

# ESC Open positions 2023 -2024

Application form: https://forms.gle/4LBorzLrc4Sr3Ht48





## **ABOUT**



Social Youth Development K.A.NE. is a non-profit organization situated in Kalamata, Greece. Our main target group is young people aged 15-30, youth workers, youth leaders, mentors and trainers. However we are also working with all the local community.

We do national and international youth work. We aim to offer opportunities of personal and social development to local youth through socio-educational activities and non formal education. Our main target is to create independent youth structures as well as to achieve the recognition of youth work in Greece.

This infopack provides a more detailed description of each opportunity currently available.

• Website: www.ngokane.org

Facebook page: KANE Social Youth Development

• Youtube channel: KANE TV

• TIKTOK channel: **KANEKALAMATA** 

## **E-DESIGNER**

#### **ABOUT THE PROJECT**

The project aims:

E-structures is about looking after the website, blog, Facebook and other means of communication for the organisation (K.A.NE.) in order to support ESC structures in Greece, as well as designing the digital material for the promotion and support of the activities

#### **VOLUNTEER PROFILE**

- The volunteer should have knowledge of web development & being familiar with arts.
- They should have an interest in the promotion of youth volunteering information and of youth media.
- A motivation to work towards deadlines.
- An ability to take the initiative,
- A desire to develop their own projects.





- Create posters pictures, drawings, artwork and advertising material for K.A.NE's activities, platforms & projects in general
- Assist with the strategy for promotion and the development of promotional tools.
- Help with the management of K.A.NE.'s social media websites and e- platforms.
- Participating in the programming, development and evaluation of activities of the coordinating organization (K.A.NE.).
- Create digital materials for the activities of KANE as well as for the Co-Lab.

## LYSOS GARDEN

#### **ABOUT THE PROJECT**

"THE LYSOS GARDEN", was founded in 2016 and is represented by Eva Lang and Spelich Waltraud. The main goal of this project is the integration of adults with mental backwardness and slight disability, in society, giving them the supplies to feel equal members. This non-profit project, focuses also in the education and training of adults with mental health backwardness and slight disability in the cultivation of organic products.

#### **VOLUNTEER PROFILE**

Active and social people
 with increased empathy to
 work with a group of
 people with disabilities in
 the context of their social
 inclusion.



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- Daily plant care (watering, weeding, pruning etc etc)
- Preparation of works for planting flower beds (mixing soil supplementation, addition of manure and compost)
- Work with agricultural machinery
- Collection of plant residues for the purpose of creation compost
- Taking Care for the general cleanliness and arrangement of the space
- Participation-assistance in the creation of structures/materials that are required to facilitate everyday life of the trainees as well as for the facilitation of educational activities (wood constructions and metalwork)
- Creating/uploading content for the website and social media of the project
- Creation of advertising material (printed and with the aim of promoting and communication of the garden project but also for the sales promotion)

## **CINE-ART**

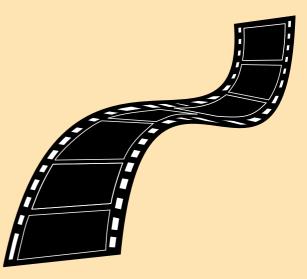
#### **ABOUT THE PROJECT**

The project aims to create awareness through art and motivate the local youth in participating actively in the society. The role of the volunteer will be, in collaboration with rest of the projects that KANE is leading or cooperating, to create videos so young people can get inspired.

#### **VOLUNTEER PROFILE**

- The volunteer should be familiar with arts & having knowledge in video making and editing.
- They should have an interest in the promotion of youth volunteering information and of youth media.
- A motivation to work towards deadlines.
- An ability to take the initiative
- A desire to develop their own projects







- Create videos for the projects that K.A.NE & local partners are implementing.
- Create promotion material for K.A.NE & local partners
- Create designs & videos for the organization's websites
- Develop and update the content for the platform(videos, podcasts, tutorials) so young people can benefit from them

### K.A.NE OFFICE INTERNATIONAL PROJECTS ASSISTANT

#### **ABOUT THE PROJECT**

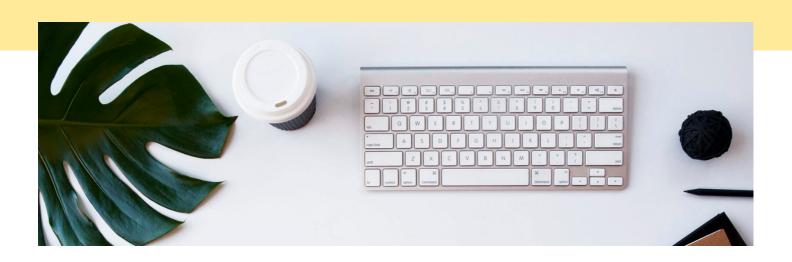
This project involves working directly with K.A.NE.in our office and helping with our core activities. K.A.NE. as a social youth development organisation coordinates youth mobility projects, seminars and trainings, youth exchanges, conferences, school visits and educational events.

#### **VOLUNTEER PROFILE**

We are looking for motivated young people, with an interest in the ESC and international volunteering field who have a desire to work with a civil society organisation. Ideally, the volunteer will have a basic level of English to facilitate communication



Assisting with administrative tasks and the daily running of K.A.NE.'s office. Preparing for and helping with external activities (school visits, info-days and other cultural and educational activities in the city). Participation in the programming, development and evaluation of K.A.NE.'s activities. Researching and developing informative resources. Coordinating an "info point" in order to provide information about opportunities abroad for local young people. Developing other projects on social, environmental and cultural issues.



### **DOG RESCUE CENTER**

#### **ABOUT THE PROJECT**

In the Dog Rescue Centre abandoned and stray dogs are taken off the streets, cared for and given the chance to find a new home and the local youth in participating actively in the society. The role of the volunteer will be, in collaboration with rest of the projects that k.a.ne is leading or cooperating, to spread information, create new content & inspire young people

#### **VOLUNTEER PROFILE**

The project requires a high level of commitment from the side of the volunteer, a sense of solidarity, tolerance and a willingness to work within a team..



- Assisting with the daily running of the animal shelter.
- Cleaning the shelter and looking after the facilities.
- Feeding the dogs and taking responsibility for their hygiene.
- Taking the dogs for a walk.
- Preparing the dogs for adoption.
- Participating in the programming, development and evaluation of activities of the coordinating organisation (K.A.NE.).



## **KEFIAP CENTER**

#### **ABOUT THE PROJECT**

Kefiap Center of Physical Treatment and Rehabilitation is a service provided by the hospital in Kalamata. Through many activities and therapies (e.g. art workshops, music therapy, dance, cooking, massage...) the therapeutic centre works to improve the overall health and quality of life for people (teenagers and adults) with physical and mental disabilities.

#### **VOLUNTEER PROFILE**

The volunteer should have an interest in working with people with mental and physical disabilities and feel comfortable doing so. The project requires a high level of commitment from the side of the volunteer, a sense of solidarity, tolerance and a willingness to work within a team.



- Assisting staff at the Kefiap center with activities and therapies.
- Working with the specialist staff to develop activities and non-formal education games.
- Helping to care for and look after the well-being of the users of the center.
- Accompanying the users during their transport to the Kefiap center.
- Participating in the programming, development and evaluation of activities of the coordinating organisation (K.A.NE.).



## DAY CARE CENTER FOR THE CHILDREN WITH AUTISM

#### **ABOUT THE PROJECT**

The Day Care Center (Κέντρο Ημέρας-kedro imeras in Greek) is an unique place in the Peloponnese region, where 25-30 children and adolescents with autism.

from 6 to 18 years old, can attend therapeutic interventions dedicated to their needs and their relatives can ask for counsels.

The Center is running by the "Association of Parents, Guardians and Friends of People with Autism in Messenia region" and is under the supervision of the Greek Ministry of Health.

#### **VOLUNTEER PROFILE**

The volunteer taking part should have an understanding of Autism as a condition before applying for the project. The project requires a high level of commitment from the side of the volunteer, a sense of solidarity, tolerance and a willingness to work within a team.



- Participating in the therapeutic processes as an observer and later on asan assistant to the centre's staff.
- Maintaining and caring for the materials and facilities at the centre.
- Escorting the children with their transport. On the buses and during the bus rides the volunteer will be responsible for the children's safety.
- Participating in the programming, development and evaluation of activities of the coordinating organisation (K.A.NE.).



## CREATIVE DOCUMENTARY CENTRE OFFISE ASSISTANT

In the Creative Documentary centre people have the opportunity to participate to various screenings of local and foreign documentary films. They are also periodically organising workshops, open air screenings and movie festivals

#### **VOLUNTEER PROFILE**

We are looking for motivated people with some basic skills:

- Good knowledge of English, ability to take initiatives
- Basic editing skills
- Basic filming skills
- Knowledge on social media(Facebook, Instagram)

- Social media management
- Info desk/ secretariat
- Space/office management
- Guest guidance during festivals
- Organise material for festivals
- Create educational content



## **COMMON TASKS**

APART FROM THE ACTIVITIES/TASKS THAT ARE SPECIFIC FOR EACH PROJECT, ALL VOLUNTEERS HOSTED IN KALAMATA ARE HAVING THE COMMON TASKS, DONE INDIVIDUALLY OR IN TEAMS. THESE TASKS ARE:

- Make a video about the ESC experience before the end of the project for the YouTube channel as well as K.A.NE DIGITAL
- Writing the articles for the bi-monthly volunteers' newsletter Link
- Development of a personal project within the already existing activities
- Providing a language workshop at the Co-Lab as well as online lessons for K.A.NE DIGITAL
- Develop and update the content for the **K.A.NE DIGITAL** platform (videos, podcasts, tutorials) so young people can benefit from them
- Taking care of the Co-Lab and its activities
- Taking care of the Co-Lab's and KANE's maintenance (cleaning, keeping the timetable etc.)
- Preparing and assisting in external activities (school visits, info-days, other cultural and educational activities in the city)
- Assisting other civil society organizations in some of their activities (events, workshops, meetings, etc.)
- Support of **K.A.NE's activities**
- Support in the needs of R&D departement of K.A.NE

## MORE INFO...

## ACCOMODATION / TRAVEL COST / FOOD & POCKET MONEY

#### Accomodation

Volunteers are hosted in the youth hostel and guest house, 2 or 3 volunteers in each room. The hostel and the guest house are fully equipped with a refrigerator, washing machine, heating system, oven, plates, glasses, sheets, blankets, and pillows.

#### **Travel cost**

Travel costs are covered by the program, based on the travel distance calculator

https://ec.europa.eu/programmes/erasmus-plus/resources/distancecalculator\_en

#### Food & pocket money

The volunteer will receive:

<u>food allowance</u> - every 1st of the month-->the volunteer will receive coupons for the supermarket from the Hosting Organisation <u>pocket money allowance</u> - every 15th of the month, the volunteer will be paid in cash by the Hosting Organisation

The volunteer will receive the first money 2 weeks after her/his arrival and the last money on the last day of her/his ESC.

## LIFE IN KALAMATA

Kalamata is a medium size, beautiful city (around 60,000 habitants) on the Peloponnese. You will have the opportunity to travel around the town, drink coffee in cosy cafes, visit archaeological monuments, hike in the mountains with the local Hiking Club and relax on the beaches. The town is situated between the mountains of Taygetos and the Messinian bay.

At the links below you will find some information about the town: http://en.wikipedia.org/wiki/Kalamata http://www.visitgreece.gr/en/main cities/kalamata



## PEOPLE IN KALAMATA

Kalamata is a town which offers a safe environment. It is not facing serious criminality and even the robberies are not so often. Actually it is a peaceful environment and you will not face any serious danger if you take the basic safety measurements. People are generally very helpful and have the feeling of hospitality. Older people don't speak English and this will be a challenge for you in the beginning. They will appreciate it if you try to speak with them in Greek though! Most young people, on the other hand, speak English pretty well.



## WEATHER

During summer (from May/June to the end of September/October) you will be able to swim (the sea is clean with variety of rocky or sandy beaches), but in Greece summer is very hot (during July and August the temperatures are between 30 to 40 degrees!), you will have to take care while staying under the sun.

During winter the town gets more "moody" as everywhere during winter the temperatures are between 0 to 20 degrees. It might get windy near the sea. The climate is mild during winter and hot during summer; wearing the right clothes and being careful with the sun exposure will protect you all year. It's good to bring with you all kind of clothes: summer clothes, swimming suit, winter clothes and light winter clothes.



## **USEFUL LINKS**

#### **Volunteers in Kalamata**

Click here to read our EVS newsletters: Link

#### **K.A.NE. Organisation**

Website: www.ngokane.org

Facebook page: KANE Social Youth Development

Youtube channel: KANE TV

#### Co-Lab

Website: www.kentroneon.wordpress.com

Facebook page:

https://www.facebook.com/COlabkalamata

Instagram:

https://www.instagram.com/colab.kalamata/?hl=en

Youtube channel: KalamataYouthCentre

## For more info, contact us on evs@ngokane.org