



KALAMATING AROUND

AN ULTIMATE GUIDE FOR VOLUNTEERS

From volunteers
to volunteers

ACTIVITIES
LIFESTYLE
MUST DOs
REVIEWS
TIPS
TRIPS

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EDITORIAL



This is a page for KANE'S stuff - logos etc, we have to ask precisely what needs to be put here.



INTRODUCTION

Hello! First of all, welcome to Kalamata! We prepared this guide for you, so you will have a lot of information about this city and Greece in general! If you want to find a supermarket, grab a coffee or consider a trip to another city, everything is here to help you! We gathered a handful of useful tips and good plans so that you have a perfect stay here.

Firstly, when you arrive in KALAMATA you need to know where is your new home and where to buy food. We will also explain you how to find other important places like K.A.NE.'s office or the Youth Centre, where we spend a lot of time!

Then, to have a good stay and discover Greek culture, you need to eat Greek food at the restaurant and grab a coffee! Thereby, we have chosen the best places in Kalamata to find your gastronomic happiness.

Once you unpacked your suitcase and your belly is full of delicious Greek food, you are ready to walk around Kalamata! We will introduce you to the best places to have a walk or to rest with a beautiful view and we will suggest you some great ideas to spend your free time! And of course, we encourage you to discover by yourself other places while walking through the city.

Now, you're ready to explore all of the cultural richness of the region - we will suggest you places to visit in the city and all around the Peloponnese! Use your free time to discover other cities around here - there are a lot of amazing places nearby and we chose the best ones for you!



We hope you will find all you need in this guide, have a good time in Kalamata and enjoy your stay!

Καλή ανάγνωση! 😊

WHERE AM I?

Check out this map to quickly get a hanging of where you are! The bus station is in the north of the city and you will most probably arrive just there. Don't worry, someone will pick you up!

If you go southwards, you will reach the Youth Centre (check chapter 5!) and the houses of the volunteers. Proceeding southwards down the Aristomenous Street (the main street of Kalamata, it crosses the city in the middle), you will get to the office, which is right next to the harbour and, finally, the sea!

Kalamata is easy to walk through, it will take you no longer than 30 minutes to get from the KTEL bus station to the beach :)

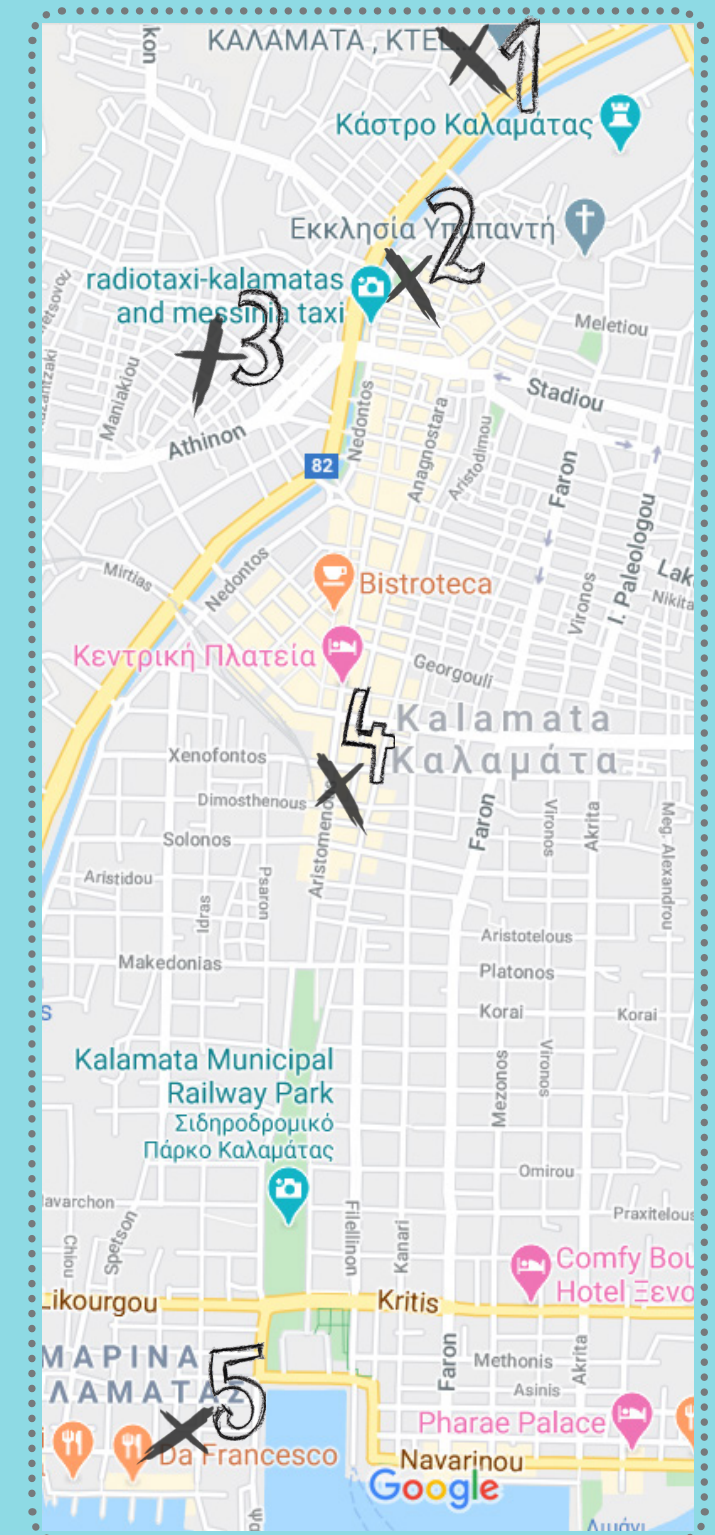
1 KTEL Bus station
Artemidos 58 (Αρτέμιδος 58)

2 Youth Centre
Pl. Othonos (Πλατεία Όθωνος)

3 Bouloukou House
(for short-term ESC)
Bouloukou 27 (crossing with Eleavoulkou)
(Μπουλούκου 27, crossing with Ελαβουλκού)

4 Aristomenous House
(for long-term ESC)
Vasilissis Sofias 1 (crossing with Aristomenous 77)
(Βασιλίσσης Σοφίας 1, crossing with Αριστομένους 77)

5 K.A.NE.'s office and hotel
Salaminos 8 (Σαλαμίνος 8)



SHOPPING TIME

Kalamata is quite a big city with loads of different shops selling all sort of things. You will be able to recognise some big international brands, but if you know where to look, you can also find some local companies selling great quality products.

SUPERMARKETS

There are some big supermarket brands in Greece that you will find everywhere. The supermarkets and big chains shops are open daily between 07:00 and 21:00, they just close at 20:00 on Saturdays and are closed on Sundays.

Supermarkets are very useful, but remember that buying local is often cheaper and better quality!



ΣΚΛΑΒΕΝΙΤΗΣ ("sklavenitis")

Here you can buy mostly food (also fresh) and drinks, but also some cosmetics and cleaning supplies.



AB ("alfa vita")

Here you can also buy food (including fresh) and drinks. They usually sell more diverse products and in the big one there is a huge section of cosmetics, cleaning supplies and home decoration. There are a lot of good offers.



LIDL

A cheap supermarket brand that you probably know from your country :) It's the cheapest among "big" supermarkets, but you won't find many local Greek products here.



JUMBO

Address: Psaron 154
Opening hours: Mon-Fri 09:00-21:00;
Sat 09:00-20:00; Sun CLOSED

Here you can find anything that you possibly need and the price will be very cheap. There are clothes, home decorations and supplies, stationery, cosmetics, toys and snacks. If you need a notebook, batteries or an umbrella, that's your place.

Unfortunately, the quality of the products will probably be very low! There is even an expression that something is of "Jumbo quality", meaning it's rather bad. We encourage you to explore Jumbo as it can be extremely useful (check the cleaning supplies there!), but it's good to check other stores as well.



You're ready to go, but first... remember - you are in Greece!

That means you should remember the opening hours for most of the local shops that (of course!) include the siesta time :)

The shops in Kalamata are open:

On Mondays, Wednesdays and Saturdays the shops are open in the mornings 08:00-14:00.

On Tuesdays, Thursdays and Fridays the shops are open in the mornings 08:00-13:30 and then they open again between 18:00-21:00.

On Sundays almost all of the shops are closed.

OPEN MARKET



The local market is a very important place for the people of Kalamata. **Every Wednesday and Saturday mornings** most of the city comes here to buy local, fresh food. You will find here fresh meat, seafood, eggs, honey, cheese, Kalamata olives and figs olive oil, all sort of fruit and vegetables, nuts, herbs... All produced by the local farmers. It's a vibrant place full of people - an amazing opportunity to interact with locals! In most of the stands you will find excellent quality food in a very good price. And lots of times you will be offered an orange or two for free, as Greeks are extremely generous!

Some places like butcheries or regular shops are open during the week, but most of the stands are only there on Wednesdays and Saturdays.

Address: Spartis 31



SHOP LOCAL!

Do not hesitate to explore small shops selling local products! Kalamata is an extremely vibrant in terms of small family businesses selling handmade, local creations or traditional food. Look around and you will notice many tiny shops selling sweets, pita, coffee beans, nuts, spices, clothes, souvenirs... There are also several "1 euro" shops around Kalamata, one of them located on the main square right in front of the library!

SPICES

Μπαχαρι ("Bachari")

All of the spices, grains, rice, pasta... in one place!

Address: Germanou 5-7



SWEETS



Λάμπρος ("Labos")

Come here if you dream of delicious sweets or fancy alcohol!

Address: Vasileos Georgiou 3

Χρυσάνθη ("Chrisanti")

An amazing, tiny bakery with traditional Greek sweets (often with healthy substitutes for sugar)

Address: Ithomis 8



MEAT



Οικονομακος Αλλαντικά ("Ikonomakos alladika")

It's a small shop with a long history selling traditional food; buy a Greek sausage with orange here!

Address: Ithomis 12

Ευμάρεια ("Evmaria")

Authentic Greek flavours and handmade products and creations from Messinia! It's a shop with authentic, high-quality local products to take with you back home!

Address: Navarinou 33



SOUVENIRS



Μανεττας ("Manetas")

Did you know that Kalamata used to be famous from its fine silk products? Here you will find excellent local silk scarves!

Address: Navarinou 89

BIKES

The Basement Bike Shop

One of the first things that you spot in Kalamata is... everyone rides a bike. If you want to buy one or need to fix it, we recommend you this place.

Address: Nedontos 64



CLOTHES

Second Hand shops

If you need some new clothes, check out the second hand with the clothes per kilo on Sfaktirias 19 or go to the Vintage Corner on Aristodimou 52



"ΠΙΤΑ ΣΟΥΒΛΑΚΙ" THE BEST PITA PLACES

Τζιμης ("Jimmy's")

A MUST-SEE! It's the most famous pita place in Kalamata, located in the very heart of historical centre.

Address: Mpenaki 1



Ο Παναγιωτης ("At Panagiotis")

It's one of those places that you won't find in the tourist guide. Amazing place to eat a cheap and tasty traditional souvlaki or beeftaki and enjoy the company of locals!

Address: Epitou 12



KIOSKS - 24h and open on Sundays

Once you start walking on the streets of Kalamata, you will notice a lot of big booths selling mostly sweets and drinks. They are called kiosks and it's useful to know where they are, as they are usually open in the nights and on Sundays!

TIP! Try to spot the closest ones to where you live soon after arriving to Kalamata. There's plenty of them especially around the main Aristomenous street and the seaside!



Pharmacies

There are plenty of them in Kalamata, so don't worry if you get sick. There is always at least one pharmacy open in the night and on weekends, you can check which one is "on duty" on this useful website: <https://www.vrisko.gr/en/pharmacy-duties/kalamata/>

TOP 5

CAFES AND BARS

La casa del cafe

Price: €
Address: Aristomenous 79-80
Opening hours: 6:00-00:00
Cafe bistro, healthy street food, takeaway and delivery. Try their delicious traditional Greek coffee!



Athanasiou

Price: €€
Address: central square
Trianon (there are a few in Kalamata)
Opening hours: 7:00-23:30
If you want to try Greek dessert, this is your place!
You will find very good traditional sweets and bread here.

Street coffee

Price: €
Amazing place very close to the main square, where you can enjoy a shade while drinking your Saturday morning coffee (try the cappuccino here!) and watch the crowds walking up and down Aristomenous Street. Get ready for inspiring conversations with the owner, who is also a local artist!



Stolidi Ena

Price: €€
Address: Aristodemous 97
Opening hours: 9:00-23:30, Sunday: 10:00-23:30
this cafe is a place with an original and charming decoration. You can discover good pastries here!

Cafe sante

Price: €
Address: Pl. Othonos
Opening hours: 8:00-23:30 (sometimes longer ;)
warm environment near the Youth Centre, good place to drink a coffee or a tea during the day and have some drinks the evening!



Route 66

If you want to have a party, it's a great place to dance all the night!
Price: €
Address: Amfias 26
Opening hours: 22:00-8:00

Fox trot

This bar is a lovely place! You can drink some good cocktail in a beautiful setting.
Price: €€
Address: Valaoritou 1
Opening hours: 8:00-23:30



Kyttaro

Perfect place if you want to drink something and listen to rock music!
Price: €
Address: Amfias 12
Opening hours: 21:00-4:00



Tricky bar

This bar in front of the beach has a good atmosphere! You can drink cocktails and watch the sea at the same time.
Price: €€
Address: Navarinou 161



Mamra

Very traditional and warm restaurants/bars.
Price: €
Address: Χρήστου, Koumantou 7, Kalamata 241 00
Opening hours: 24/24hours



Greek food is delicious, try to try traditional dishes. Here we choose some restaurant where you will find the best food of Kalamata!

RESTAURANTS



1

Manam

you can't live in Kalamata without eating in Manam. It's the best restaurant to try traditional Greek food and enjoy local artists playing live music!

Price: €€
Address: Kapetan Krompa 8
Opening hours: 8:00-2:00

2

Nikitas

this place is very good to eat some cheap Greek lunch, especially try the pita!

Price: €
Address: Sparti 39-45
Opening hours: 7:00-0:00 (Sunday : 18:00-0:00)



4

Platenos cafe taverna

one more traditional restaurant with a lovely and warm environment!

Price: €
Address: Artemidos 84
Opening hours: 09:30-00:30 (closed on Monday)

3

Thiasos

traditional restaurant with Greek dishes! Cooked with fresh products and it's cheap!

Price: €
Address: Ipapantis 3
Opening hours: 8:00-1:00 (closed on Monday)



5

Kardamo

Typical Greek dishes reworked in a more modern way

Price: €€
Address: Sidirodromikou Stathmou Square 21
Opening hours: 13:00-01:00



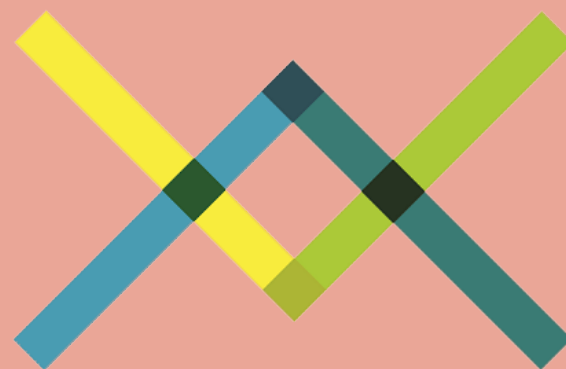
THE YOUTH CENTRE

The Youth Centre of Kalamata (Kentro Neon Kalamatas) is a special place created by the young people for the sake of young people and the entire local community. It is based completely on a volunteer's work. The Centre aims to offer learning opportunities and social empowerment without the inclusion of economical trades. It started as K.A.N.E.'s initiative but exists now as an independent body.

More specifically, the Youth Centre offers many very cheap workshops on a daily basis and special events every Wednesday evening: sometimes it's a cultural event, sometimes a movie projection, an exhibition or clothes swap! There is also a library with books in different languages.

The Youth Centre offers:

- skills exchange workshops in main four areas: linguistics, sports, arts and music
- cultural events and exhibitions
- projection of movies and documentaries
- bookcrossing point
- information point for volunteerism abroad with Erasmus+
- place for relaxation and creation
- free space for the local youth
- free Wi-Fi :)



KENTRO NEON

KALAMATAS

Address

Plateia Othonos 10

Telephone

+30 27211 10740

E-mail

info@kentroneonkalamatas.gr

Website

<https://kentroneonkalamatas.gr/en/home-page/>

Opening hours

Monday-Thursday 17:00-22:00

As K.A.N.E.'s volunteer you can contribute by creating your own workshops and trying yourself as a teacher! But you can also participate in existing classes for free :)

😊 OPPORTUNITIES:

Participate at various events

Try a new sport

Discover creative activities

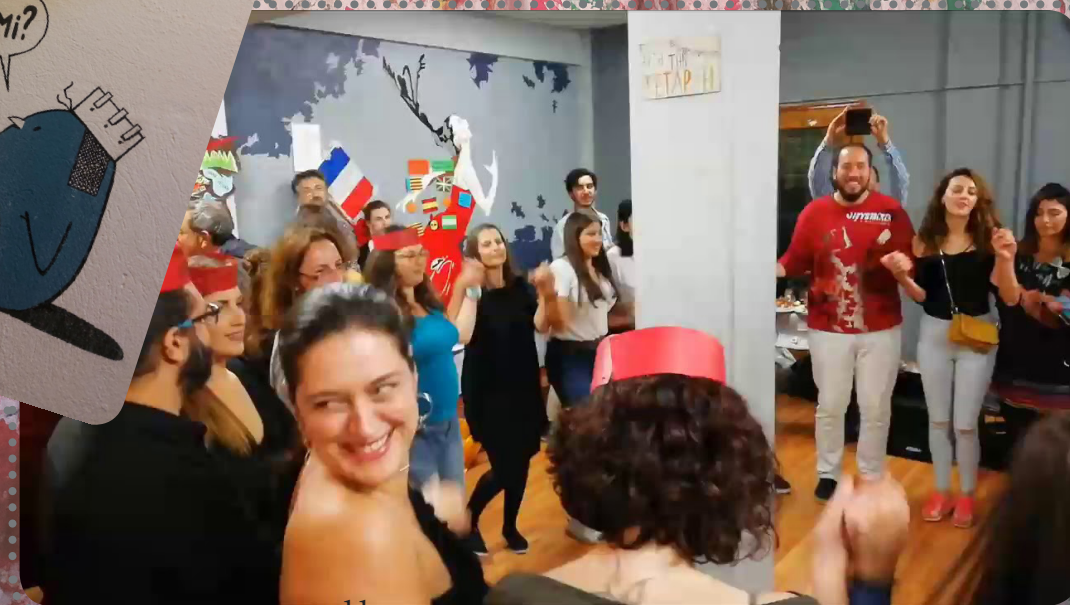
Meet new people

Learn new languages or improve the ones you know already

Get to know the local community better

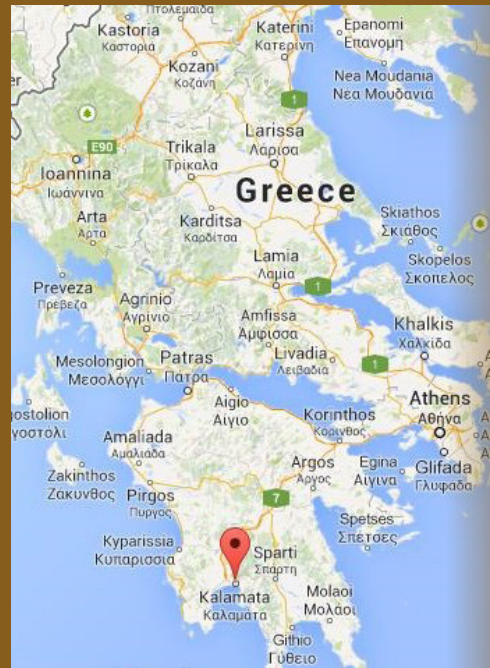


The Youth Centre is a place for creation, culture, social and intercultural interaction, open for everyone!



VISITING KALAMATA

The capital and central port of Messenia, Kalamata is a place with a long history, but most of the buildings you will see here are new. That is because in 1986 Kalamata suffered a strong earthquake that destroyed a big part of the city. Fortunately, Kalamata was successfully rebuilt and it is currently a region world-wide famous from producing excellent quality olives and olive oil.



Read more about Kalamata on these websites:

http://www.visitgreece.gr/en/main_cities/kalamata
<https://www.picturesque-peloponnese.com/kalamatacity.html>



Tourist Support Office



In the former City Hall building, on the left just as you enter you will find a Tourist Office. They can provide you with information, free guides, free postcards and will offer you help to plan your travels.
 Address: Aristomenous 28

FESTIVALS



International Dance Festival

Organised by the city's International Dance Centre, promotes the art of dance. Kalamata is known in Greece from its many amazing dancers! Takes place annually in the summer.
<http://www.kalamatadancefestival.gr/>

Kalamata Street Festival

Non-political, non-religious festival based on volunteerism and self-funded. It offers an open space to young artists to present and promote their work. Organised and coordinated by K.A.N.E. since 2009 and the Youth Centre of Kalamata. Takes place annually on the last weekend of July.
<https://www.streetfestival.gr/>



Peloponnisos International Documentary Festival



Organised by the Creative Documentary Centre of Kalamata, takes place annually in January in many cities all around Peloponnese. Many creators from all over the world can present their work here.
<https://www.peloponnisosdocfestival.com/en/profile/>

Free admission days for PUBLIC museums in Greece:

6 March (Memory of Melina Mercouri)
 18 April (International Monument Day)
 18 May (International Museum Day)
 5 June (World Environment Day)
 the last weekend of September (European Days of Cultural Heritage)
 27 September (International Tourism Day)

Greek official holidays: 6 January, Orthodox Good Friday, Saturday and Monday, 15 August, 28 October
 Every first Sunday of the month from November 1st to March 31st

You are also privileged for a free admission if you are a student from EU under 19 years old.

MUSEUMS

Victoria G. Karelias Collection of Greek Traditional Costumes

It's a private museum with the collection of Greek traditional costumes that comprises of "a large number of complete outfits, as worn by women and men, from all regions of Greece, a considerable number of gold-embroidered overcoats, excellent pieces of work of the terzides, as well as pieces of jewelry".

Cost: €5

Address: Stadiou 64

Opening hours: Tue-Fri 9:00-14:00; Wed and Sat 17:30-20:30 pm; Sun 10:00-13:00

<https://vgkareliascollection.com/en/>



Historical and Folklore Museum of Kalamata

Enjoy exhibits pertaining to rural life and traditions, from weaving and farming to art and pottery. There are even examples of bookbinding and presswork, in addition to a replica of a traditional coffee shop and pre-industrial life.

Cost: €3

Address: Agiou Ioannou 12

Opening hours: Tue-Sat 9:00-13:00, Sun 10:00-13:00



Archaeological Museum of Messenia

The museum building is located in the heart of the historic center of Kalamata, where the busy Municipal Market of the city used to be. The exhibition aims to display the antiquities of Messenia from the Prehistoric times until the Byzantine era in the most complete way and it's divided in four old geographical provinces of Kalamata, Messene, Pylia and Trifylia.

Cost: €3 (€2 reduced)

Address: Agiou Ioannou 3

Opening hours: Mon 13:30-20:00; Tue-Sun and holidays 8:00-20:00

<http://archmusmes.culture.gr/eng/main.html>



Museum of Military History

This museum's displays depict Greek military history from the Turkish occupation to the Greek Resistance to Nazi occupation and 21st-century peacekeeping efforts through grisly paintings, photos and ample displays of uniforms and weaponry.

Cost: FREE

Address: Mitropolitou Meletiou 10

Opening hours: Tues-Sat 9:00-14:00, Wed 18:00-20:00, Sun 11:00-14:00



Castle of Kalamata

The castle of Kalamata stands on a low rocky hill to the north-west of the city. An ancient acropolis existed on the hill before the Trojan war, and later a Byzantine fortress, but the ruins we see today are the remains of the castle that was rebuilt there at the beginning of the 13th century, during the Frankish occupation. Unfortunately after the earthquake of 1986 the castle was heavily damaged and its many parts are still listed as dangerous, but after renovation it's possible to visit some parts of it.

Cost: €2

Address: Sparti 28

Opening hours: Tue-Sun 08:00-17:30

<https://www.picturesque-peloponnese.com/kalamata.html>

SIGHTSEEING

The Church of Agioi Apostoloi

Standing in the very heart of the historical centre of Kalamata, Agioi Apostoloi is a Byzantine church built in 1317. On Wednesday, March 23 1821, Theodoros Kolokotronis, together with the other leaders and Greek warriors liberated Kalamata from the Turks and assembled with the population and the clergy in the square of Agio Apostoloi, where the first Christian mass was said on free Greek territory after 400 years of slavery. In this church the Greeks took an oath of loyalty to the revolution. The church suffered a lot of damage after the earthquake of 1986, but was successfully restored.

Address: 32 Stadiou



Please remember!

The opening hours vary. If you want to visit the churches inside, remember to dress properly and respect it as a place of worship!

Cathedral of the Ypapanti

This is the Cathedral of the Messinian capital, a magnificent Byzantine-style church, built in 1839 and inaugurated in 1879. The Holy icon of the Virgin Mary (Ypapanti) is located here and is celebrated every February 2nd. As the Virgin is the patron saint of Kalamata this is a major celebration and local holiday.

Address: Alexandraki



Kalamata Municipal Railway Park



It is the only open-air museum of its kind in Greece. It serves as a public park, but with an open-air exhibition of seven steam locomotives and one diesel wagon, a manual crane from 1890, two drezines, eight passenger vehicles from 1885, eight trucks of various types from 1885-1947. The old platforms, rails and a pedestrian bridge are also preserved.

The park is located close to the harbour, where the old railway station used to be. It's a great place to spend free time watching the fountains from the benches!



The Kilometer and the Port



The best place to watch stunning sunsets over the Mediterranean Sea! With the calming view of the harbour full of small fishing boats and monumental Taygetos mountains behind you... We would also highly recommend to walk along the breakwater called the "Kilometer" and feel the sea surrounding you.



The seaside road - Navarinou



The seafront road along the city's extensive beach is 4 km in length along the Navarinou Street with marvellous water. On the beach of Kalamata you can swim in crystal clear waters and enjoy the sand and pebble beach. Along the front there are many tavernas, restaurants, cafeterias, bars, clubs and places where you can enjoy all kinds of water sports. Also when swimming you can look at the magnificent Taygetos mountain range towering above the water.



USEFUL INFO:



Take a bus number **1** to go from the city centre to the beach. The bus goes every 15 minutes from 06:30 to 22:30 and the ticket costs €1,10 (or €1,20 from the bus driver).

Looking for inspiration? Check out this Instagram account about Kalamata!

@visitkalamata



IMPORTANT NUMBERS

REMEMBER! The area code for Greece is +30.

2721046000, 2721363000 - Hospital
2721044681 - Tourist Police
2721044600 - Police
166 - National Center of Emergency Aid
199 - Fire Department
2721060700 - Municipality of Kalamata
2721086868 - Greek National Tourist Organisation - Messinian Office
2721028581 - KTEL long distance bus station
2721063800 - Airport



ACTIVITIES

Boat trip

ALBATROS II

Price unknown; day and night cruises around Messinian gulf

Tel: +30 6945984618

Website: www.kapouleascruises.gr/en/

Ellinas Yachting

(40-60€ per day, depending on the season; rent a boat and swim wherever you'd like)

Tel: +30 2721778662

Website: www.ellinas-yachting.gr

My Green Life

(price unknown; cruises around Messinian gulf, day and night, events, water sports, sailing/fishing practice)

Tel: +30 6977464602

Website: www.messiniasailing.com

COST:
€€€

Diving

Kalamata Dive Center

Center (€€€; various diving classes - for beginners and advance divers)

Tel: +30 6980575721

Website: www.kalamatadivecenter.gr

Freediving Club Greece

(more professional diving courses)

Tel: +30 6977808648

Website: www.freediving-club.gr

COST:
€€€

Hiking club

COST:
€-€€€



Climb up

(€€€; mountain hiking trips and rock climbing)

Tel: +30 6973342282

Website: www.climbup.gr

Alpine Club of Kalamata

(€; local hiking club, they organise and excursion every weekend, different difficulty levels and different destinations)

Tel: +30 27210677716580

Website: www.eoskal.gr

Cultural activities



Library

Here you'll be able to find computers with free access to internet, a huge range of Greek language books as well some other in different idioms, such as English, that you can borrow. Working also as a shows room, sometimes there are theater roleplays taking place here.

Working hours:

-Monday to Friday: 08:30-14:00

-Monday & Thursday: 17:00 – 20:00

Cost: Free

Kallitexniko Steki

An association that exists to promote culture and art in its various forms. They organise some workshops, exhibitions and other events.

Website: <https://www.facebook.com/kallitexnikos-tekikalamata/>

Cafe cinema

It's a cafe that organises an open space movie screenings on summer evenings.

Tel: +30 2721 091800

Website: <https://www.facebook.com/Cafe-Cine/>

Cinema

Cine Center Kalamata

There is nothing like watching a movie at the cinema room, and in Kalamata you can have that as well. Usually having some of the most famous movies in the cinema rooms, you may find the sessions' days and timetable at their website.

Cost: €€

www.cinecenterkal.blogspot.com/

Municipal Theatre of Kalamata ΔΗ.ΤΕ.ΘΕ.Κ. (DIPETHEK)

Watch Greek plays and have some fun.

Address: Dimosthenous 2

Website:

Cost: €€

COST:
FREE-€€

ACTIVITIES

Sport

Ippikos Omilos RIDING CLUB

this equestrian center offers horseback rides to the sea!

Tel: +30 6972827347

Website: www.ippok.gr

Cost: €€€

COST:
€-€€€

Tennis Club Kalamata

Tel: +30 2721020553

Website: www.kalamatatennis.gr

Cost: €

Kalamata Beach Volley

Tel: +30 27 210620 65

Website: <https://www.facebook.com/kalamatabeachvolley/>

Cost: €

Explore Messinia

A lot of activities are offered with Explore Messinia like sea kayaking, hiking, rafting, river trekking, canyoning, cycling.

Tel: +30 6971897640

Website: www.exploremessinia.com

Cost: €€€

They are a lot of sports activities to discover and practise in Kalamata ! It's also a good way to meet new people.

Entertainment

COST:
€-€€€

Bandapart Recording Studio

This is the music recording studio of Kalamata but not only. Here, every Saturday night, there is a live tiny concert inside their recording room. From rock to indie, pop to electro the diversity of Greek bands playing here is huge. Follow their Facebook page in order to know the concerts they have planned.

Cost: €



Bowling

Cosmic Bowling Kalamata

A great place to have some fun and big laughs, the bowling room is the perfect place to hangout together with all the other volunteers.

Cost: €€

Board Games Φίλοι Επιτραπέζιων Καλαμάτας ΦΕΚ

Located on the right side of main entrance to the Railway Park (at the bottom of Aristomenous street), this is the ideal place to have some fun with you fellows while playing board games and having a nice drink. The options are many, for every likes.

Cost: €

Addictive Flights PARAGLIDING

If you're brave and want to have a great experience, paragliding is also an activity offered in Kalamata!

Tel: +30 6947602339

Website: www.paraglidingkalamata.gr

Cost: €€€

Paintwar Arena

Tel: +30 6982483387

Website: <https://www.facebook.com/painballkalamatas.paintwararena/>

Cost: €€

Kart Kalamata

Tel: +30 2721091351

Website: www.pista-kart-kalamatas.webnode.gr

Cost: €€

TRAVELLING AROUND



TRANSPORTATION

There are several means of transportation, from bus, boat, airplane, car, bicycle or simply walking, any of them is suitable depending on the amount of time and money that you can spend.

You are now in Greece, the weather is warm, people are great and so are all the places around this country. Therefore, you want to travel around. In this chapter you'll see some great tips that you may like to check while enduring your great adventure in Kalamata.



In case you would like to travel to places that aren't easy to reach by any other means of transport, this is definitely the best and cheapest option if traveling with your adventure fellows. You may find several and different rental companies at the airport of Kalamata but be aware that, most probably, you will need to be over 21yo, to have a valid driver's license and a Credit Card, which they will use to charge you the rental amount as well block a deposit during the rental period. Deposits may vary according to the company. The best option might be to rent the car at AVIS/Budget office (at the bottom of Aristomenous street). Even though the price per day is usually slightly higher, the deposit is very low, and the staff is super friendly.



The best two options for you to travel are Kalamata's and Athens' airports. Depending on the season, you might get good deals in land flights for a small amount of money, and of course, way faster.



Ideal to travel to islands for less money, but usually the trips are quite long. Some of the most important ports that can take you to the amazing Greek islands are: Piraeus; Killini; Igoumenitsa; Volos; Agios Konstantinos; Patra; and Gythio.



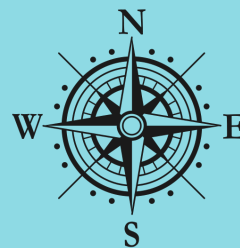
There are couple of Bus Terminals that you might use, however, the two most important during your stay in Greece will be KTEL Kalamata and KTEL Athens. From KTEL Kalamata you can catch the bus not only to Athens and other cities in Peloponnese but also the regional/ local buses that can take you to the nearest villages and towns.



Not suitable for all, but it is also an option. Surely the cheapest one, the only rule for this mean of travelling is: "Let's go where they go.". In Kalamata there are 3 main spots ideal for getting a ride, depending on the direction and place you are heading.

Going to Sparta/Taygetos
At the beginning of EO82
Sparta road.

Going West/North
At A55 (in front of LIDL)



Going East
At the roundabout in front of Hotel Fotini (at the end of Navarino road).

PELOPONNESE

One of the most unique and amazing regions in Greece, this is where Kalamata is located. Most probably, this region is where you will live the most of your travelling experiences. This peninsular area is full of historical sites, as well places with the great Nature's splendor.

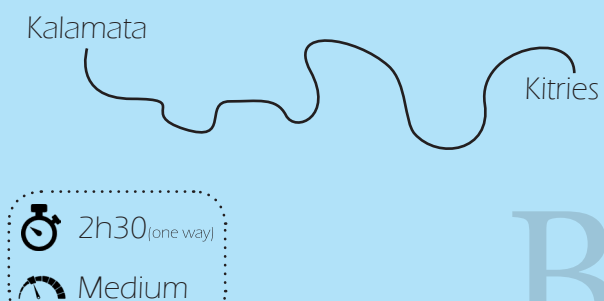
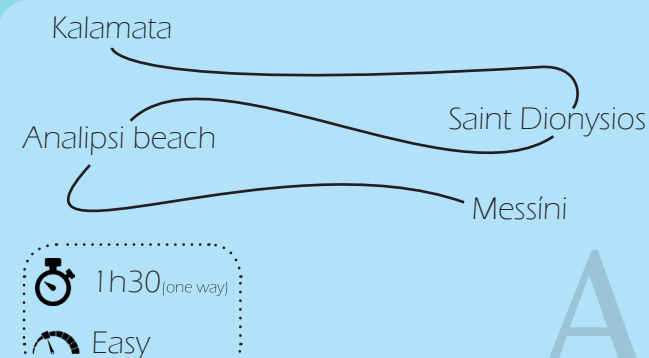
Half day adventures

Cycling, hiking or simply walking, there are couple of places not far from Kalamata where you can go if you didn't manage to wake up before lunchtime and still have lots of fun while discovering amazing places and people.

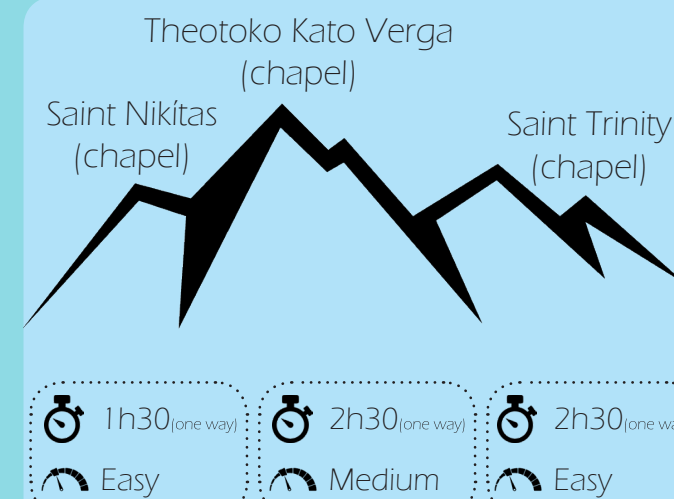
1 day adventures

Keep the following names in mind - Mani and Lankonia. Those are two subregions in south Peloponnese full of beautiful places and villages where you may departure by morning from Kalamata and be back by the end of the day.

CYCLING



HIKING



TOWNS



NATURE



HISTORICAL SITES



2 Days Trip

If by car, you might want to go on a roadtrip on your days off to check some of this beautiful roads.

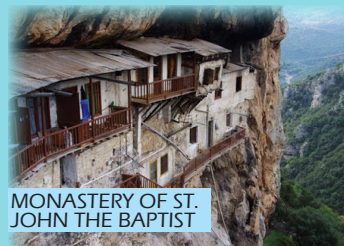
ROUTES

Kalamata — Pylos — Methoni — Koroni

Kalamata — Areopoli — Kokinogeia — Gytheio — Sparta

Kalamata — Church Agia Theodora (Megalopoli) — Dimitsana — Stemnitsa

HISTORICAL SITES



NATURE



3 Days Trip

Long weekend ahead without plans? Don't worry, check the following routes to travel for 3 days.

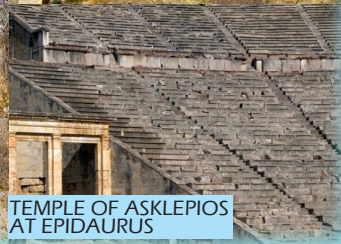
ROUTES

Elafonisos — Monemvasia — Gerakas Port

Gialova — Patras — Tripoli

Ermioni — Korinthos

HISTORICAL SITES



THIS IS GREECE

Because Greece isn't just about Peloponnese, surely you will be up for traveling all around the countries in order to find more about the amazing landscape and cultural diversity. From the North to South, from East to West sailing over the seas to the beautiful Greek islands, here you find some of the places that everyone talks about.

sources: visitgreece.gr

CITIES

Nafplio

Because Greece isn't just about Peloponnese, surely you will be up for traveling all around the countries in order to find more about the amazing landscape and cultural diversity. From the North to South, from East to West sailing over the seas to the beautiful Greek islands, here you find some of the places that everyone talks about.



The bustling student city. A place where entertainment, history and culture mingle together to create a destination filled with wonderful discoveries.

Patras

Athens

Athens is the historical capital of Europe, with a long history, dating from the first settlement in the Neolithic age. A unique, splendid monuments – a rare historical palimpsest.



The second largest city of Greece, it is a modern metropolis bearing the marks of its stormy history and its cosmopolitan character, which give it a special beauty and charm.

Thessaloniki

Ioannina

The capital of Epirus, at the beautiful Lake Pamvotida. The natural environment, the climate and character of the town are defined by this stretch of water – the area's trademark.



HISTORICAL SITES

sources: visitgreece.gr



Meteora is the biggest and most important group of monasteries in Greece after those in Mount Athos. The rock monasteries have been characterized by UNESCO as a unique phenomenon of cultural heritage.

Meteora

Thebes

Modern Thebes is built right on top of the ancient city. Many remains of the ancient city are visible around the modern city, along with few parts of its fortifications built with big boulders on natural rock.



Beautiful pedestrian walkways entice the visitors for a stroll, a coffee and shopping, with monuments, museums and historical sites surrounding the city. Ancient Korinthos is 9 km north-west of the modern city. You can see the ruins at Pirini fountain, the courtyard of Apollo, the temple of the goddess Tyche (Fortune) or Apollo Klarios, the stores in the agora, the temple of Apollo, the ruins of the theatre and the Lerna fountain.

Korinthos

Delphi

According to mythology, it is here that the two eagles sent out by Zeus from the ends of the universe to find the navel of the world met.



Visit the mystical tower town of Mystras, near the city of Sparta, and let yourself be captivated by this destination's medieval splendour. Wander around the castle city and sense through the silence the city's sheer grandeur.

Mystras

NATURE

sources: visitgreece.gr



Mount Olympus is Greece's highest mountain and the home to the Gods of Greek mythology. The mountain is rich in tree and plant life, supporting over 1700 species, some very rare.

Olympus Mountain

Parnassos Mountain

It's a famous winter destination and one of the highest mountains in Greece. It is an ideal destination where you can enjoy the warmth of Greek hospitality and views of some picturesque villages in an alpine landscape.



The landscape changes colours at the turn of each season making it all the more captivating. Nestled in between forested mountains it makes an ideal destination for you to relax and take a long walk in nature.

Lake Doxa

Taygetos

Mount Taygetos has the tallest peak (Profitis Ilias - 2,407m) in the Peloponnese. Its east face is full of streams, forests and small fertile plateaux, and the west face with barren slopes and dry gullies.



The name of the mountain refers to its barren, rocky and colour filled terrain. It was said in ancient times that the mountain was the home and birthplace of the god Hermes.

Mount Kyllini

ISLANDS

sources: visitgreece.gr

Crete

It's the largest Greek island. It's known by its genuinely friendly people as well as all the splendid beaches, ancient treasures and breathtaking landscapes. Here you can admire the remnants of brilliant civilizations, explore glorious beaches, impressive mountainscapes, fertile valleys and steep gorges, and become part of the island's rich gastronomic culture.



Naxos

The biggest and the greenest island in the Cyclades. It has high mountains, fertile valleys, lush green gorges, stunning seascapes and traditional villages perched high on mountain tops.



Santorini

Famous for its seaside treasures, deep blue waters and beaches with white, red or black sand or volcanic pebbles, spectacular rock formations and impressive lunar landscapes. A visit to Santorini is also the ultimate gastronomic experience.



Mykonos

Greece's most famous cosmopolitan island, a whitewashed paradise in the heart of the Cyclades. Stroll around its narrow marble streets and admire whitewashed houses with colourful doors and window frames, bougainvillea trees in purple bloom and hidden churches.



