



Communication

VOLUNTEERING IN COMMUNICATION DEPARTMENT

Lisbon, 2022

EU.MOTION 2.0



Conditions



AMC office



Lisboa



17.01.2022

16.11.2022



*275€ per
month*



*Round trip
covered*



Insurance



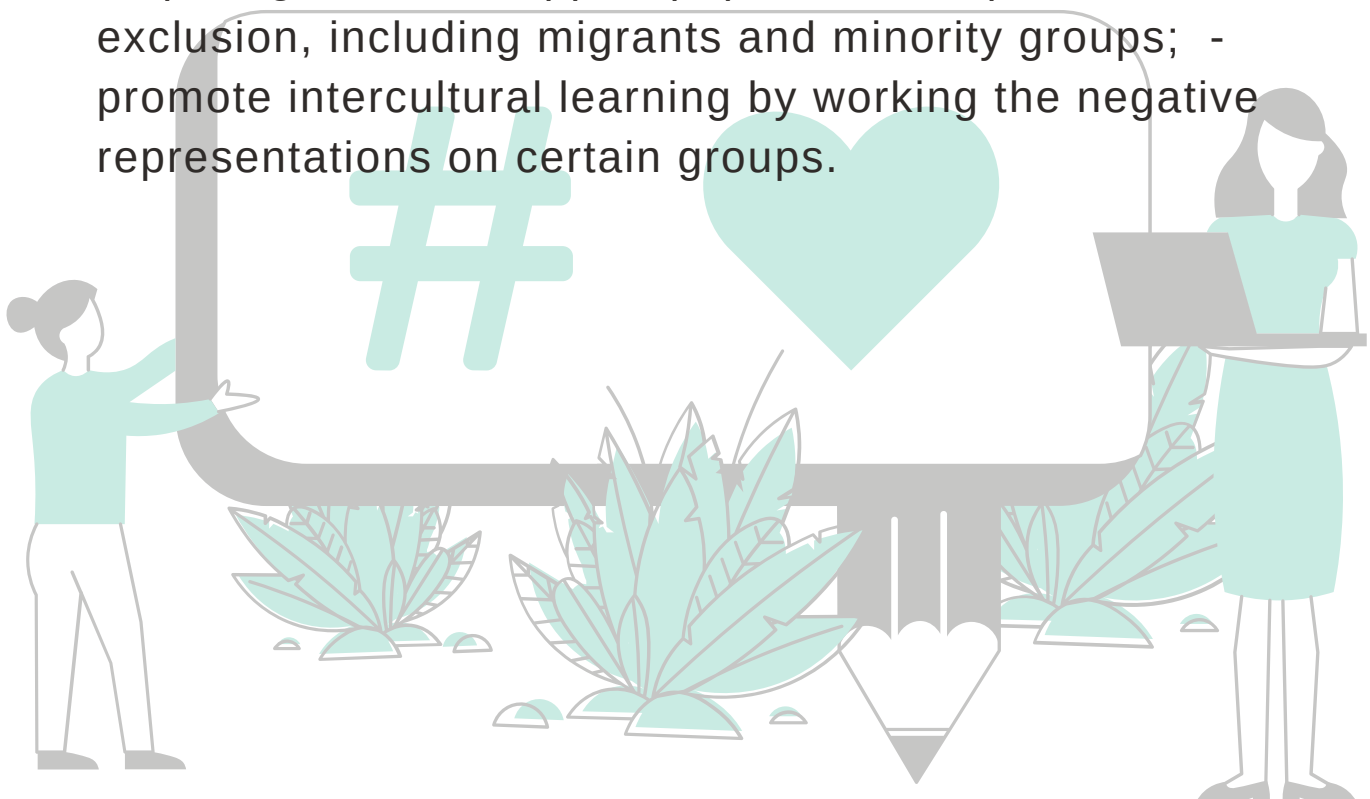
*Room in a
shared
apartment*

About the Project

The **EU.motion** project is a 3 year Volunteering Partnerships, that is intended to involve in voluntary actions 34 volunteers. The 3rd Round it will be between 1 December 2019 and 31 January 2021 and we will host 5 volunteers in Portugal and send 7 volunteers from Portugal.

This project, which is the responsibility of the Associação Mais Cidadania, involves the participation of several organisations. With EU.motion, we propose to address two problems: (1) low participation rates of young people in decision-making processes and (2) cultural integration and social exclusion. The themes that will guide all the action are: **Citizenship, Participation** and **Cultural Diversity** and the **objectives** of the project are:

- promote solidarity among peoples, cooperation and mutual understanding;
- boost the participation of young people in public decision-making processes;
- promote volunteering as a tool for civic participation and a mechanism for acquiring skills;
- support populations in processes of social exclusion, including migrants and minority groups;
- promote intercultural learning by working the negative representations on certain groups.



Placement

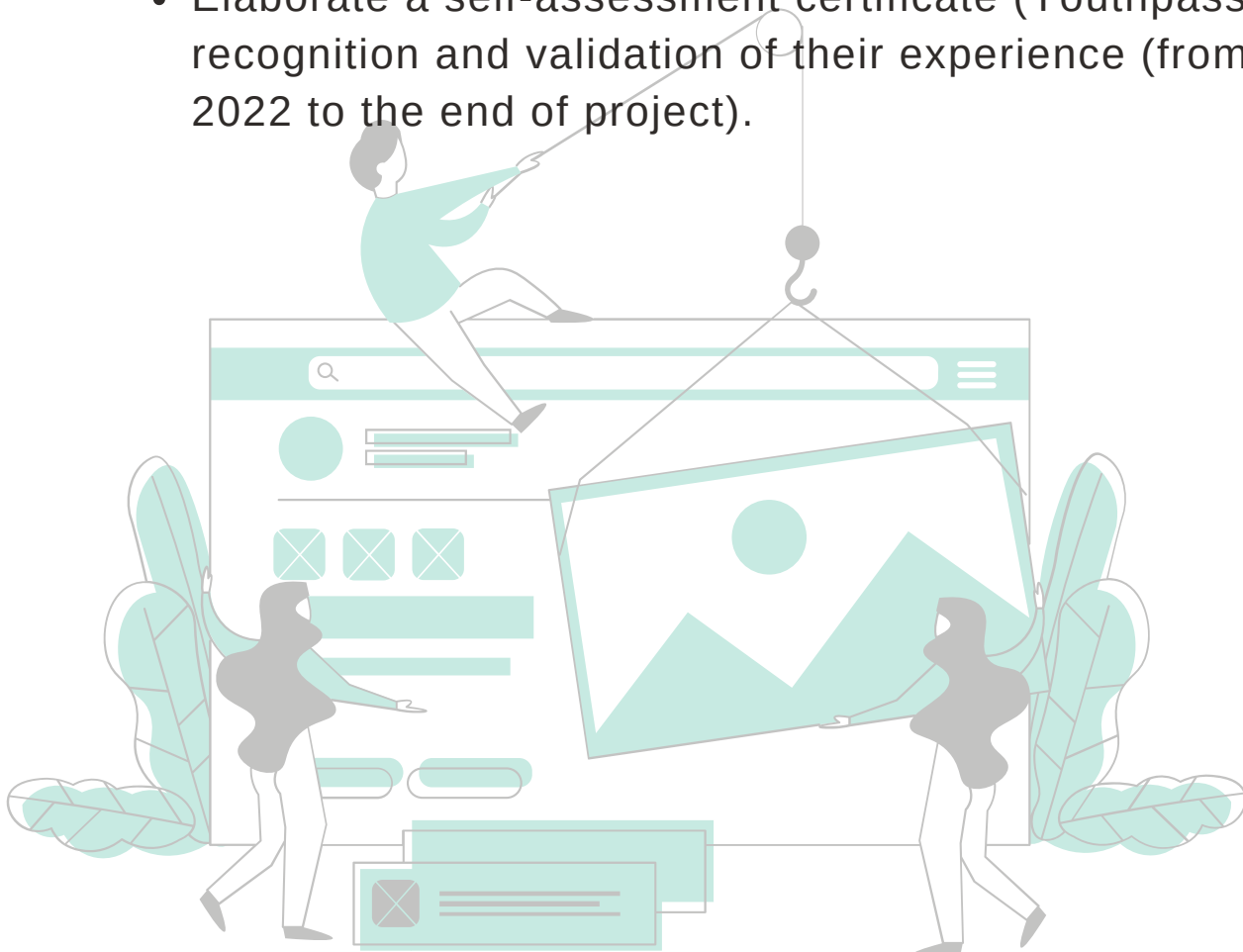
Note: The placement offered enables a voluntary environment where some tasks are previously determined but many other will arise accordingly the activities and partnerships established along the year. Tasks will change according to the period of the year, as a consequence of the different needs of the target groups the hosting association works with. The volunteer will never replace the professional staff of the hosting organization.

- Be part of the day-by-day of the organization and actively be part of all activities and dimensions of AMC's work (in the office, with local partners, meetings, training courses, seminars, among many others);
- Create and implement (with the support of the team) sessions of non-formal education about topics such as mobility, youth participation, human rights, citizenship, intercultural dialogue, volunteering to be implemented with groups of youngsters;
- Research and production of materials to support the sessions of non-formal education;
- Support events organized by the hosting organization;
- Support the implementation of national and international projects on local level and support our communication and promotion manager with the promotion of AMC's projects;
- Updating of the different social media platforms of the organization (Website, blogs, facebook, Instagram);
- Support youngsters in the implementation of a project about Employability Inside of the Solidarity Projects;
- Cope with office tasks and embrace the work led by an NGO, in all its forms, including cleaning the office ;);



Other tasks

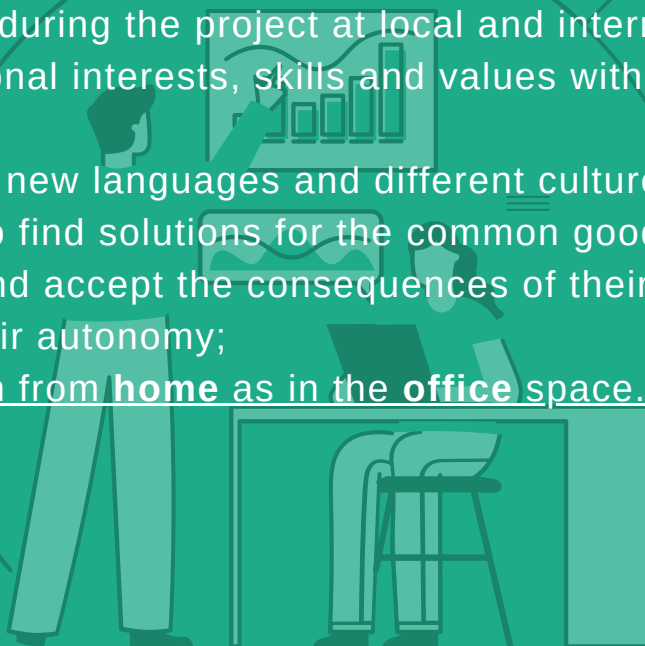
- Actively participate in Online Language Support (OLS) Portuguese course;
- Actively take part in the local Food Bank (once or twice a month);
- Establish regular contact with Sending Organisation and provide written monthly feedback (both to Sending as well as Hosting Organisation);
- Regular meetings with the mentor (person appointed by AMC);
- Regular meetings with project supervisor (ESC coordinator);
- Create a personal project related with own interests and work led by the organization and its interests;
- Elaborate a self-assessment certificate (Youthpass) on recognition and validation of their experience (from July 2022 to the end of project).



Volunteer Profile

The way we define the profile for the volunteers is based more on motivation than on skills. We believe motivation to be the driving force of someone who intends to be an international volunteer: motivation to learn, to share, to listen, to acquire skills, to GIVE .

- Have between 18 and 30 years-old;
- Be available to be part of EU.MOTION for 2 months (January 2021 to March 2021) on a full-time project (up to 35 hours per week);
- Able to live and work in a multicultural and cooperative environment; Able to communicate and work in English (at first) and interested in learning Portuguese;
- Respect all times the ways of work and methodologies of the organization;
- Available to learn about the work developed by AMC under the framework of Non-Profit Organizations; Understand and be part of AMC spirit and work; Able to engage in office tasks that can be repetitive but creative on writing and editing levels.
- Able to work with everyone (all people involved from different teams and projects) with availability, interest, kindness and smiles; Adaptability and flexibility - we all must have this;
- Interested in developing intercultural and intergenerational learning and dialogue (in daily life during the project at local and international levels);
- Willing to share personal interests, skills and values with other youngsters;
- Interested in learning new languages and different cultures;
- Interested and able to find solutions for the common good;
- Able to understand and accept the consequences of their behavior;
- Willing to develop their autonomy;
- Be ready to work both from **home** as in the **office** space.



About Us

Associação Mais Cidadania (AMC) is a non-political, non-profit, non-governmental association, created in 2003, whose aim is to promote democratic initiative, participation, active citizenship and European belonging among young people.

AMC work in 3 main topics: Citizenship; Social Inclusion and Volunteering. All the Association's projects bear in mind the following values: equality, solidarity, non-discrimination, inclusion and respect for cultural diversity.

Our method of work includes these two principal stages:

- 1) Information workshops: Raising Awareness & To tease Reflection Process;
- 2) Take Action & Celebration.

AMC as “learning community” involves citizens of different ages in activities based on non-formal education. Civic education, Human Rights, participation and involvement, media literacy, international experiences, youth exchange, identity, sense of belonging and cultural diversity, community and European citizenship are fundamental issues for our work and which can contribute to “more citizenship”. We always looks for innovative perspectives and complements other institutions’ activities through cooperation and partnerships.



<http://www.maiscidadania.pt/>



www.youtube.com/watch?v=2bbtfT_ipaE



[maiscidadania](https://www.facebook.com/maiscidadania)



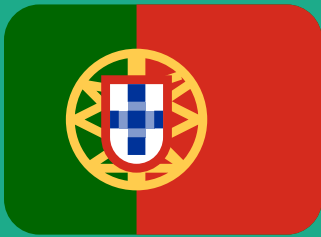
[maiscidadania](https://www.instagram.com/maiscidadania)

[amcidadania](https://www.instagram.com/amcidadania)



Contacts and Application

Sending organization



Hosting organization

Associação Mais Cidadania
Ana Farelo
ana.farelo@maiscidadania.pt

Application



[Directly on the European Solidarity Corps Portal](#)

If you just read this and consider yourself as a person willing to expect the Unexpected, this placement is for you! We will be here waiting

“Those who can, do. Those who can do more, volunteer”

