons organized for the volunteer with the support of a language teacher.

Insurance:

The sending organization will be responsible to enrol the volunteer in the CIGNA insurance and give to the volunteer all the information about the use of it long the EVS. The enrolment should be done before departure.

TRAVEL COST:

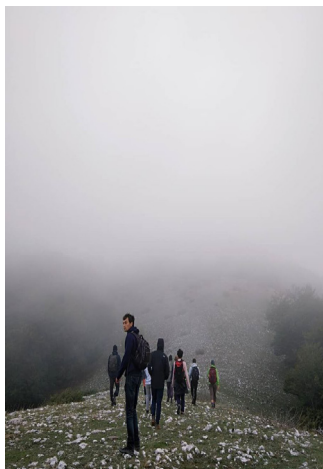
Max cost refunded for arrival and departure journey is 275€

The travel ticket will be booked from the volunteer and refunded by the coordinating organization. All tickets, invoice, boarding must be save and present to be refunded.



ACCOMODATION AND FOOD

Volunteers will be located in two apartments (2 volunteers for each) base in the village of Roccantica, the house will be not furnished of wifi but they could manage to have connection with keys or sim traffic with mobile, more over the bar and the municipality have fee connection. The will receive a monthly pocket and food money of 280€ to self manage food, all the hosting charge will be coved by the project. During activities and camps food will be provided from the organization.



Different moment and activities of the last ESC project 2019

To get CANDIDATE SEND MOTIVATION LETTER AND CV to

info.cognolorefuge@gmail.com

THANKS

ALA' s Organization team