

**23-27 MARCH 2022**  
**ROMANIA**

Co-funded by the  
Erasmus+ Programme  
of the European Union





# ABOUT TARGU-JIU

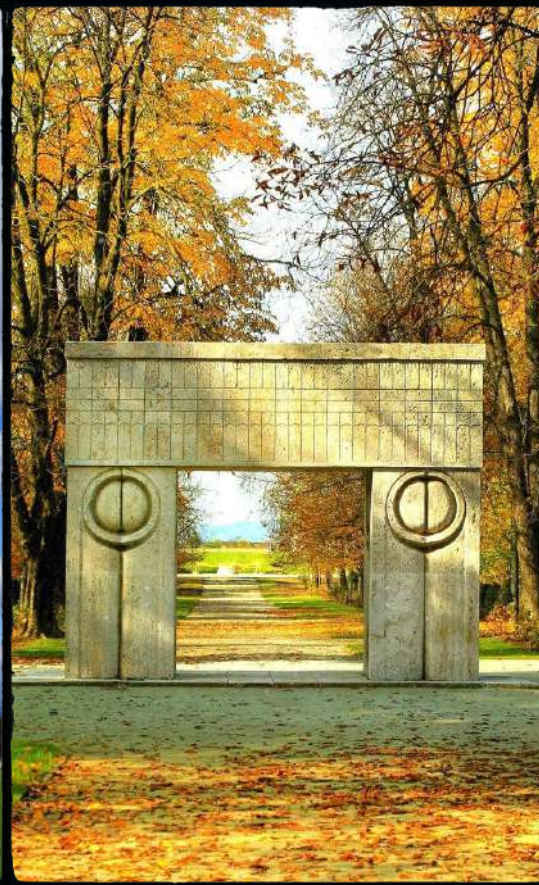


A former Roman settlement, the city of Targu Jiu lies at the foothills of the Carpathian Mountains, on the banks of the river Jiu. Inhabited since Paleolithic times, the region of western Oltenia was of strategic importance to the Romans. The area provided direct access, through one of the most spectacular passes in the Carpathians, to present-day Transylvania, the heart of the former Dacian Kingdom.

The Jiu River valley was the scene of heavy fighting during World War I and World War II. Here, in a monumental ensemble, Brancusi created three sculptures as a memorial to the 8,500 Romanian soldiers who died defending the Jiu Valley from the advancing German army







Constantin Brancusi, one of the most influential modern sculptors of the 20th century, was born near Targu Jiu, in Hobita. Although he lived and worked for most of his life in Paris, his legacy is also preserved in Romania, in the city of Targu Jiu.

Targu Jiu is also the capital of Gorj County, a region of rolling meadows, grassy hills and mountain scenery with plenty of natural and cultural attractions to explore. Tiny towns and villages dot the county, and contain some marvelous traditional architecture. Several spa towns and monasteries high in the mountains make for popular excursions.



# ABOUT THE TRAINING

Training of Trainers on Sport event for coaches, trainers, and volunteers involved in physical activities/sport in their communities as we think that they are the key in restoring the levels of physical activity/sport activities done in European Union before Covid19 and also reverse the trend of doing less or no sport due to social distancing.

The TOT on Sports is designed on transferring skills to coaches, trainers, youth workers and volunteers involved in physical activities/sport in their communities in order for them to be able to promote education in and through sport with focus on skill development for people in 5 regions of Europe. Sports will become the vehicle of developing local communities in the long run by shifting the focus from only physical activity to sports and skills for life.

## Practical information

- dates:23-27.03.2022 (3 days for activities, 2 days for travel)
- place:Targu-Jiu, Romania
- number of participants: -each organization will send 5 participants (+18 years old) that should be youth workers/volunteers in the sending organization or at least they have a connection with it; each partner has the responsibility to prepare the participants before the training
- all the participants should be fully vaccinated (Green Certificate)
- each country team needs to prepare a short presentation-5-7 min (you can choose the format) about the situation regarding sports during the pandemic in their country
- each country team needs to prepare a workshop/activity-1h-in order to share best practices of doing sports during Covid from the organization/community/country
- for this meeting each organization will be responsible to arrange their transport, and the host organization will manage the accommodation, food, activities;





# TRAVEL

Closest and most convenient airport is **Bucharest**. From Bucharest to Targu-Jiu you have several options to travel. In the following you will find out about each option.

## How to get from Airport to North Train Station

**By bus:** from the airport you can take bus no. 780 (direction Gara de Nord/Basarab) until the stop called "Gara de Nord"/North train station. In order to take the bus, you have to go down one level from the arrivals hall and go outside.

The bus station is just in front. On your right you will see a kiosk. From there you have to buy a card (called "active card") and you have to charge it in the kiosk with the necessary amount for the tickets you want. Price for one trip is 3,5 lei (less than 1 Euro). The magnetic card valid for two travels costs 7 lei. Bus 780 leaves you just in front of the North Train Station.

**By train:** trains run 24 hours a day, every 40 minutes. The duration of the trip is approx. 20 minutes. The price for 1 ticket is 4 lei. You can buy the ticket online from here : <https://bilete.cfrcalatori.ro/en-GB/Itineraries>

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From: Aeroport Henri Coandă

To: București Nord

Departure date: 05/04/2021

The previous day Tomorrow

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Info

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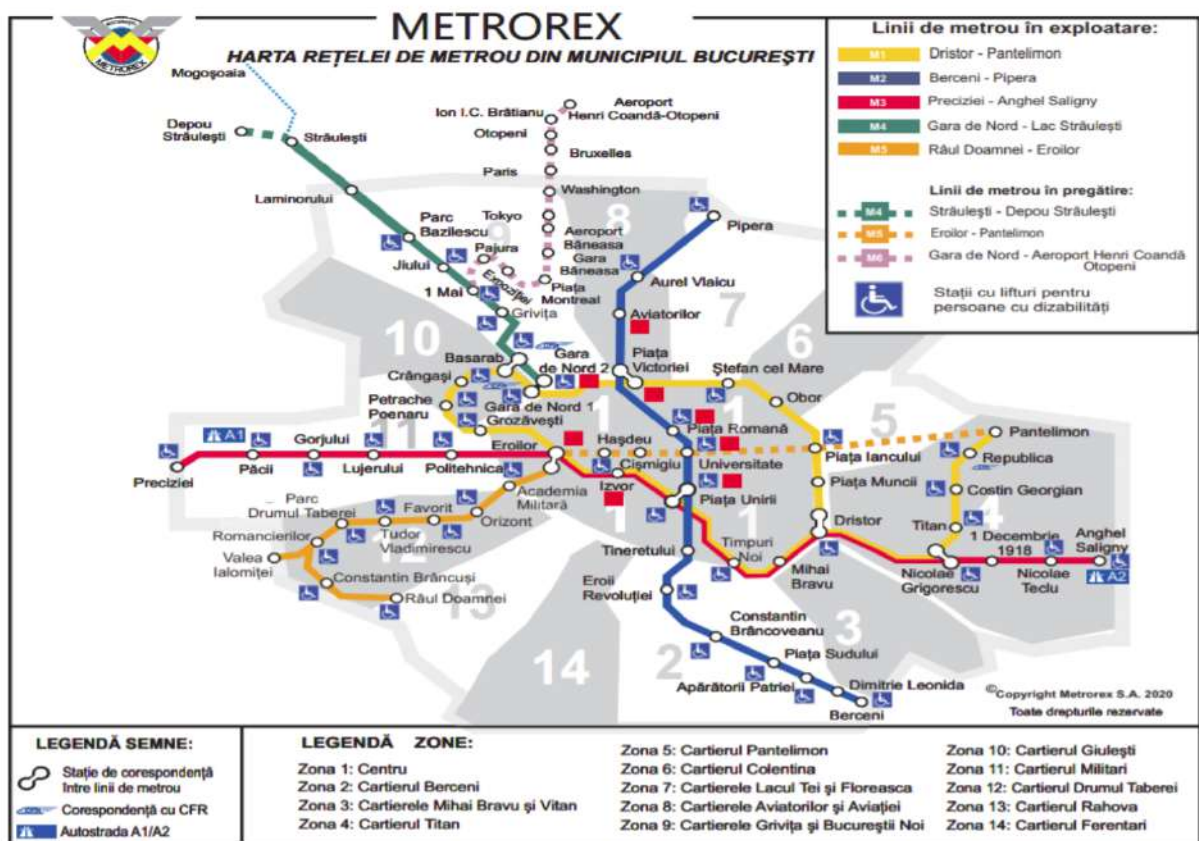
**Departures/arrivals**  
Do you want to find out all the trains coming and going from a specific station? Go to this page.

From North Train Station you can get the **train** to Targu Jiu. You can find more information about the time schedule [here](#). The price for a ticket one way is around 75 lei=17 euro

București Nord		Târgu Jiu	
Departure at <b>08:45</b> București Nord	<b>IR 1823</b> Direct train 5 hours 54 min CFR Călători	1 2 %	Arrival at <b>14:39</b> Târgu Jiu
Departure at <b>14:45</b> București Nord	<b>R-E 9015</b> Direct train 5 hours 35 min CFR Călători	1 2	Arrival at <b>20:20</b> Târgu Jiu
Departure at <b>16:30</b> București Nord	<b>IR 1835</b> Direct train 5 hours 17 min CFR Călători	1 2	Arrival at <b>21:47</b> Târgu Jiu
Departure at <b>23:30</b> București Nord	<b>IRN 1821</b> Direct train 5 hours 22 min CFR Călători	1  2  C4 C6  P1	Arrival at (+1 day) <b>04:52</b> Târgu Jiu

## How to get from Airport to Central Bus Station

By bus: from the airport you can take bus no. 783 until the stop called "Victoriei" (for the tickets is the same procedure as above). From "Victoriei" you need to take the subway to "Pacii" station (here is Militari Central Bus Station). From "Victoriei" to "Pacii" you need to change the subway at "Eroilor" station or "Unirii" station. You can buy the card (5 lei-aprox 1 euro for 2 travels) for the subway from inside the station.



From Militari Central Bus Station you can take the **bus** to Targu-Jiu.

Here you can find one option for the bus that provides transfer from the Airport to Targu-Jiu. For this company you need to book your ticket in advance.  
Here you can find more options for the bus from different companies.  
The price for 1 ticket is between 10-18 euro.

For the bus is advisable to make a reservation at least 1 day before the departure.

## Transport budget

Greece-max. 275 euro/pers  
Latvia-max. 275 euro/pers  
France-max. 275/pers  
Spain-max 360 euro/pers

**\*Please check travel plan with the coordinator before purchasing any tickets**

**\*\* Internal transport in Romania-if the partner will inform Scout Society with enough time before the date of the training course (at least 1 week before) about the travel plan, Scout Society can contact a transport company to arrange the travel for all the group from the airport to the project location and back (these costs will be deducted from the travel budget)**





# ACCOMODATION

The accomodation is in Targu-Jiu at [Hotel Story](#).

